



Swimming Policy

Aims/Purposes

- To enable pupils to acquire basic swimming skills while they are at Carbury School.
- To fulfill the requirements of the Primary School Physical Education Curriculum in the Strand of Aquatics.

Procedures

- Each pupil in 3rd to 6th Class will attend a six-week session in a swimming pool annually.
- Availability of swimming pool space allows only for children from 3rd class and upwards to participate. Qualified instructors are provided and the children are divided into one of three standards:
 - Beginners
 - Intermediate
 - Advanced
- The swimming pool at the Sports Complex, Cleveragh, Sligo has been reserved for two six-week slots on Tuesdays from **10 am to 11 am in Term 2**.
- The costs incurred by hiring of pool and the payment of instructors is covered by the school and the Parent Association.
- Covering the cost of the bus to and from the pool necessitates a charge of **€30** from each pupil.

Attending Swimming Lessons

- All children attending the course should wear their school P.E. gear.
- Swimming togs need to be worn under P.E. gear coming to school, where possible.
- Each child must have a suitable bag to carry his/her swimming gear (sports bag or similar with secure zip or other fastening).
- All items brought to the pool must be clearly labelled with the child's name. This includes the bag, P.E. gear, socks, underwear and shoes.
- Each child must have their own togs, towel, hair brush, goggles and swim cap - all of which must also be labelled with their name.

Supervision

- The pupils are supervised on the bus by school staff.
- The boys' changing room is supervised by two male members of Carbury staff where possible. The girls' changing room is supervised by two female members of Carbury staff where possible. Where this is not possible, a parent/guardian rota will be set up. These parents/guardians will be Garda Vetted. Another staff member will stand in if needs be and if appropriate.
- Parent(s)/guardian(s) are not permitted to view children swimming or assist in the changing rooms for Child Safeguarding reasons and the need for Garda Vetting.

- Children are encouraged to get ready for swimming and change independently.
- Children are not allowed buy any items from the vending machines in the foyer area.

Health and Safety

- Best practice in relation to the supervision, instruction and child protection procedures will be adhered to.
- Pupils are required to behave at all times in a manner that ensures the safety of all involved in school swimming.
- Parents/guardians will receive a standard letter providing information on school swimming before their child starts their swimming term. A consent note, granting permission for a child to participate in swimming, must be returned to the class teacher prior to the start of the swimming lessons.
- Where a parent/guardian has a health concern regarding their child's participation in swimming, professional advice must be sought before the child participates in the swimming lesson. A medical certificate is required if it is recommended that the child cannot participate in any swimming lessons.
- In the best interests of the child, it is the duty of parents/guardians to inform the class teacher and/or Principal with regard to any health condition that may affect the child in the pool. This information will be held in confidence and provided on a need to know basis to the swimming instructors.
- Aerosol deodorants must not be brought to the pool as the dressing rooms are confined spaces. The Health and Safety Guidelines outlined by the pool authorities will be strictly adhered to. Roll-on or stick deodorants are suitable for use after swimming.

Absences

Pupils unable to swim on a particular day, for whatever reason, will go to the swimming pool with their class and take a book to read in the viewing area. Parents are required to provide the reason for a child's absence from a swimming lesson in writing.

Monitoring/Evaluation/Review

The Swimming Policy is revised annually or at other times if deemed necessary.

Signed: Linda McMahon
Principal

Date: 20th November 2025

Derek Whitcraft
Chairperson of the Board of Management



Swimming for Pupils in 5th and 6th Class

8th December 2025

Dear Parent(s)/Guardian(s),

Swimming classes for 5th and 6th Classes will commence on **Tuesday, 6th January** for six weeks.

Dates for Swimming

6 th January
13 th January
20 th January
27 th January
10 th February
17 th February

Please ensure your child has all he/she requires every Tuesday. It is essential that all belongings are clearly named. Pupils should wear their school P.E. gear with their swimming togs on underneath.

Pupils will need a bag for swimming containing the following items:

- swimming hat
- goggles
- towel

The cost for this year's swimming is **€30 per pupil**. This covers the cost for the bus to and from the swimming pool. You will receive a link by email to pay for the bus.

Should any family have difficulty in meeting this expense, please contact the principal in writing. This will be treated in the strictest of confidence.

Yours sincerely,



Linda McMahon
Principal



Swimming for Pupils in 3rd and 4th Class

4th February 2026

Dear Parent(s)/Guardian(s),

Swimming classes for 3rd and 4th Classes will commence on **Tuesday, 24th February** for six weeks.

Dates for Swimming

24 th February
3 rd March
10 th March
24 th March
14 th April
21 st April

Please ensure your child has all he/she requires every Tuesday. It is essential that all belongings are clearly named. Pupils should wear their school P.E. gear with their swimming togs on underneath.

Pupils will need a bag for swimming containing the following items:

- swimming hat
- goggles
- towel

The cost for this year's swimming is **€30 per pupil**. This covers the cost for the bus to and from the swimming pool. You will receive a link by email to pay for the bus.

Should any family have difficulty in meeting this expense, please contact the principal in writing. This will be treated in the strictest of confidence.

Yours sincerely,

Linda McMahon
Principal



Consent Form for Swimming Lessons

Child's Name: _____

Class: _____

Please read the statements below and tick the box.	✓
I give permission for my child to take part in swimming lessons organised by Carbury School.	
I will ensure he/she has all she needs for swimming lessons each week.	

Please provide details regarding your child's swimming level. For example: amount of experience, beginner, intermediate or advanced.

Are there any medical, emotional or behavioral conditions that we need to be aware of during swimming lessons?

Parent/Guardian's Signature: _____

Date: _____