



# Speech and language skills: An Idea a Day for Pre-school Children

Remember: Your child's speech and language is best developed through everyday interactions with **you!**

## Monday

### Play and comment

Play a game your child enjoys on the floor with them (e.g. superhero figures, car games, teddy and dolly play). Make as many comments as you can about what you and your child are doing and try not to ask too many questions e.g. say: 'I see you are building a big tower' instead of 'what are you building'. Say: 'I have a green car' instead of 'what colour is my car'  
Comments help language to grow

## Tuesday

### Listening

Listen to these everyday sounds on You Tube- can you guess what they are?  
Pause before the answer appears to give your child time to guess

<http://youtube.com/watch?pbxFOxz9c1g>

You can play this game with objects in the house too e.g. an instrument, a crisp packet, at noisy toy. Hide the items and see if your child can guess which one they are hearing

## Wednesday

### Memory

Play a shopping game. Put out 6 items from the cupboards and give your child a box or basket. Ask them to go and buy 2 items. Can they remember what they were? If this is too easy try 3, 4 or even 5 items.

Watch their memory grow!!  
Allow them to 'be the teacher' and see if you can remember the items!



## Thursday

### Understanding

Pick one describing word e.g. big, small, a colour, heavy, light, a number, a shape.  
Go on 'a red hunt'. Grab a bag each and search around the house or garden for as many things as you can find that are red. Shout out what you see e.g. 'I see a red ball', 'I see a red car'.

Pick a different describing each time to help build your child's understanding

## Friday

### Early literacy

Sing songs and say nursery rhymes together. Leave spaces at the end to see if your child can 'fill in' the missing word

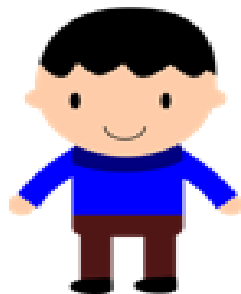
Point out sounds at the start of words e.g. the first sound in your child's name  
Play I spy with sound e.g. 'I spy with my little eye something that starts with the mmmm sound. (avoid using the name of the letter yet)



## Everyday



Read books with your child that they enjoy. Talk about the pictures, make comments and ask each other simple questions. Try retelling the stories together later on. Reading books together is one of the best ways to develop your child's speech and language skills.



"Talk with me and play  
and I'll learn new  
language every day!"

