

EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 6TH OCTOBER,
3RD NOVEMBER, 1ST DECEMBER,
5TH JANUARY, 2ND FEBRUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains Oven-baked Fish Fingers - Or - Spanish Chicken & Rice Side Dishes Garden Peas & Steamed Sweetcorn Chipped Potatoes & Baked Potato Dessert Chocolate Mousse & Mandarin Oranges	Mains Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad Side Dishes Steamed Broccoli & Coleslaw Pasta Spirals & Baby Potatoes Dessert Apple Sponge & Custard	Mains Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Baked Chicken & Vegetable Wrap with Fresh Salad Side Dishes Baton Carrots & Garden Peas Steamed Rice & Mashed Potatoes Dessert Vanilla Ice Cream & Pear Chunks	Mains Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Salmon with a Creamy Dill & Cheese Sauce Side Dishes Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Dessert Carrot Cake Slice	Mains Hot Dog with Tomato Ketchup - Or - Cheesy Bean Burrito with Fresh Salad Side Dishes Mini Corn on the Cob & Baked Beans Chipped Potatoes & Baked Potato Dessert Yoghurt & Chopped Fruit

MILK, WATER, BREAD & FRESH FRUIT
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY

EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 13TH OCTOBER,
10TH NOVEMBER, 8TH DECEMBER,
12TH JANUARY, 9TH FEBRUARY.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains Oven-baked Fish Goujons with Lemon Mayo - Or - Creamy Garlic Chicken & Mushroom Pasta Side Dishes Diced Carrots & Garden Peas Crispy Herb Diced Potatoes & Mashed Potatoes Dessert Flakemeal Biscuit & Melon Wedge	Mains Traditional Savoury Mince - Or - Homemade Healthy Margherita Pizza with Fresh Salad Side Dishes Broccoli & Roasted Butternut Squash Mashed Potatoes & Roasted Potato Wedges Dessert Chocolate & Pear Sponge Cake & Custard	Mains Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Quorn Dippers Side Dishes Garden Peas & Sweetcorn Steamed Rice & Baby Potatoes Dessert Date Krispie & Orange Wedge	Mains Roast Chicken with Stuffing & Gravy - Or - Vegetarian Cottage Pie Side Dishes Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Dessert Vanilla Ice Cream Roll & Peaches	Mains Beef Burger with Tomato Ketchup - Or - BBQ Pulled Pork and Cheese Panini Side Dishes Baked Beans, Coleslaw & Salad Chipped Potatoes & Baked Potato Dessert Strawberry Yoghurt & Chopped Fruit

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WEEK BEGINNING: 20TH OCTOBER,
17TH NOVEMBER, 15TH DECEMBER,
19TH JANUARY.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains Oven-baked Fish Fingers - Or - Kung Pao Chicken Side Dishes Roasted Peppers & Sweetcorn Chipped Potatoes & Steamed Fluffy Rice Dessert Apple and Winter Berry Crumble & Custard	Mains Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad Side Dishes Steamed Broccoli & Coleslaw Oven-roasted Potato Wedges & Pasta Spirals Dessert Strawberry Jelly & Mandarin Oranges	Mains Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Breast of Chicken with Gravy Side Dishes Garden Peas & Baton Carrots Steamed Rice & Mashed Potatoes Dessert Homemade Chocolate Brownie & Custard	Mains Roast Gammon with Stuffing & Gravy - Or - Vegetarian Sausages with Onion Gravy Side Dishes Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Dessert Popcorn Biscuit & Melon Wedge	Mains Southern Fried Chicken Goujon & Salad Wrap with Taco Sauce - Or - Baked Potato with Beef Chilli, Cheddar and Coleslaw Side Dishes Mini Corn on the Cob & Baked Beans Chipped Potatoes & Baked Potato Dessert Frozen Fruit Smoothie & Fruit Tub

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WEEK BEGINNING: 27TH OCTOBER,
24TH NOVEMBER, 22ND DECEMBER,
26TH JANUARY.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains Cod Fish Bites with Mayo Dip - Or - Penne Pasta with Roasted Tomato and Red Pepper Sauce Side Dishes Garden Peas, Coleslaw & Carrot Sticks Chipped Potatoes & Mashed Potatoes Dessert Strawberry Mousse & Two Fruits	Mains Traditional Irish Stew with Wheaten Bread - Or - Oven-baked Pork Sausages Side Dishes Broccoli & Baked Beans Mashed Potatoes & Baked Potato Dessert Steamed Chocolate Pudding & Custard	Mains Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Roast Chicken Wrapped in Bacon with BBQ Sauce Side Dishes Sweetcorn & Ratatouille Steamed Rice & Champ Dessert Homemade Cookie & Orange Wedge	Mains Roast Turkey with Stuffing & Gravy - Or - Quorn Fillet with Creamy Cajun Sauce Side Dishes Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Dessert Chocolate Cracknel & Fruit Tub	Mains Homemade Margherita or Mini Meatball Pizza - Or - Veggie Nuggets with Tomato Ketchup Side Dishes Sweetcorn, Coleslaw & Salad Chipped Potatoes & Baked Potato Dessert Frozen Yoghurt Pot & Melon Wedge

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