

EAT SMART WITH THE LUNCH BUNCH



WEEK BEGINNING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 August 25 September 23 October 20 November 18 December 22 January</p>	<p>Chicken Nuggets Or Homemade Lasagne</p> <p>Steamed Broccoli & Garden Peas Chipped Potato, Mashed Potato</p> <p>Ice Cream, Chocolate Sauce & Sliced Pears</p>	<p>Spaghetti Bolognese Or BBQ Chicken Pizza</p> <p>Sweetcorn & Baked Beans Diced Potatoes, Pasta, Salad</p> <p>Fruit & Rice Pudding</p>	<p>Lunch Bunch Chicken Curry & Naan Bread Or Golden Crumbed Fish Fingers</p> <p>Garden Peas, Rice, Salad, Mashed Potato</p> <p>Rice Krispie Square & Fruit</p>	<p>Roast Turkey, Stuffing & Rich Gravy Or Salmon Fishcake</p> <p>Cauliflower & Baton Carrots Mashed Potato or Oven Roast Potato</p> <p>Fruit Muffin Slab</p>	<p>Steak Burger & Tomato Ketchup Or Chicken Crumble</p> <p>Sweetcorn & Salad Or Chipped Potato, Pasta</p> <p>Flakemeal Biscuit & Fruit</p>
<p>4 September 2 October 30 October 27 November 1 January 29 January</p>	<p>Golden Crumbed Fish Fingers Or Mighty Mac 'n' Cheese with Garlic Bread Slice</p> <p>Baked Beans & Broccoli & Coleslaw Mashed Potatoes</p> <p>Artic Roll with Peaches</p>	<p>Beef Meatballs with Italian Tomato & Basil Sauce Or Margherita Pizza</p> <p>Garden Peas & Salad Oven Baked Potato Wedges, Pasta</p> <p>Shortbread, Custard & Fruit</p>	<p>Lunch Bunch Chicken Curry & Naan Bread Or Bacon Slice</p> <p>Mini Corn on the Cob Steamed Rice, Chipped Potatoes</p> <p>Strawberry Jelly & Fruit</p>	<p>Roast Chicken, Stuffing & Rich Gravy Or Mexican Chilli with Nachos</p> <p>Baton Carrots & Tossed Salad Mashed Potato & Roast Potato</p> <p>Jam & Coconut Sponge & Custard</p>	<p>Tasty Pork Sausages with Tomato Ketchup or Gravy Or Chicken Panini & Coleslaw</p> <p>Sweetcorn & Spaghetti Hoops Chipped Pot & Mashed Pot, Salad</p> <p>Melon Wedge</p>
<p>11 September 9 October 6 November 4 December 8 January 5 February</p>	<p>Beef Bolognese with Garlic Bread Or Stuffed Bacon Roll/Bacon Slice</p> <p>Garden Peas & Cabbage Oven Baked Potato Wedges, Spaghetti</p> <p>Chocolate Cake & Custard</p>	<p>Golden Crumbed Fish Fingers Or Tex-Mex Enchilada</p> <p>Mini Corn on the Cob & Spaghetti Hoops or Coleslaw Chipped Potatoes, Pasta</p> <p>Jelly & Mandarin Oranges</p>	<p>Lunch Bunch Chicken Curry & Naan Bread Or Steak Burger & Gravy</p> <p>Garden Beans & Sweetcorn Mashed Potato, Rice</p> <p>Cornflake Biscuit & Custard</p>	<p>Roast of the Day, Stuffing & Rich Gravy Or Stuffed Chicken</p> <p>Cauliflower Cheese & Baton Carrots Mashed Potato</p> <p>Ice Cream with Wafer & Fruit</p>	<p>Oven Baked Chicken Nuggets Or Admiral's Ocean Pie</p> <p>Garden Peas & Baked Beans Chipped Potatoes & Baked Potato</p> <p>Homemade Ginger Biscuit & Fruit</p>
<p>18 September 16 October 13 November 11 December 15 January 12 February</p>	<p>Spaghetti Bolognese Or Cod Fishcake with Tomato Ketchup</p> <p>Baton Carrots & Baked Beans Mashed Potato, Salad</p> <p>Homemade Ginger Biscuit & Custard</p>	<p>Classic Margherita Pizza Or Italian Chicken & Tomato Pasta Bake & Garlic Bread</p> <p>Garden Peas & Coleslaw Chipped Potato, Mashed Potato</p> <p>Strawberry Jelly, Ice Cream & Fruit</p>	<p>Lunch Bunch Chicken Curry & Naan Bread Or Chicken Panini & Coleslaw</p> <p>Steamed Broccoli & Sweetcorn Oven Roasted Potato Wedges, Rice</p> <p>Banana Yoghurt Pot</p>	<p>Roast Chicken, Stuffing & Rich Gravy Or Beef Olive</p> <p>Baton Carrots & Savoy Cabbage Mashed Potato</p> <p>Chocolate Sponge & Custard</p>	<p>Hot Dog Or Chicken Wrap & Sweet Chilli Salsa</p> <p>Garden Peas & Spaghetti Hoops Chipped Potato, Mashed Potato</p> <p>Fresh Fruit & Yoghurt</p>

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL