



Quarryvale FRC



Parent and Child Massage Programme

A 5-session massage programme for children aged 3-7 with additional needs and/or a disability, and their parents



This programme encourages touch and bonding and can contribute to relaxation and a general feeling of wellbeing for both child and parent

Day: 5 Wednesdays starting the 22nd of February
Time: 3.30 p.m. to 4.30 p.m.
Cost: €25
Venue: Quarryvale FRC @QCYC, Greenfort Gdns

**To register:
Please call 01-626 9151**