

Steeple Nursery School

Transition to Primary 1



Moving to Primary 1

- Primary School is full of lots of new learning experiences, friends, fun and opportunities
- However, moving to Primary School can be both an exciting and anxious time for children and parents



Speak positively about their new school

- ❖ Remember to speak positively about your child's school- children are very good at picking up on our worries! Talk about how much FUN they will have.
- ❖ Drive past the school building frequently if possible, it can help to familiarise children with the school run they will be doing.
- ❖ Look at pictures of their new school (you should find these on the school website or this may be provided by the school).
- ❖ Familiarise them with their teacher's name.



Uniform

- ❖ Make an exciting outing of going to get your child's new uniform and shoes!
- ❖ It can be helpful to wash your child's new uniform in their usual washing powder before they wear it. It will feel more comfortable and smell familiar to them.
- ❖ Try the uniform on throughout the summer (no pressure, following your child's lead) encouraging them to develop independence in dressing themselves.



Routine

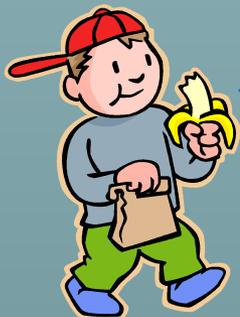
Towards the end of the summer try and establish a routine similar to what you aim to have during the school year:

- Consistent and predictable bed time routine e.g. bath, teeth, story, bed. A good sleep will help prepare them for their busy day at school
- Morning routine of getting dressed for day ahead and eating breakfast



Self help skills and independence

- ❖ Encourage independence in uniform e.g. taking off jumpers and putting on coats and shoes. Talk your child through the steps e.g. hold the sleeve of your jumper/ tongue of the shoe
- ❖ Lunches- if your child is having a packed lunch you could have some summer picnics and encourage your child to independently manage their lunch (open their lunch box) and get used to eating from their lunch box
- ❖ If your child is having school dinners, practice using a knife and fork, sitting at the table and taking turns during conversation
- ❖ Continue to encourage your child to tidy up their own toys and help out with jobs around the house



Prioritise Play



Play is fundamentally how your child will learn.

- Learning opportunities will be all around your child throughout their summer break e.g. if you visit the beach mark making in the sand will help develop early writing skills
- Children learn important social skills through play
- Having fun and playing can help manage any worries your child may have about the transition to P1

*We wish you all the best
as you embark on this
new and exciting chapter!*

