## DAILY MILE – SANTA RUN

The Daily Mile are hosting their Christmas 'Santa Run' event to get children moving and talking about physical and mental health. They want as many primary schools as possible to get moving this **Friday 1<sup>st</sup> December 2023** to celebrate the positive benefits that daily activity can have on our mental health. Our Pupil Council have registered us for to take part in this year's event.

## On Friday we would encourage all our pupils to wear in their Christmas jumpers and hats and join us in the St Patrick's Mullinahoe Santa Run 2023!

We would ask parents for a £1 voluntary donation for St Vincent DePaul. Click the link to check out our video from last years Santa Run on our Website; **Santa Run Video 2022** 

The school would once again like to make it clear no parent needs to buy a gift for a teacher at Christmas. This is an unnecessary expense; our teachers are more than happy to have a thank you for their work.

