

Summer Holidays Outdoor Challenge

Tick each activity once you have done it.

Activity	Tick
Make a Daisy Chain Pick some daisies. Make a hole in the end of a daisy using your thumb nail. Thread the end of the next daisy through the hole and pull until the flower part is by the hole. Keep going until the chain is the length you want.	
Climb a Tree Make sure an adult is nearby while you climb the tree and make sure there's an easy way down.	
Have a Picnic You don't have to go anywhere. You could take your lunch and eat in the garden, or on your balcony if you have one. You could also eat at your local park.	
Go on Wheels Go for a bike ride, ride on your scooter or have a go on roller skates.	
Make an Obstacle Course This could be in the garden or at the park. You could make a floor ladder using sticks, use flower pots as hurdles to jump over and have areas where you can only move in a certain way- maybe backwards, sideways or on one leg.	
Learn the Names of Plants Go for a walk outside. Look at the plants and flowers you can see and try to find out what they are called. You can get books from the library or use the Internet to help you.	
Rainy Day Walk It's sure to rain during the holidays! Instead of staying indoors, get your coat and wellies and have fun exploring the outdoors in the rain.	
Yellow Car Safari When you are out and about, look for yellow cars. The first person to spot one gets five points. Who will have the most points at the end of the holidays?	
Bug Hunt Get close to the ground, either in the garden or at the park. What bugs can you see? Draw a picture of your favourite one.	
Cloud Shapes Lie down outside. What shapes can you see in the clouds?	