

## PATHS PROGRAMME

Children from Primary 1 to Primary 7 take part in weekly PATHS activities. This is a very successful social and emotional programme run by Barnardo's, which allows children to recognise and understand emotional well-being in themselves and others.

In Nursery we will be using some of the ideas from the Primary One programme and incorporating them into the Nursery classroom. The areas which we will focus on will be:

- Classroom rules
- PATHS Child of the Day
- Making Friends
- Managing anger and distress

All of the areas will be taught to the children through the use of puppets:

Twiggle the Turtle



Duke the Dog



Henrietta the Hedgehog



Daphne the Duck



The PATHS Child of the Day will run on a daily basis and will allow the children to develop responsibility as classroom helpers. They will wear special ID for the day and help Nursery staff around the classroom as well as getting to sit on the Child of the Day cushion during carpet time.

All children will take it in turns to be the Child of the Day and will be chosen the day before. This will be done by picking a name from the 'I have not had a turn' pot. Names will only be returned to this pot when all children have had a turn at being the Child of the Day.