

EAT SMART WITH

THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7 October	Oven-Baked Fish Fingers - Or - Beef Bolognese & Garlic Bread	Homemade BBQ Chicken Pizza - Or - Traditional Irish Stew & Wheaten Bread	"Lunch Bunch" Chicken Curry & Naan Bread - Or - Baked Quorn Dippers & BBQ Sauce Sweetcorn / Roast Courgette Boiled Rice / Mashed Potato	Roast Pork, Stuffing & Gravy - Or - Chicken Goujons & Sweet Chilli Dip	Beef Burger & Bap - Or - Rainbow Salad Wrap Iceberg Lettuce, Tomato, Cucumber, Pepper, Cheese Mini Corn-on-the-Cob / Garden Peas Chipped Potato / Baked Potato Frozen Strawberry Mousse
4 November	Baked Beans / Marrowfat Peas Pasta Spirals / Oven-baked Wedges Vanilla Ice-Cream, with Pears & Butterscotch Sauce	Coleslaw / Baton Carrots Chipped Potato / Baked Potato Homemade Banana Cake	Chocolate & Raspberry Spongecake with Custard	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Mini Corn-on-the-Cob / Garden Peas Chipped Potato / Baked Potato
2 December				Home-baked Popcorn Cookie & Orange Wedges	
30 December				Roast Gammon, Stuffing & Gravy - Or - Creamy Mac 'n' Cheese with Garlic Bread	
27 January				Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	
14 October	Fish Finger "Seadog" served in a finger roll - Or - Beef Lasagne & Coleslaw	Savoury Beef Mince & Crusty Bread - Or - Homemade Margherita Pizza	Peppered Chicken - Or - Oven-Baked Pork Sausages	Chocolate Rice Krispie Square	Crispy Baked Chicken Burger & Bap - Or - Tuna Mayo Deli Roll
11 November	Marrowfat Peas / Baked Beans Chipped Potato / Baby Potato	Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato	Mini Corn-on-the-Cob / Garden Peas Mashed Potato / Boiled Rice Home-baked Jam & Coconut Sponge & Custard	Chocolate Cracknel & Custard	Spaghetti Hoops / Asian Slaw Chipped Potato / Baked Potato
9 December	Apple & Pear Crumble with Custard	Arctic Roll & Winter Berry Sauce	Home-baked Jam & Coconut Sponge & Custard		Raspberry Jelly & Peach Slices
6 January				Roast Beef, Yorkshire Pudding & Gravy - Or - Salmon Fish Fingers Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Hotdog & Tomato Ketchup - Or - Beef Burrito
3 February				Chocolate Cracknel & Custard	Homemade Oatmeal Biscuit & Fresh Fruit Pot
21 October	Homemade Ham & Cheese Pizza - Or - Home-Baked Chicken Crumble	Beef Bolognese - Or - Roast Chicken and Gravy	"Lunch Bunch" Chicken Curry & Naan Bread - Or - Oven-Baked Breaded Whiting	Turkey & Ham, Stuffing, Gravy - Or - Sweet Potato Fritter with Flatbread & Sweet Chilli Mayo	Oven-Baked Chicken Nuggets - Or - Homemade Beef Lasagne with Crunchy Coleslaw
18 November	Spaghetti Hoops / Mini Corn-on-the-Cob Roast Potato Wedges / Mashed Potatoes Vanilla Ice-Cream with Pear Slices & Hot Chocolate Sauce	Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta	Garden Peas / Roast Butternut Squash Chipped Potato / Boiled Rice	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Baked Beans / Garden Peas Chipped Potato / Baked Potato
16 December					Choice of Fruit Yoghurt Pot
13 January					
10 February					
28 October	Oven-Baked Fish Goujons - Or - Homemade Margherita Pizza	Cottage Pie - Or - Oven-Baked Chicken Goujons & Choice of Dip	"Lunch Bunch" Chicken Curry & Naan Bread - Or - Oven-Baked Cod Fishcake		
25 November	Homemade Margherita Pizza	Choice of Dip	Sweetcorn / Roasted Butternut Squash Boiled Rice / Mashed Potato		
23 December	Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Baked Potato	Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta Spirals	Chocolate & Pear Sponge with Custard		
20 January	Chocolate & Raspberry Brownie	Ice-cream, Jelly & Two Fruit			

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY