## Week Beginning:

27th February 2023



Changing lives through a love of books and shared reading.



# Home Learning Ideas

#### Personal, Social + Emotional

\* Breathing and yoga can help us calm any emotions that we might be feeling strongly.

Join Cosmic Kids Yoga in a short mindfulness yoga session.



Click Link: www.youtube.com/watch

### Physical Development

\*Using Lego bricks is the perfect opportunity for building fine motor skills. Lego is a great manipulative to work the fingers as children build with the pieces. Ask your child can they build some fruit from The Very Hungry Caterpillar Story.



-See the Building Brick Fruit Challenge Cards.



#### Language Development

\* It is World Book Day on Thursday 2<sup>nd</sup> March. You could help your child create a cosy reading tent using sheets, blankets, soft toys etc. Ask your child to choose their favourite books and enjoy reading them together in their World Book Day Reading Den!



#### Mathematical Experiences

\* This week you could count with real fruit and vegetables. You could give your child some potatoes and sing the "One Potato, Two Potato" song. Place 5/10 potatoes in a row and model touching each one as you count. Click link: One Potato, Two Potato





\*Explore YouTube for more fruit and vegetable counting songs

#### The Arts

\* The Gingerbread Man is one of our favourite stories in Nursery.

You could sprinkle some ground ginger or cinnamon in a tray for your child to mark make in or create some cloud dough for messy play fun.

-See the Gingerbread Cloud Dough Recipe



#### The World Around Us

\* \*Explain to your child that one way to have a healthy diet is to eat different coloured food. Discuss; What is your favourite fruit? Why? What colour is it?



\*You could have a go at making a colourful fruit kebab together -See Recipe Card