## **Action Cancer Big Bus returns to the EA!**

We are delighted to have the new state-of-the art Action Cancer Big Bus attend Education Authority (EA) locations throughout May 2022.

The BIG BUS provides two services which are **now** available to book:



If you are a woman aged 40-49 or
70+, you haven't had a mammogram in the last two years and you have no specific breast concerns, you are eligible to make an appointment for Breast Screening on the BIG BUS.

The charity is the only place in Northern Ireland for women outside of the NHS screening age range to avail of a breast screening for free, so this is a great opportunity.

2. **MOT Health Checks** are open to **anyone aged 16+** and are a great way to get a current picture of your health. The check takes about 20 minutes and you will receive a variety of tests, such as blood pressure and cholesterol. You will also stand on the body composition scales to receive a print out of details such as muscle mass, hydration levels, fat around your organs, and BMI.

The Health Promotion Officer carrying out your assessment will be able to provide advice and information about lifestyle improvements which can contribute to cancer prevention.

Call **Action Cancer on 028 9080 3344, Option 5** (Monday – Friday 9.00am – 4.45pm) or visit <u>https://appointments.actioncancer.org</u> to make your appointment for either service.

You will need to quote or input the reference code as shown below.

Venue	Date	<b>Booking Reference Code</b>
EA Dundonald Office		
Grahamsbridge Rd		
Dundonald	Tuesday 17 May 2022	WAF-8057
Belfast		
BT16 2HS		
Foyle College		
67 Limavady Rd	Wednesday 18 May 2022	IGC-8058
Derry		
BT47 6WJ		

Newry Youth Resource Centre		
6 Carnbane Rd	Wednesday 25 May	VIX-8061
Newry		
BT35 6QA		
EA Omagh Office		
1 Hospital Rd	Thursday 26 May	YVZ-8059
Omagh		
BT79 0AW		

Appointments are made and managed by Action Cancer – although if you have any queries please email <a href="mailto:healthandwellbeing@eani.org.uk">healthandwellbeing@eani.org.uk</a>