



St Teresa's Primary School Lurgan – Dinner Menu September 2024

Week Commencing	2/9/24	9/9/24	16/9/24	23/9/24	30/9/24
Monday	Chicken Goujons & Sweet Chilli Dip - Or - Freshly Baked Ham & Cheese Panini Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Baked Pork Sausages & Gravy - Or - Creamy Chicken & Broccoli Pasta with Garlic Bread Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw Ice-Cream, Pears & Chocolate Sauce	Baked Pork Sausages & Gravy - Or - Jerk Chicken & Caribbean Rice with Flatbread Baked Beans / Garden Peas Chipped / Baked Potato Ice-Cream & Two Fruits	Beef Bolognaise - Or - Chicken Goujon Wrap with choice of dip Sweetcorn / Broccoli Pasta Spirals / Mashed Potato Chocolate & Orange Cookie	Chicken Goujons & Sweet Chilli Dip - Or - Freshly Baked Ham & Cheese Panini Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit
Tuesday	Beef Ragù Italia - Or - Homemade Margherita Pizza Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad Mandarin Orange Sponge & Custard	Homemade Cottage Pie - Or - Homemade Margherita Pizza Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato Summer Fruit Cheesecake	Chicken Curry & Naan Bread - Or - BBQ Pulled Pork Pizza Wrap Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges Jaffa Cake Pots	Homemade Margherita Pizza - Or - Chicken & Summer Veg Pie Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Beef Ragù Italia - Or - Homemade Margherita Pizza Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad Mandarin Orange Sponge & Custard
Wednesday	Chicken Curry & Naan Bread - Or - Baked Pork Sausages & Gravy Garden Peas / Baton Carrots Boiled Rice / Mashed Potato Arctic Roll and Peaches	Chicken Curry & Naan Bread - Or - Beef Meatballs with Tomato & Basil Sauce Green Beans / Baton Carrots Steamed Rice / Pasta Spirals Sticky Date Pudding & Custard	Beef Burger / Bean Burger in Bap with Onions - Or - Salt & Chilli Chicken Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice Lemon Shortbread & Melon Wedge	Chicken Curry & Naan Bread - Or - Chinese-style Beef & Vegetables Diced Carrots & Green Beans Noodles / Rice Fruit Sponge & Custard	Chicken Curry & Naan Bread - Or - Baked Pork Sausages & Gravy Garden Peas / Baton Carrots Boiled Rice / Mashed Potato Arctic Roll and Peaches
Thursday	Roast of the Day, Stuffing & Gravy - Or - Quorn Dippers Fresh Vegetables in Season Mashed / Oven Roast Potato Homemade Brownie & Orange Wedges	Roast of the Day, Stuffing & Gravy - Or - Chicken & Pepper Fajita Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Golden Krispie Square	Roast of the Day, Stuffing & Gravy - Or - Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Fresh Fruit Salad & Yoghurt	Roast of the Day, Stuffing & Gravy Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Pineapple Delight	Roast of the Day, Stuffing & Gravy - Or - Quorn Dippers Fresh Vegetables in Season Mashed / Oven Roast Potato Homemade Brownie & Orange Wedges
Friday	Golden Crumbed Fish Fingers - Or - Roast Mediterranean Veg Pasta Bake Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Juice	School "Chippy Day" Chicken Nuggets or Fish Goujons - Or - Baked Potato with Tuna & Sweetcorn / Salad / Beans / Mushy Peas Chipped / Baby New Potatoes Frozen Fruit Yoghurt	Breaded Fish & Lemon Mayo - Or - Beef Lasagne, Garlic Bread & Coleslaw Garden Peas / Diced Carrots Mashed / Baby Potato Fruit Sponge & Custard	Hot Dog / Veggie Dog with Tomato - Or - Salmon & Creamy Tomato Pasta Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes Ice-Cream & Mandarin Oranges	Golden Crumbed Fish Fingers - Or - Roast Mediterranean Vegetable Pasta Bake Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Juice

Milk, Water, Bread, Fruit and Yoghurt are available daily

Menu subject to deliveries

IF A CHILD HAS AN ALLERGY PLEASE INFORM THE PRINCIPAL AND UNIT CATERING SUPERVISOR IN WRITING

Dinners Cost £2.60 Per Day or £13.00 Per Week

Please pay via school app booking system at the beginning of each week