

EAT SMART WITH

THE LUNCH BUNCH



WEEK BEGINNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
w/c 11/9/25 + 29/9/25	Homemade Beef Bolognese - Or - Home-Baked Margherita Pizza & Coleslaw Green Beans & Diced Carrots Penne Pasta or Baby Potatoes with Herbs Iced Lemon Sponge Finger	Baked Breaded Whiting & Tartare Mayo - Or - Creamy Mac 'n' Cheese & Garlic Bread Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato Forest Fruits Flavoured Jelly with Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Quorn Fillet with Creamy Pepper Sauce Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges Cheesecake with Strawberry Sauce	Cook's Gammon with Stuffing & Gravy - Or - Penne Pasta with Tomato & Basil Sauce Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Belgian Waffle with Fruit Salad & Chocolate Sauce	Oven Baked Chicken Goujons with choice of Dip - Or - Baked Potato with Cheesy Beans & Salad Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato Artic Roll with Summer Berry Sauce
w/c 8/9/25	Golden Crumbed Fish Fingers & Mayo Dip - Or - Roasted Garlic & Pesto Chicken Pasta Garden Peas & Baked Beans Mashed Potato or Pasta Salad Homebaked Chocolate & Raspberry Brownie	Homemade Beef Lasagne with Garlic Bread Slice - Or - Home-Baked Margherita Pizza with Salad in Season Baton Carrots & Broccoli Chipped Potato & Baby Potato Salad Assorted Yoghurt Pots & Fresh Fruit Salad	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Oven-Baked Pork Sausages with Gravy or Ketchup Sweetcorn & Spaghetti Hoops Steamed Fluffy Rice or Mashed Potato Caramel Apple Crumble & Custard	Cook's Roast Turkey with Stuffing & Gravy - Or - Salmon Fishcake with Mayo Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Ice Cream with Two Fruits	Cheeseburger with Burger Sauce in Bap - Or - Tex-Mex Chicken Fajita Mini Corn on the Cob & Coleslaw Chipped Potatoes or Baked Jacket Potato Homebaked Oaty Biscuit with Fresh Fruit
w/c 15/9/25	Oven Baked Cod Goujons with Mayo Dip - Or - Veggie Dog with Crispy Onions & Ketchup Garden Peas & Potato Salad Chipped Potatoes or Baked Jacket Potato Ice-Cream Slider & Orange Wedges	Homemade Spaghetti Bolognese - Or - Chicken Tikka Mayo Wrap with Salad & Coleslaw Baton Carrots & Broccoli Spaghetti & Parsley Baby Potatoes Homemade Jam & Coconut Sponge & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Home Baked Margherita or BBQ Chicken Pizza Mini Corn on the Cob & Butternut Squash Steamed Rice or Oven Roasted Cubed Potatoes Summer Fruit Salad & Yoghurt	Cook's Roast Pork with Stuffing & Gravy - Or - Homemade Savoury Mince with Crusty Bread Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Strawberry Jelly & Sliced Pears	Oven Baked Chicken Nuggets with Choice of Dip - Or - Ham & Mushroom Carbonara & Garlic Bread Slice Sweetcorn & Baked Beans Chipped Potatoes or Baked Jacket Potato Homemade Shortbread & Watermelon Wedge
w/c 22/9/25	Baked Cod Bites with mayo Dip - Or - Sweet Chilli Chicken Panini & Salad in Season Mushy Peas & Coleslaw Chipped Potatoes or Baked Jacket Potato Chocolate Krispie Square & Orange Wedges	Home-Baked Margherita or Tex-Mex Spicy Beef Pizza - Or - Penne Pasta & Roasted Mediterranean Vegetables Baton Carrots & Broccoli Oven Baked Paprika Wedges & Baby Potato Salad Cola Jelly & Chopped Fruit	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - BBQ Pulled Pork with Cheese in Brioche Bun Sweetcorn & Roasted Butternut Squash Steamed Fluffy Rice & Pasta Salad Angel Cake & Custard	Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Quorn Dippers with Choice of Dip Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Ice-Cream Sliced Pears & Caramel Sauce	Hot Dog with Ketchup - Or - BBQ Chicken Wrap with Salad in Season Mini Corn on the Cob & Baked Beans Skinny "French Fries" or Baked Jacket Potato Chocolate Cookie & Milkshake

MILK, WATER, BREAD & FRESH FRUIT
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY

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**WEEK
BEGINNING**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6th October, 3rd november, 1st December, 5th January, 2nd February	Oven-baked Fish Fingers - Or - Spanish Chicken & Rice Garden Peas & Steamed Sweetcorn Chipped Potatoes or Baked Potato Chocolate Mousse & Mandarin Oranges	Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad Steamed Broccoli & Coleslaw Pasta Spirals or Baby Potatoes Apple Sponge & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Baked Chicken & Vegetable Wrap with Fresh Salad Baton Carrots & Garden Peas Steamed Rice or Mashed Potatoes Vanilla Ice Cream & Pear Chunks	Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Salmon with a Creamy Dill & Cheese Sauce Fresh Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes Carrot Cake Slice	Hot Dog with Tomato Ketchup - Or - Cheesy Bean Burrito with Fresh Salad Mini Corn on the Cob & Baked Beans Chipped Potatoes or Baked Potato Yoghurt & Chopped Fruit
13th October, 10th november, 8th December, 12th January, 9th February.	Oven-baked Fish Goujons with Lemon Mayo - Or - Creamy Garlic Chicken & Mushroom Pasta Diced Carrots & Garden Peas Crispy Herb Diced Potatoes or Mashed Potatoes Flakemeal Biscuit & Melon Wedge	Traditional Savoury Mince - Or - Homemade Healthy Margherita Pizza with Fresh Salad Broccoli & Roasted Butternut Squash Mashed Potatoes or Roasted Potato Wedges Chocolate & Pear Sponge Cake & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Quorn Dippers Garden Peas & Sweetcorn Steamed Rice or Baby Potatoes Date Krispie & Orange Wedge	Roast Chicken with Stuffing & Gravy - Or - Vegetarian Cottage Pie Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Vanilla Ice Cream Roll & Peaches	Beef Burger with Tomato Ketchup - Or - BBQ Pulled Pork and Cheese Panini Baked Beans, Coleslaw & Salad Chipped Potatoes or Baked Potato Strawberry Yoghurt & Chopped Fruit
20th October, 17th November, 15th December, 19th January.	Oven-baked Fish Fingers - Or - Kung Pao Chicken Roasted Peppers & Sweetcorn Chipped Potatoes or Steamed Fluffy Rice Apple and Winter Berry Crumble & Custard	Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad Steamed Broccoli & Coleslaw Oven-roasted Potato Wedges or Pasta Spirals Strawberry Jelly & Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Breast of Chicken with Gravy Garden Peas & Baton Carrots Steamed Rice or Mashed Potatoes Homemade Chocolate Brownie & Custard	Roast Gammon with Stuffing & Gravy - Or - Vegetarian Sausages with Onion Gravy Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes Popcorn Biscuit & Melon Wedge	Southern Fried Chicken Goujon & Salad Wrap with Taco Sauce - Or - Baked Potato with Beef Chilli, Cheddar and Coleslaw Mini Corn on the Cob & Baked Beans Chipped Potatoes or Baked Potato Frozen Fruit Smoothie & Fruit Tub
27th October, 24th November, 22nd December, 26th January.	Cod Fish Bites with Mayo Dip - Or - Penne Pasta with Roasted Tomato and Red Pepper Sauce Garden Peas, Coleslaw & Carrot Sticks Chipped Potatoes or Mashed Potatoes Strawberry Mousse & Two Fruits	Traditional Irish Stew with Wheaten Bread - Or - Oven-baked Pork Sausages Broccoli & Baked Beans Mashed Potatoes or Baked Potato Steamed Chocolate Pudding & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Roast Chicken Wrapped in Bacon with BBQ Sauce Sweetcorn & Ratatouille Steamed Rice or Champ Homemade Cookie & Orange Wedge	Roast Turkey with Stuffing & Gravy - Or - Quorn Filler with Creamy Cajun Sauce Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes Chocolate Cracknel & Fruit Tub	Homemade Margherita or Mini Meatball Pizza - Or - Veggie Nuggets with Tomato Ketchup Sweetcorn, Coleslaw & Salad Chipped Potatoes or Baked Potato Frozen Yoghurt Pot & Melon Wedge

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SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL