

Lunch Menu Term 1

Breads
Milk, Water
A choice of Fresh
Fruit or Yoghurt
Available Daily

Rice, Pasta,
Noodles, Potatoes
and Gravy can be
served Daily

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1					
29 th Aug	Spaghetti Bolognese Or Ham & Cheese Melt	Homemade Breaded Chicken Goujons & Dip Or Chicken Wrap	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Breaded Fish Fingers	Roast Breast of Chicken Or Roast Pork	Oven Baked Sausage Or Peppered Chicken
26 th Sept	Garden Peas	Diced Carrots	Sweetcorn, Broccoli Florets	Traditional Stuffing	Garden Peas
24 th Oct	Salad Selection	Salad Selection	Mashed Potato	Fresh Diced Carrots, Broccoli Florets	Tossed Salad
21 st Nov	Pasta Salad	Herb Diced Potato	Fresh Fruit Or Fresh Yoghurt	Oven Roast Potato	Baked Beans
19 th Dec	Mashed Potato	Jelly & Ice-Cream Slice with Orange Segments	Baked Beans	Mashed Potato, Gravy	Baked Potato
16 th Jan	Sponge with Jam Topping & Custard	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Steak Burger	Italian Pasta Bake Or Fresh Breaded Fish Goujons	Rice Krispie Square & Custard	Chips
					Ice Cream Tub & Fruit Pieces
WEEK 2					
5 th Sept	Homemade Margherita Pizza	Breast of Chicken Curry with Boiled Rice & Naan Bread Or	Baked Beans	Roast Breast of Chicken Or Chicken Crumble	Chicken Nuggets Or Beef Lasagne
3 rd Oct	Ham & Cheese Pizza Or Chicken Panini	Steak Burger	Sweetcorn / Garden Peas	Traditional Stuffing	Sweetcorn
31 st Oct	Garden Peas	Broccoli Florets	Mashed Potato	Fresh Diced Carrots / Parsnip	Salad Selection
28 th Nov	Tossed Salad	Carrots	Jelly & Ice-Cream Slice Or Fresh Fruit	Oven Roast Potato	Mashed Potato
26 th Dec	Herb Diced Potato	Mashed Potato, Gravy	Homemade Breaded Chicken Goujons & Dip Or Cottage Pie	Mashed Potato, Gravy	Chips
23 rd Jan	Flake meal Biscuit & Water Melon Slice	Muffin Cake & Custard	Salad Selection	Fruit Sponge & Custard	Frozen Yoghurt & Fruit Pieces
WEEK 3					
12 th Sept	Oven Baked Breaded Fish Fingers Or Savoury Mince	Breast of Chicken Curry & Boiled Rice & Naan Bread Or Chicken Panini / Wrap	Baked Beans	Roast Gammon Or Chicken & Pasta Bake	Oven Baked Sausages Or Macaroni Cheese
10 th Oct	Carrots	Sweetcorn	Jelly & Ice-Cream Slice Or Fresh Fruit	Traditional Stuffing	
7 th Nov	Garden Peas	Broccoli Florets	Homemade Breaded Chicken Goujons & Dip Or Cottage Pie	Fresh Baton Carrots	Garden Peas
5 th Dec	Mashed Potato	Herb Diced Potato	Salad Selection	Cauliflower Florets, Mashed Potato, Oven Roast Potato Gravy	Coleslaw
2 nd Jan	Fresh Fruit Or Fresh Yoghurt	Jelly & Fruit Pieces	Baked Beans, Diced Turnip	Ginger Biscuit & Custard	Baked Potato
30 th Jan	Steak Burger Or Stuffed Bacon Roll	Pasta Bolognese Or Fresh Breaded Fish Goujons	Mashed Potato, Gravy	Roast Breast of Chicken Or Flaked Salmon Wrap	Chips
	Baked Beans	Fresh Baton Carrot	Jelly & Ice-Cream Slice Or Fresh Fruit	Traditional Stuffing	Ice Cream & Fruit Pieces
	Sweetcorn	Garden Peas	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Sausage	Broccoli Floret	Homemade Margherita Pizza Or Marinated Chicken & Vegetable Stir-Fry
	Broccoli Florets	Herb Diced Potato	Garden Peas	Tossed Green Salad	Noodles
	Mashed Potato, Gravy	Parsley Sauce	Diced Carrots	Oven Roast Potatoes	Sweetcorn, Salad Selection
	Fresh Fruit Or Fresh Yoghurt	Eton Mess (Meringue, Fruit & Yoghurt)	Mashed Potato, Gravy	Mashed Potato, Gravy	Chips
			Fresh Fruit salad Jelly	Chocolate Brownie & Custard	Ice Cream & Fruit Pieces



Fresh Fish & Chicken Nuggets May Contain Bones