



EAT SMART WITH THE LUNCH BUNCH

ea catering
Week Four

Week Commencing:
06/05/24

MONDAY

MAIN COURSES

Breaded Fish & Lemon
Mayo
Or Homemade Margherita
Pizza

SIDES

Mushy or Garden Peas/
Baked Beans
And
Chipped / Baked Potatoes

DESSERT

TUESDAY

MAIN COURSES

Beef Bolognese
Or
Chicken Goujon Wrap with
choice of dip

SIDES

Sweetcorn/ Broccoli
And
Pasta Spirals / Mashed
Potato

DESSERT

WEDNESDAY

MAIN COURSES

Roast of the Day, Stuffing &
Gravy
Or
Sausages

SIDES

Fresh Vegetables in Season
And
Mashed/ Oven Roast
Potatoes

DESSERT

THURSDAY

MAIN COURSES

Chicken Curry & Naan Bread
Or
Sausage Rolls

SIDES

Diced Carrots and Green
Beans
And
Rice/Mashed Potatoes

DESSERT

FRIDAY

MAIN COURSES

Hot Dog or Sausages

SIDES

Corn on the Cob / Corn on
the Cob

and
Chipped Potatoes / Mashed
Potatoes

DESSERT