



Home Learning Ideas Week beginning 8th February 2021

Personal, Social and Emotional Development

* In Nursery we talk to the children about a Healthy Body and A Healthy Mind. For example, when we eat too much sugar, we begin to feel unwell, get a sore stomach (like The Very Hungry Caterpillar) and feel sad. Choose a selection of food from the kitchen and ask your child to sort them into Healthy and Unhealthy.



Physical Development

* Using Lego bricks is the perfect opportunity for building fine motor skills. Lego is a great manipulative to work the fingers as children build with the pieces. Ask your child can they build some fruit from The Very Hungry Caterpillar Story.



-See the Building Brick Fruit Challenge Cards.

Language Development

* Discuss with your child: The Very Hungry Caterpillar loves to eat lots of food. What is your favourite food? Why do you like it? Mark making-Can you draw a picture of your favourite food? Tell me about your picture.



Early Mathematical Experiences

* Talk to your child about the Days of the Week. Discuss what The Very Hungry Caterpillar ate on each day in the story.

*Talk to your child about daily/weekly routines in your home. E.g. On Saturday I am going to Asda, On Monday you are going to visit your granny.

-See the Days of the Week song words.

Link: [Days Of The Week Addams Family](#)



The Arts

*Create a symmetrical butterfly. Fold a piece of paper or card in half and cut out a butterfly shape. Ask your child to put paint on one side of the butterfly. Then fold it over, press it down, then open it up. What has happened? Discuss how both sides look the same.



The World Around Us

Road Safety

*Discuss this important message with your child: **Be Safe, Be Seen.** Drivers find it hard to see people who are walking in the dark. Wearing something bright and reflective helps to keep you safe.

-See the Be Safe, Be Seen posters and discuss with your child.

Do you have any fluorescent or reflective clothing/materials at home?

