

# St. Mary's Primary School Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 1/3, 29/3, 26/4, 24/5, 21/6	Oven Baked Sausages Baked Beans Fresh Diced Turnip Tossed Salads Mashed Potato  Flakemeal Biscuit or Yoghurt & Fruit	Oven Baked Homemade Breaded Chicken Goujons Selection of Dipping Sauces Garden Peas Selection of Salads Mashed Potato  Jelly Pot or Yoghurt & Fruit	Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Crispy Oven Roast Potatoes Mashed Potato  Cheese, Crackers & Grapes	Homemade Cottage Pie Gravy Fresh Sliced Carrots Medley of Fresh Vegetables Mashed Potato  Chocolate Muffin Or Yoghurt & Fruit	Homemade Marguerita Pizza Or Salmon Salad baguette Sweetcorn, Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato Ice Cream Pot or Yoghurt & Fruit
<b>WEEK 2</b> 8/3, 5/4, 3/5, 31/5, 28/6	Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato  Shortbread Biscuit or Yoghurt & Fruit	Italian Lasagne Crunchy Fresh Coleslaw Garden Peas Selection of Salads Mashed Potato  Fruit Muffin or Yoghurt & Fruit	Fresh Breaded Cod Goujons with lemon slice, Tartar Sauce Baked Beans Mushy Peas Tossed salad Mashed Potato  Ice Cream Pot or Yoghurt & Fruit	Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced carrots & Parsnip Crispy Roast Potato Mashed Potatoes  Chocolate Cookie or Yoghurt & Fruit	Homemade Breaded Chicken Bites Selection of Salads Salsa Dip Sweetcorn Chips Baked Potato  Jelly Pot or Yoghurt & Fruit
<b>WEEK 3</b> 15/3, 12/4, 10/5, 7/6	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato  Chocolate Muffin or Yoghurt & Fruit	Steak Burger Gravy French Green beans Fresh Diced Turnip Mashed Potato  Vanilla Cookie or Yoghurt & Fruit	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mediterranean Roasted Vegetables Mashed Potato  Cheese, Crackers & Grapes	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Crispy Oven Roast Potatoes Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Hotdog, Sauté Onions Carrot and Cucumber sticks With Homemade Garlic Dip Peas Selection of Salads Chips Home Baked Oven Wedges Ice Cream Pot or Yoghurt & Fruit
<b>WEEK 4</b> 22,3, 19/4, 17/5, 14/6	Cooks Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Selection of Salads Mashed Potato  Chocolate Cookie or Yoghurt & Fruit	Irish Stew Homemade Wheaten Bread Gravy Sweetcorn Broccoli Florets Mashed Potato  Shortbread Biscuit or Yoghurt & Fruit	Roast Topside of Beef Herb Stuffing, Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Crispy Oven Roast Potatoes Mashed Potato  Fruit Muffin or Yoghurt & Fruit	Fresh Breaded Cod Fillet Lemon Slice and Tartar Sauce Baked Beans Carrot and Cucumber Sticks Selection of Salads Mashed Potato  Jelly Pot or Yoghurt & Fruit	Homemade Marguerita Pizza Sweetcorn Crunchy Coleslaw Tossed salad Beetroot Salad Traditional Champ Chips Ice Cream Pot or Yoghurt & Fruit

**Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily**

**Salad Selection  
Rice Salad,  
Coleslaw  
Sweet Chilli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Grated Carrots  
Cucumber  
Diced Red Peppers  
Red Onion  
Radish  
Beetroot**

**If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form**

