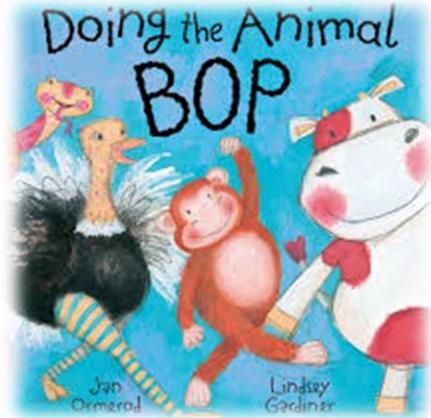


.....animals



- Name the animals
- Make Animal sounds
- Sort animals - farm, pets, jungle, zoo
- Sing songs
 - Old McDonald
 - Little Bo Peep
 - 5 little ducks
 - Sleeping Bunnies ...& more
- Move like animals
- Pretend play - talk about life on the farm

These activities help develop language, play skills, early numeracy, gross motor skills and social skills.

B

....balls & bubbles



Roll, roll, roll the ball
Gently to my friend
Roll it, roll it roll it roll
it,
Roll it back again

(to tune of Row your
boat)



- Take turns blowing bubbles
- Catch the bubbles, follow them, pop them
- Roll, throw, catch, bounce
 - To each other
 - Through chair legs
 - At a target, knock down skittles
- Talk about different sizes
- Ready, steady, go.....develop waiting

These activities help develop language, play skills, early numeracy, gross motor skills and social skills.

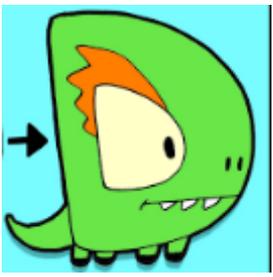


....cardboard boxes

- Talk about **where** your child is - in, on, under, behind...
- Let's crawl through...
- Let's get into -
 - a boat, a bus, a car, an aeroplane....visit, see
 - a castle, a den, a fort...let's pretend...
- Let's make -
 - a washing machine, a cooker
 - A tv, a puppet theatre
 - A little house, petrol station, train station



These activities help develop language, play skills, early numeracy, gross motor skills and social skills.



....dolls, dinosaurs & dressing up



- Let's pretend....join in
- Talk about what you are doing and what is happening - feed/wash the baby
- Follow your child's lead
- Model new vocabulary
- Extend or add new language
- Remember to
 - Keep
 - It
 - Short &
 - Simple
- And don't ask too many questions!



These activities help develop imagination, language, play skills, early numeracy, gross motor skills and social skills.



....environmental walk



- Listen to the birds
- Feel the heat, cold, rain
- Notice the smells
- **Talk about what you see**
- Look for things
- Play 'I Spy....'
- Feel the pine cones/leaves
- Splash through puddles
- Notice the colours

These activities help develop language, play skills, early numeracy, gross motor skills and social skills, and safety awareness.



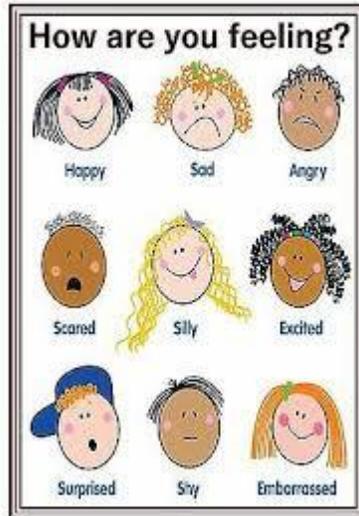
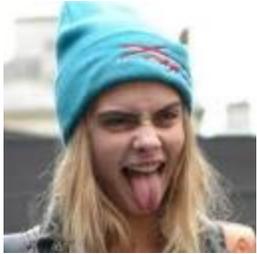
....fun & laughter

PositiveMed.com

Having 100-200
belly laughs
a day leads to
burn up to
500 calories.
What an amazing
workout!



PositiveMed.com



- Have fun!
- Be silly! Enjoy!
- Communication isn't always words - gestures and expressions are important too.
- Children can learn expression through exaggeration.
- Make a funny face, a silly voice, silly gestures.
- Children learn more when it's fun!

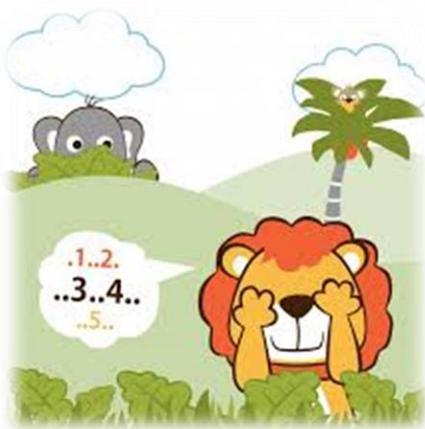
These activities help develop imagination, language, play skills, early numeracy, gross motor skills and social skills.

Special Educational Needs Early Years Inclusion Service



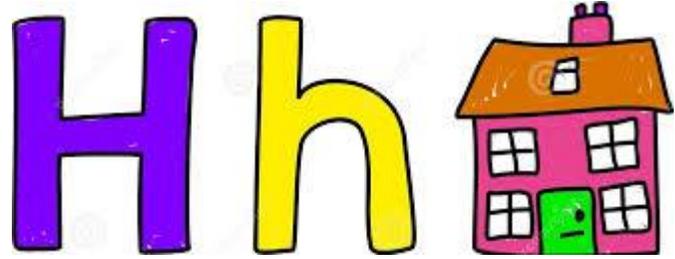


.....games



- Peek a boo!
- Let's pretend
- Indoor games
 - Moving statues, musical chairs/bumps, hide & seek
- Outdoor games
 - Ring-a-ring-a-rosies, Hokie cokie
- Commercial games

These activities help develop imagination, language, play skills, early numeracy, gross motor skills and social skills.



.....house play

- Let's pretend.....
 - join inplaying house with mummies/daddies/carers and babies
- Tea set
 - Don't forget your manners - please & thank you
 - Match the colours
 - It's too hot (problem solving - add milk)
 - Pour liquids
 - Sing along!
- Real play in house
 - Help with cooking, baking
 - Help with cleaning
 - Sort household objects, clothing
 - Play with real items, empty containers



I'm a Little Teapot

I'm a little teapot,
Short and stout.
Here is my handle,
Here is my spout.
When I get all steamed up
Hear me shout,
Tip me over and
Pour me out!



These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.



.....I spy.....

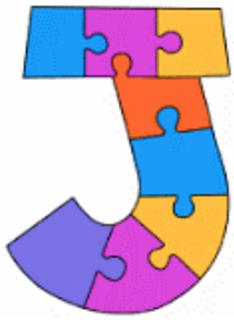
I spy with my little eye



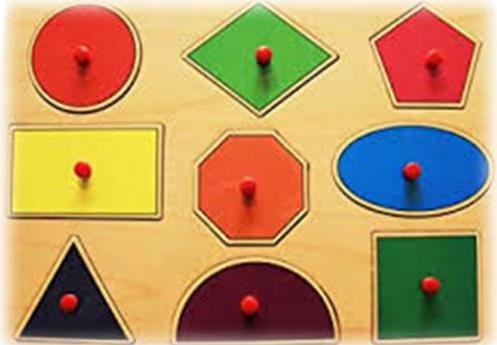
I SPY with my little eye
something that

- Use colours
- Use shapes
- Starts with a sound
- Something belonging to....
- Something you wear on your feet
- Something you eat with

These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.



.....jigsaws & puzzles



- Talk about shapes & colours
- Match colours together
- Talk about the pictures you make
- Model new vocabulary

- Don't forget to praise efforts and each step to encourage your child to finish the activity.

Trying is as important as finishing!



Jigsaws and puzzles develop pre-number and pre-reading skills. They help with spatial awareness, hand-to-eye coordination, fine motor skills and problem solving.

These activities help develop imagination, language, play skills, early numeracy, gross motor skills and social skills.



.....keys

I wonder...

Hurrah!
It fits!



Oooh...that's
too big!

This is
the key
to....



I
wonder....



- Talk!
- Match keys and locks
- Use shapes
- Let's pretend.....
- Our magic key will open
- Imagine....
- Links to real world

These activities help develop imagination, language, play skills, early numeracy, fine motor skills, self help and social skills.



.....library



Once upon a time...

And they all lived happily ever after.

Look!



- Join the library
 - Enjoy visiting & choosing books
- Cuddle up with a book
 - Look & talk about the pictures
 - Tell the story or just talk about it
- Enjoy all types of books
 - lift the flap,
 - feely..
- Try out the other activities like Rhyme Time

Remember

- *Members can enjoy online access to **Libraries NI***
 - *Access e-books and magazines*
 - *Listen to audiobooks*

These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.



.....making & modelling.....



squeeze

roll

1 cup of plain flour
 ½ cup of salt
 1 cup of water
 2 desert spoons of cooking oil
 2 desert spoons of cream of tartar
 A few drops of food colouring

playdough

Put the above ingredients in a saucepan and mix to a smooth consistency. Cook over a medium heat, stirring all the time to prevent sticking.

Remove from heat when mixture comes away from the sides of the saucepan; knead and store in an airtight container

You could add glitter or scents



- Talk as you play & encourage your child to talk to you
- You can make anything!
- Make props for story telling
- Let your imagination tell stories



These activities help develop imagination, language, play skills, early numeracy, fine & gross motor skills, self help and social skills.

.....nursery rhymes & number rhymes...



12345 Once I Caught A Fish Alive

One, two, three, four, five,
Once I caught a fish alive,
Six, seven, eight, nine, ten,
Then I let it go again.

Why did you let it go?
Because it bit my finger so.
Which finger did it bite?
This little finger on my right.

www.AzoozChildrenNetwork.com/

Pat a Cake Pat a Cake
BAKERS MAN

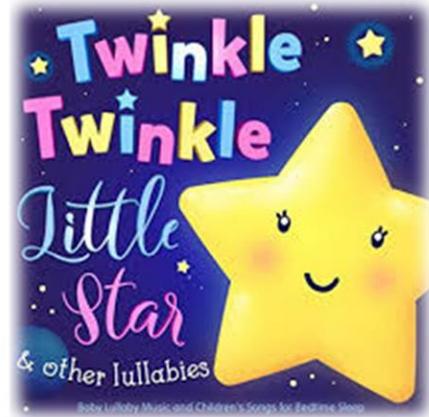
- Encourage children to join in with *words & actions*

- Use props if you can

- Children love to learn with

- Rhyme
- Rhythm
- Repetition

These activities help develop imagination, speech sounds, language, play skills, early numeracy, motor skills, self help and social skills.



Five Little Monkeys Jumping on the Bed

A small illustration of five monkeys jumping on a bed.

Sleeping Bunnies

Traditional
Retrieved by Laura Price

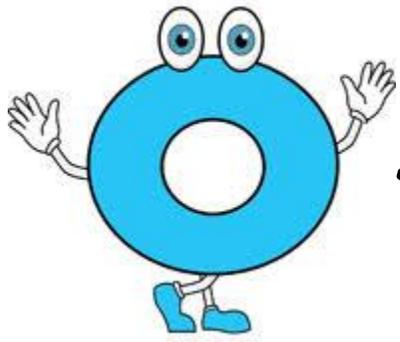
See the little bunnies
Sleeping until noon.
Come, and let us wake them
With a merry tune.
Oh, how still, are they ill?

Wake up,
Little bunnies,
Hop, hop, hop.

Wake up,
Little bunnies,
Hop, hop, hop.

Wake up,
Little bunnies,
Hop, and stop.





...out & about...

- Look at wildlife in the garden
- Go for a walk & discover
- Visit new places
- Listen
- Take photos when you are out and encourage your child to tell someone else what they did & what they saw later, using photos.



These activities help develop imagination, attention & memory skills, language, play skills, early numeracy, gross skills, self help and social skills.



.....physical play.....



Look!

In, on, under,
over



- Encourage movement indoors and outdoors
- Run
- Splash in puddles
- Dig in sand
- Play with a ball
- Make an obstacle course
- Jump on the trampoline



splash

In front, behind,
through,

These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.



.....quiet time.....

- Allow for times to be quiet & calm
- Use calming music
- Reduce distractions
- Turn off gadgets
- Relax



Calming Choices

 deep breathes	 count to ten	 squeeze hands	 press hands together	 music
 shoulder squeezes	 hand madra	 hand madra	 book	
 wall pushup	 chair push-ups	 ask for a break	 get a drink of water	 puzzle



These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.



.....rhythm.....



- Sing
- Chant
- March
- Clap
- Play musical instruments
- Choose a story book with rhythm & rhyme

These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.



.....straws.....



- Blow bubbles in a cup
- Blow painting
- Blow football/balls of paper
- Talk about the colours
- Make pictures/models
- Suck a thick milkshake to strengthen oral muscles

These activities help develop imagination, language, play skills, early numeracy, motor skills, self help and social skills.

T is for...



.....talking....



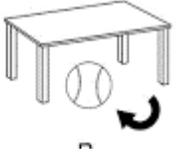
- Get down to your child's level
- Keep it Short & Simple
- Give your child time
- Model new words
- Don't ask too many questions



These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.

U

.....up, under.....



Up
Under
In
On

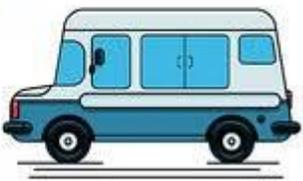


In front, behind,
beside

- Talk to your child about where things are.
- Take turns to tell each other where to put toys
- Play hide & seek

These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.

V

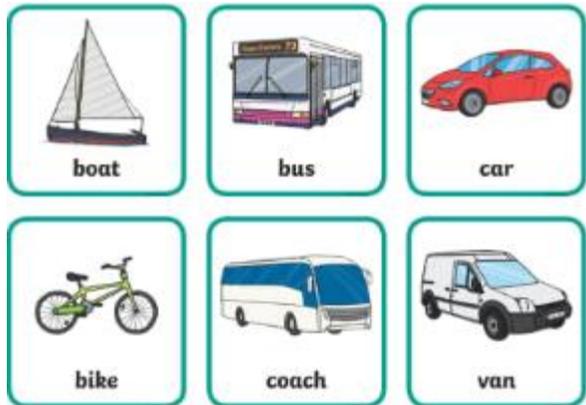


.....vehicles.....

Vroom!

push

Choo-choo



Beep Beep!



Faster!



- Colours (Thomas, Tractors)
- Matching, sorting
- Pretend play
- Storybooks & songs
- Look at magazines

These activities help develop imagination, language, play skills, early numeracy, fine & gross motor skills, self help and social skills.



.....washing.....



- Sorting
- Pouring
- Splashing
- Drying
- Floating

hot

cold

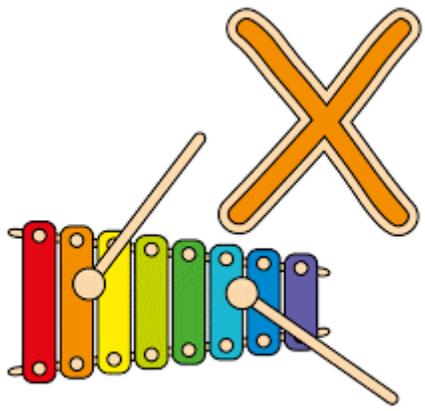


My
pyjamas

These
are **his**
socks



These activities help develop imagination, language, play skills, early numeracy, motor skills, self help and social skills.



...xylophone...& musical instruments...

I am the music man,
I come from down your way,
And I can play,
What can you play?
I play



- Use everyday objects to make sounds and music
- Sing!
- Enjoy!



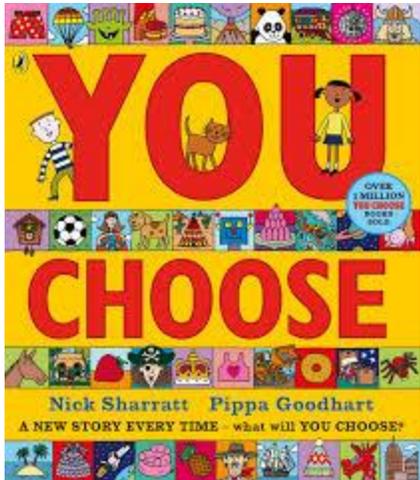
- Join Rhyme Time

These activities help develop imagination, language, play skills, early numeracy, motor skills, self help and social skills.





...You.....



You
are the most important
resource

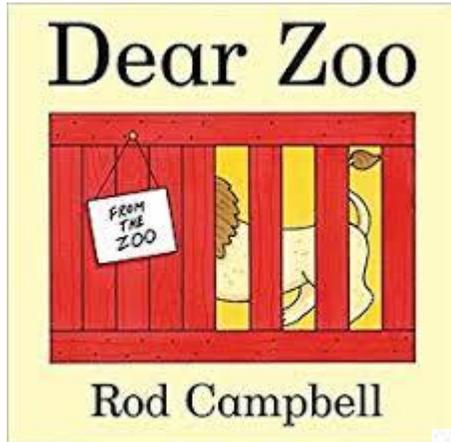
*Every interaction and
activity with you helps
your child's development*



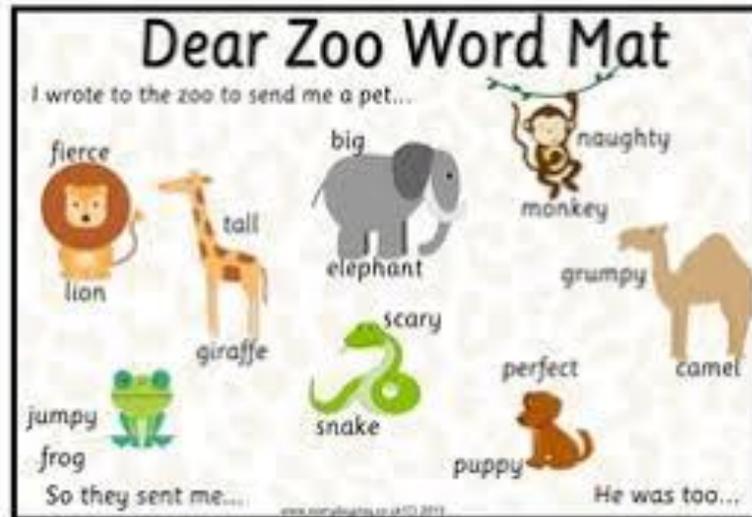
These activities help develop imagination, language, play skills, early numeracy, gross motor skills, self help and social skills.



.....Dear Zoo.....interactions using books



- Tell the story
- Talk about the pictures
- Lift the flap books
- Texture books
- Noisy books
- Use props
- Match pictures & objects



These activities help develop imagination, language, play skills, early numeracy, motor skills, self help and social skills.