

Castlereagh Nursery School Meals Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/08/21 27/09/21 25/10/21 22/11/21 20/12/21	Steak Casserole Crusty bread Fresh Diced Turnip Tossed Salads Mashed Potato Ice Cream, fruit & Chocolate Sauce	Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato Swiss Roll & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables Carrot Cake & Custard	Oven Baked Breaded Chicken Goujons Selection Of Dipping Sauces Garden Peas Selection Of Salads Mashed Potatoes Fresh Fruit Salad&Yoghurt	Salmon Fishcake Sweetcorn Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato Flakemeal & Melon Boat with Yoghurt
WEEK 2 6/9/21 4/10/21 1/11/21 29/11/21	Spaghetti Bolognese Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots Homemade Rice Pudding & Peaches	Fresh Breaded Cod Goujons with lemon slice, Tartar Sauce Baked Beans Tossed salad Mashed Potato Apple Crumble & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Crunchy Fresh Coleslaw Garden Peas Selection of Salads Homemade Shortbread & fruit pot	Roast Beef, Herb stuffing, gravy, Cauliflower cheese, fresh diced carrot & parsnip Dry roast potato, mashed potato Melon slice & yoghurt	Breaded Chicken Goujons or Chicken Baguette Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato Jelly & Ice Cream with Fruit Salad
WEEK 3 13/9/21 11/10/21 8/11/21 6/12/21	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate and Orange Sponge & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green beans Tossed salad Flakemeal biscuit & mandarin orange	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato Swiss Roll & Custard Fresh Fruit	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Dry Oven Roast Potatoes Mashed Potato Homemade Rice Pudding & Pears	Hotdog, Sauté Onions Or Beef Fajita Carrot and Cucumber sticks With Homemade Garlic Dip Peas Chips or Baby Boiled Potatoes Raspberry ripple Ice Cream & Fresh Fruit Salad
WEEK 4 20/9/21 18/10/21 15/11/21 13/12/21	Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Mashed Potato Flakemeal Biscuit, Fruit & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Mashed Fresh Turnip Lemon Sponge & Custard	Irish Stew Homemade Wheaten Bread Broccoli Florets Sweetcorn Strawberry Mousse & Fresh Fruit Salad	Roast Beef Herb Stuffing Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato Chocolate Brownie & Custard	Homemade Marguerita Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Baked Potato Chips Artic Roll & Jelly & Fresh fruit

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Selection of salads
available daily

If You Require Any
Additional
Information on
Allergens or
Special Diets
Please Contact the
School to
complete a Special
Diets Application
Form

