

# Nurturing Talent & Fulfilling Potential



## H.C.B School of Philosophy House System Winners

**Rainbow Rm:** Callum McHugh **Starlight Rm:** Daire Savage **P1F:** Harley Ray McMullan & Brian Og Wootton **P1T:** Aaron O'Neill & Oisín Young **2Q:** Oisín Gallagher & Matthew Berry **P2M:** Patrick Llewellyn & Fionn Bateson **P3M:** Kush Tierney & Jaxon Wilgaus **P3L:** Kai Slavin & Jacob Campbell **P4W:** Charlie Armstrng & James McCorry **P4M:** Aidan Toal & James Corr **P5C:** Caleb Hamill & Kieran Muldoon **P5M:** Ciaran Gormley & Pearse McCrudden **P6EJ:** Jack Coogan & Corey Smith **6MJ:** Christopher Moloney & Christopher Gormley **7H:** Callum Russell & Shaun Ingram **7M:** Kaiden McLaughlin & Michael Morgan.



**Solitude Winners:** Well done to the following boys who were selected to go to Solitude on Friday for a coaching session on the pitch with Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week **RR & P4:** Jacob McKenna, Daire Savage, Lu Clarke, Jack Moss, Noah McKerverey, Ronan Gillespie, Conlon Foster & Connor Weatherall. **P5:** Odhran Carter, Leo Murray, Fionn Johnston, Lewis Faulkner, Corey McCaffrey & Noah McKeown. **P6:** Faelan McGuckian, Jack McCabe, Riley Harper, Justin Osborne, Mason Jay Bradley & Oisín Steenson. **P7:** Ciaran McCallan, Caothan Lowry, Jack Murphy, Cian McLarnon, Fionn Kavanagh & Pearse Maguire.

**Punctuality Monitoring:** This will start next week - Monday 3<sup>rd</sup> to Friday 7<sup>th</sup> October to help target parents and pupils with difficulties in this regard. When children arrive late to school, they are at an immediate learning disadvantage as they are likely to have missed the teacher-led introduction phase of the morning lesson. We would recommend parents avail of the option to send their child to the Breakfast Club, if finding it difficult to ensure their child attends school on time.

**Philosophy:** Well done to Philosopher of the week, Eamonn for daring to think differently on - Whose fault is it anyway?

**Assemblies:** 3M presented the first School Assembly on Friday on the subject of starting the new school year. The boys performed superbly and gave some great tips to the P1-3 pupils. Congratulations to these boys who received special Vice-Principal Certificates for having an excellent start to the new school year. **1F** Jayden Reid, **1T** Luke Reid, **2Q** Fionn Wallace, **2M** Jack Maguire, **3L** Tiarnan Murphy, **3M** Lucas Saunders & Rainbow Room Callum McHugh.

**Mental Health Awareness:** Sessions will continue for P6 & 7 pupils on Thursday 29<sup>th</sup> September with specialist, Joe Watson.

**Physical Education** P6EJ, P6MJ, & M & P7H are really looking forward to their 3<sup>rd</sup> class of handball on Friday from 9.00 to 12.00noon, after a brilliant first two weeks with former three time World Senior Champion, Antrim's Fiona Shannon. Gaelfast Hurling/Gaelic Football Coaching for our Primary 4 to 7 classes will once again take place this term. Dates TBC.

**Music:** This week P7 R18 had a special visit from Jonathan Simmance from the Ulster Orchestra. The boys played Boomwhackers, learned about the orchestra and how to be a conductor. A great day was had by all!

**Swimming:** We are delighted that Swimming Lessons for the Primary 5-7 classes will recommence this year at the Falls Leisure Centre. The Primary 6 will have the first of their 8 weeks on Friday 30<sup>th</sup> September.

**PE Uniform:** We have received complaints about children having to get changed before/after Physical Education for various reasons. Therefore, like many Primary Schools, we have decided to introduce a PE Uniform for the days your child has PE. Your son can come to school for the day/s he has PE in the following: Black Jogger Bottoms, White Polo Shirt, Normal Black School Jumper with HCB Crest & Back Trainers.

**Extended Schools** will restart tomorrow, Monday 26<sup>th</sup> September. Notes and reply slips have already been sent home.

**Break:** Children can now have a small bread-based snack and a yoghurt alongside fruit and/or vegetables. The only drinks taken should be either milk or water. Bread based snacks with a sugar free filling e.g. plain bread sticks, bread rolls, sandwiches of ham, tuna, cheese etc. Scones, muffins or pancakes can be used occasionally as they contain some sugar and may cause tooth decay if taken frequently.

Under the guidance of our school nurse - NO cakes can be sent into the school to celebrate birthdays under any circumstances.

## Wellbeing Weekly

**Philosophy Question:** Do we all dream?  
**Weekly Challenge:** Can you beat a minute running on the spot?  
**Motivational Quote:** You must be the change you want to see in the world.  
**Mahatma Gandhi**



**Junior Brady-Evans**  
**John Maguire**  
**Matthew Murphy**  
**Mason Engelen**  
**Jake Mailey**  
**Eoghan Cromie**  
**Zavion Den Heijer**

## Upcoming EVENTS

- \***Primary 6 Swimming:** Week Number 1 of 8, starting on Friday 30<sup>th</sup> Sept at Falls Leisure Centre.
- \***Trainer Tuesday:** Pupils can wear their trainers on Tuesday 20<sup>th</sup> Sept for 50p
- \* **Friday Tuckshop** will take place every Friday, continuing Friday 23<sup>rd</sup> Sept 2022.
- \***Punctuality Monitoring Week** Tuesday 26<sup>th</sup> to Friday 30<sup>th</sup> Sept.
- \* **Book Fair** starts on the week beginning Monday 17<sup>th</sup> October (Details to follow).
- \***Rewarding Pupils:** Awards for Reading, Maths and Attendance at Mid-term and end of term to start on Mon 24<sup>th</sup> October.
- \***Halloween Break** for pupils will be from Thur 27<sup>th</sup> Oct to Tuesday 1<sup>st</sup> Nov inclusive. Early finish on Wed 26<sup>th</sup> Oct.
- \***Anti-Bullying Week:** - Odd Socks Day and Poster competition on 14<sup>th</sup> - 18<sup>th</sup> Nov
- \***World Philosophy Day** in 2022 is on Thursday 17<sup>th</sup> November (Focus on Plato).
- \***FLU Vaccine P1 - P7** on Wed 7<sup>th</sup> Dec 22.
- \***First Holy Communion:** Saturday 20<sup>th</sup> May, 2023 at 11am.



<b>Philosopher of the Week</b> 	<b>Sports Star of the Week</b> 	<b>Reader of the Week</b> 	<b>Mathematician of the Week</b> 	<b>Musicians of the Week</b> 	
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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 4</b>	Spaghetti Bolognaise Crusty Bread Tossed Salad 	Breaded Fish Goujons Sweetcorn Mashed Potatoes Flakemeal Biscuit & Fresh Fruit	Breast of Chicken Curry with Boiled Rice Nann Bread Garden Peas Chocolate Sponge & Custard	Roast Beef Traditional Stuffing, Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato Fresh Fruit Selection & Yoghurt	Breaded Chicken Bites Beans Chips Baked Potato Coleslaw Jelly, Ice Cream & Fresh Fruit 

YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20

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# Weekly Bulletin for Monday 26<sup>th</sup> to Friday 30<sup>th</sup> September to 2022