

Gaelscoil Neachtain - Summer Menu 2022

school food

Try Something New Today

www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 25th April 23rd May 20th June 19th Sept 17th Oct	Oven Baked Sausages Chicken Pasta Bake Creamed Potatoes Baked Beans / Broccoli Gravy Sponge & Fruit (RMP)	Oven Baked Fish Chicken Curry & Rice/Naan Bread Creamed Potatoes Diced Carrots Gravy Chocolate Muffin Fruit Juice / Fruit (RMP)	Baked Gammon Stuffing & Gravy Dry Oven Roast/Mashed Potato Potatoes Carrots /Peas Artic Roll / Fruit (H)	Beef Bolognese Pasta Spirals Margherita Pizza Cream Potatoes Herb Diced, Peas Frozen Yoghurt/Fruit (H)	H/M Beef Burger & Bap Chicken Nuggets Creamed Potatoes Mixed Vegetables Gravy Chips Ice cream/Jelly/fruit
Week Two 2nd May 30th May 27th June 26th Sept 24th Oct	Oven Baked Fish Cottage Pie Creamed Potatoes Diced Carrots / Gravy Ice lollies Fruit wedges	Chicken Curry & Rice/Naan Bread Beef Burger Creamed Potatoes Broccoli / Gravy Fruit Muffin & Juice Fresh Fruit (RMP)	Roast Chicken Stuffing & Gravy Dry Oven Roast Mashed Potatoes Baton Carrots / Cabbage Frozen Yoghurt/Fruit (H)	Hotdog Pasta Bake Peas Cream/Herb dice Potatoes Date Cookies/Fruit/Custard (RMP)	H/M Chicken Goujons Cheese & Tomato Pizza Baked beans Chips /Gravy Mashed Potatoes Ice Cream /Jelly/Fruit (RMP)
Week Three 9th May 6th June 5th Sept 3rd Oct	Oven Baked Sausages Bee Lasagne Baked Beans / Broccoli Creamed Potatoes Gravy Fruit Muffin/Custard Fresh Fruit	Beef Burger & Bap Chicken Baguettes Peas,Gravy Mashed & Chipped potatoes Wholemeal shortbread Biscuit Fruit/Custard	Roast Chicken / Turkey Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots / Gravy Ice Cream & Jelly/Fruit (RMP)(H)	Salmon Fish Cakes Fish Fingers Chicken Tika & Rice Naan Bread / Diced Carrot Creamed/Herb Dice Potatoes Chocolate Cookie & Juice Fruit & Custard (RMP)	Margherita Pizza Bacon Stuffing Sweetcorn/Gravy Mashed Potatoes Chips Frozen Mousse Fruit Wedges
Week Four 16th May 13th June 12th Sept 10th Oct	Chicken Goujons Coage Pie Baked Beans / Broccoli Mashed Potatoes Flakemeal Biscuit / Fruit Custard	Oven Baked Fish Chicken Curry & Rice Naan Bread Creamed Potatoes, Peas. Gravy Fruit Sponge & Custard / Fruit (RMP)	Roast Pork Stuffing & Gravy Dry Oven Roast Mashed Potatoes Cabbage / Carrots Frozen Yoghurt/ Fresh Fruit (H)	Lasagne Cheese & Tomato Pizza Mashed & Chips Mixed Vegetables Orange Cookies / Fruit Custard (H)	Cheese /ham Baguettes Oven Baked Sausages Creamed/Chipped Potatoes Peas & Sweetcorn Chips Fresh Fruit Salad Ice Cream /Jelly (RMP)

Try Something New Today

May be subject to change due to factors outside our control