

Happy Wednesday guys!!

Another sunny ☀️☀️ one

Today we are going to promote a little bit of messy play, with a very useful end product and then some ideas for that end product to help improve the strength in those little hands,

LET'S MAKE PLAY DOUGH



Did I mention it's great fun for everyone and very therapeutic.....

The children will love it and should all be very familiar with the process of making dough as we do it EVERY WEEK in nursery with them.....

Have the best time and don't worry about the mess it's easy cleaned!!!!

# HOW TO MAKE PLAYDOUGH

YOU WILL NEED:

FLOUR

SALT

OIL

CREAM OF TARTAR ( OPTIONAL)

PAINT OR FOOD COLOURING ( OPTIONAL)

A CUP

A TABLESPOON

BOILING WATER

1. 2 CUPS OF FLOUR
2. 1 CUP OF SALT
3. 3 TBSP CREAM OF TARTAR
4. 2 TBSP OF OIL
5. 2 CUPS OF BOILING WATER
6. ADD YOUR COLOURING OR PAINT

MIX WELL ADD MORE FLOUR IF NECESSARY,  
PUT FLOUR ON THE TABLE AND KNEAD IT OUT.  
YOUR GOOD TO GO!!

THE CHILDREN ARE VERY FAMILIAR  
WITH THIS SO PLEASE LET THEM HELP YOU!  
BUT BOILING WATER IS FOR THE ADULTS ONLY!!  
HAVE FUN