### Week Beginning:

28th February 2022



Changing lives through a love of books and shared reading.



## Home Learning Ideas

#### Personal, Social + Emotional

\* Breathing and yoga can help us calm any emotions that we might be feeling strongly.

Join Cosmic Kids Yoga in a short mindfulness yoga session.



Click Link: www.youtube.com/watch

#### Physical Development

\*Using Lego bricks is the perfect opportunity for building fine motor skills. Lego is a great manipulative to work the fingers as children build with the pieces. Ask your child can they build some fruit from The Very Hungry Caterpillar Story.



-See the Building Brick Fruit Challenge Cards.



#### Language Development

\* It is World Book Day on Thursday 3<sup>rd</sup>
March. You could help your child create
a cosy reading tent using sheets,
blankets, soft toys etc. Ask your child
to choose their favourite books and
enjoy reading them together in their
World Book Day Reading Den!



#### Mathematical Experiences

- \* Use everyday activities such as cooking and baking to explore math with your child.

  For example, while making pancakes:
  - -Ask your child to count out 2 eggs or 1 spoonful of sugar
- -Show your child the measuring jug or scales.

  Do they recognise any numbers?
- -Set a timer on your phone while they cook.

  Did it feel like a short or long time?

#### The Arts

\* The Gingerbread Man is one of our favourite stories in Nursery.

You could sprinkle some ground ginger or cinnamon in a tray for your child to mark make in or create some cloud dough for messy play fun.

-See the Gingerbread Cloud Dough Recipe



#### The World Around Us

\* It is Pancake Tuesday this week. You could have a go at making some pancakes together. Say the rhyme:

"Mix a pancake, Stir a pancake, Pop it in the pan. Fry a pancake, Toss a pancake, Catch it if you can!"

-See Pancake Recipe Sheet



### **Ingredients**

8 cups flour
1 cup vegetable oil
3 tbsp cinnamon
2 tsp ginger and nutmeg spice
Brown powdered paint (optional)
Gingerbread man cutters

Buttons Scoops

GROUND



FLOUR

To extend the play further add plates, bowls, spoons

### Method

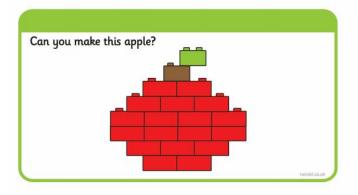
- 1. Mix the above ingredients in a bowl or on a large tray.
- 2. If the scent isn't strong enough, add more cinnamon.
- 3. To make it a deeper brown, add brown powder paint.
- 4. Children can use the gingerbread man cutters and buttons to create their own gingerbread men.
- To extend the play further, you could provide kitchen equipment like plates, bowls and spoon, then open a gingerbread café.

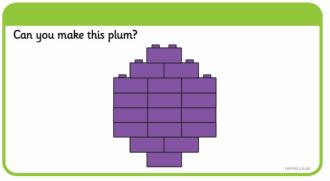


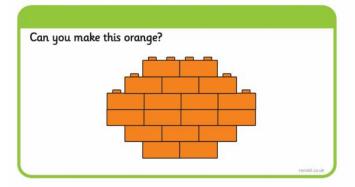


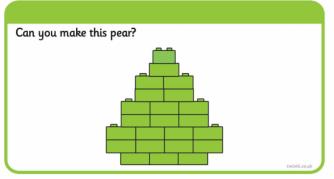


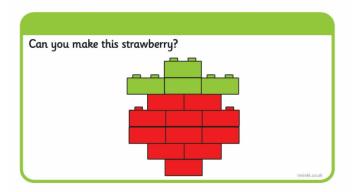
### Fine Motor Skills-Building Brick Fruit

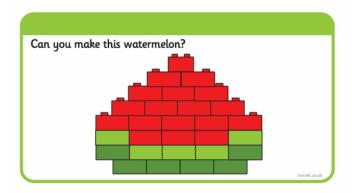














# Pancake Recipe



Ingredients

100g plain flour 300ml milk

2 eggs

1tbsp caster sugar

Lemon juice

Equipment

Sifter

Large mixing bowl

Kitchen scales

Measuring jug

Measuring spoons

Wooden spoon

Frypan

Spatula

Stove

- 1. Sift the flour into the mixing bowl.
- 2. Crack the eggs into the bowl.
- 3. Pour the milk into the bowl.
- 4. Stir vigorously until smooth.
- 5. Pour a spoonful of the mixture into a hot frypan (you may want to use oil).
- 6. Turn the pancake when the bubbles begin to pop.
- 7. Serve sprinkled with lemon juice and sugar.



