

Week Beginning:
21st February 2022



Home Learning Ideas

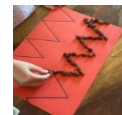
Personal, Social + Emotional

*In Nursery we talk to the children about a Healthy Body and A Healthy Mind. For example, when we eat too much sugar, we begin to feel unwell, get a sore stomach and feel sad. Choose a selection of food from the kitchen and ask your child to sort them into Healthy and Unhealthy.



Physical Development

*Raisin Fun-On a piece of paper draw a wavy line and a zig-zag line using a marker. Give your child a bowl of raisins and ask them to place them along the lines. This is a simple, fun activity to set up and is great for developing fine motor skills and hand eye coordination.



Language Development

*Play a Fruit themed Attention and Listening Game. See the *Fruit I-Spy Activity Page*. Give your child clues. Can they find the picture you are talking about? Encourage your child to have a go at describing one for you too.



E.g. I see a fruit that is yellow and you need to peel it before you eat it.

Mathematical Experiences

* This week you could count with real fruit and vegetables. You could give your child some potatoes and sing the "One Potato, Two Potato" song. Place 5/10 potatoes in a row and model touching each one as you count. Click link: [One Potato, Two Potato](#)



*Explore YouTube for more fruit and vegetable counting songs

The Arts

* Using a selection of dried peas or beans and some plastic bottles you could help your child to make shakers and noisemakers. Encourage your child to explore the sounds made by different contents.



The World Around Us

*Explain to your child that one way to have a healthy diet is to eat different coloured food. Discuss; What is your favourite fruit? Why? What colour is it?



*You could have a go at making a colourful fruit kebab together -See Recipe Card