

EAT SMART WEEK

THE LUNCH BUNCH



WEEK BEGINNING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>16th February 16th March 13th April 11th May 8th June</p>	<p>Baked Fish Goujons with Lemon Mayo - Or - Classic Margherita Pizza</p> <p>Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato</p> <p>Selection of Fruit Yoghurt Pots</p>	<p>Homemade Beef Bolognese - Or - Penne Pasta and Tomato Bake with Herb Crust</p> <p>Baton Carrots & Green Beans Fusilli Pasta & Fresh Seasonal Salad</p> <p>Mandarin Orange Sponge with Custard</p>	<p>Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Cheese & Tomato Panini Melt with Coleslaw</p> <p>Garden Peas & Fresh Seasonal Salad Steamed Rice & Oven Roast Wedges</p> <p>Peach & Raspberry Traybake Trifle</p>	<p>Roast Pork with Stuffing and Rich Gravy - Or - Creamy Pepper Chicken</p> <p>Steamed Broccoli & Cauliflower Mashed Potatoes & Oven Roast Potatoes</p> <p>Chocolate and Pear Sponge Cake</p>	<p>Hot Dog with Tomato Ketchup - Or - Baked Potato with Butter Beans in Tomato Sauce & Cheese Melt</p> <p>Garden Peas & Mini Corn on the Cob Chipped Potatoes & Baked Potato</p> <p>Vanilla Ice Cream with Sliced Pears</p>
<p>23rd February 23rd March 20th April 18th May 15th June</p>	<p>Golden Baked Cod Bites - Or - Sweet Potato and Chicken Bake</p> <p>Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato</p> <p>Frozen Strawberry Yoghurt and Fruit Tub</p>	<p>Mild Beef Chilli - Or - Classic Margherita Pizza</p> <p>Sweetcorn, Fresh Seasonal Salad & Coleslaw Steamed Rice & Oven Roast Wedges</p> <p>Homemade Apple Sponge with Custard</p>	<p>Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Oven Roasted Vegetable Sausages with Tomato & Bean Stew</p> <p>Garden Peas & Diced Carrots Steamed Rice & Mashed Potatoes</p> <p>Fresh Fruit Salad with Strawberry Yoghurt</p>	<p>Roast Turkey with Stuffing and Rich Gravy - Or - Roast Quorn Fillet with Rich Gravy</p> <p>Roast Carrots & Spring Cabbage Mashed Potatoes & Oven Roast Potatoes</p> <p>Fruit Muffin and Milkshake</p>	<p>Cheeseburger with Tomato Ketchup - Or - Chicken Caesar Wrap</p> <p>Mini Corn on the Cob & Crunchy Veggie Sticks Chipped Potatoes & Baby Potatoes</p> <p>Oatmeal Biscuit with Orange Wedges</p>
<p>2nd March 30th March 27th April 25th May 22nd June</p>	<p>Golden Crumbed Fish Fingers - Or - Mighty Mac 'n' Cheese</p> <p>Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes</p> <p>Banana-flavoured Mousse</p>	<p>Homemade Beef Bolognese - Or - Spring Frittata with Coleslaw</p> <p>Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes Summer Fruit Sponge Finger</p>	<p>Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Chilli and Garlic Quorn Bites</p> <p>Green Beans & Baton Carrots Steamed Rice & Oven Roast Wedges</p> <p>Blueberry and Lemon Sponge with Custard</p>	<p>Roast Gammon with Stuffing and Rich Gravy - Or - Savoury Mince</p> <p>Cauliflower & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes</p> <p>Jelly Whip with Mandarin Oranges</p>	<p>Baked Pork Sausages - Or - Cheese and Tomato Deli Roll with Fresh Seasonal Salad</p> <p>Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes</p> <p>Frozen Vanilla Yoghurt with Melon Wedge</p>
<p>9th March 6th April 4th May 1st June 29th June</p>	<p>Homemade Beef Bolognese - Or - Chicken Stroganoff</p> <p>Baton Carrots & Steamed Broccoli Fusilli Pasta & Oven Roast Wedges</p> <p>Melon, Mandarin and Pineapple Pot</p>	<p>Ham and Cheese Pizza - Or - Mediterranean Roasted Vegetable Quesadilla with Hummus</p> <p>Sweetcorn & Coleslaw Chipped Potatoes & Baby Potatoes</p> <p>Raspberry Jelly with Two Fruits</p>	<p>Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Tex-Mex Beef and Veg Tortilla Boat Garden Peas & Roast Butternut Squash Steamed Rice & Potato Salad</p> <p>Pineapple Upside Down Cake with Custard</p>	<p>Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy - Or - Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes</p> <p>Chocolate-flavoured Mousse with Chopped Fruit</p>	<p>Oven Baked Chicken Goujons - Or - Tuna and Pasta Salad</p> <p>Garden Peas & Baked Beans Chipped Potatoes, Baked Potato & Fresh Seasonal Salad</p> <p>Homemade Flakemeal Biscuit with Melon Wedge</p>

MILK, WATER, BREAD AND FRESH FRUIT AVAILABLE DAILY

MENU SUBJECT TO PRODUCT AVAILABILITY

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL