

# Dromore Nursery School Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 3/1 31/1 28/2 28/3 25/4	Breaded Fish Fingers  Baked Beans Medley of Fresh Vegetables Mashed Potato  Selection of Fresh Fruit	Steak Burger  Baton Carrots Gravy Mashed Potato Salad Selection  Selection of Fresh Fruit	Homemade Breaded Chicken Goujons Warm Tortilla wrap available Sweetcorn, Hot Pasta Twists Mashed Potato Salad Selection  Selection of Fresh Fruit	Roast Beef  Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato  Selection of Fresh Fruit	Homemade Margherita Pizza  Peas Tossed Salad Chips Mashed Potato  Selection of Fresh Fruit
<b>WEEK 2</b> 10/1 7/2 7/3 4/4	Steak Burger  Gravy, Broccoli Florets Fresh Baton Carrots Mashed Potato  Selection of Fresh Fruit	Breast of Chicken Curry with Boiled Rice & Naan Bread  Sweetcorn Pasta Twists Salad Selection  Selection of Fresh Fruit	Fresh Breaded Fish Goujons  Baked Beans Garden Peas Mashed Potato Salad Selection  Selection of Fresh Fruit	Savoury Mince  Traditional Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato  Selection of Fresh Fruit	Chicken Nuggets  Sweetcorn Chips Baked Potato Salad Selection  Selection of Fresh Fruit
<b>WEEK 3</b> 17/1 14/2 14/3 11/4	Pasta Bolognaise  Baked Beans Sweetcorn Garden Peas Mashed Potato  Selection of Fresh Fruit	Homemade Salt & Chilli Or Traditional Chicken Goujons  Broccoli Florets Mashed Potato Salad Selection  Selection of Fresh Fruit	Oven Baked Sausage  Garden Peas Baton Carrots Mashed Potato Baby Boiled Potatoes  Selection of Fresh Fruit	Roast Turkey Or Salmon fish cake  Traditional Stuffing Gravy Fresh Carrot / Parsnip Mashed Potato  Selection of Fresh Fruit	Steak Burger in Bap  Sweetcorn & Peas Chips Mashed Potato Salad Selection  Selection of Fresh Fruit
<b>WEEK 4</b> 24/1 21/2 21/3 18/4	Oven Baked Sausage  Baton Carrots Garden Peas Gravy Mashed Potato  Selection of Fresh Fruit	Spaghetti Bolognaise  Broccoli & Cauliflower Florets Mashed Potato  Selection of Fresh Fruit	Brown Stew Or Roast Breast Chicken  Traditional Stuffing Gravy, Diced Turnip Fresh Baton Carrots Mashed Potato  Selection of Fresh Fruit	Homemade Salt & Chilli Or Traditional Chicken Goujons  Baked Beans Sweetcorn, Salad Selection Mashed Potato  Selection of Fresh Fruit	Fish finger  Sweetcorn Traditional Champ Chips Salad Selection  Selection of Fresh Fruit

*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Rice, Pasta,  
Noodles, Potatoes  
and Gravy can be  
served Daily*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*

Menu choices subject to deliveries



Fresh Fish May Contain Bones