

Nurturing Talent & Fulfilling Potential



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H.C.B School of Philosophy House System Winners

Rainbow Rm: Seb Burns **Starlight Rm:** Thomas Boyle **P1F:** Cruz Murphy & Ruairi McLaughlin **P1T:** James McDonald & Jack O'Hare **2Q:** Conley McMahon & Jude Hyndman **P2M:** Jack Maguire & Liam Eagle **P3M:** Lennon Lindsay & Kaelann Gilvary **P3L:** Pdraig Mallon & Caolan Doherty **P4W:** Noah McKervey & Tomas Cosgrove **P4M:** Conor Moyna & Conlon Foster **P5C:** Fionn Johnston & Junior Mervyn Sharma **P5M:** Jack Hamilton & Oisín Largey Reid **P6EJ:** Cael Mullan & Caoimhin McBride **6MJ:** Christopher Gormley & Christopher Moloney **7H:** Kaeden Morgan & Aodhan Sloan **7M:** Finlay Che Gallagher & Jaye McLarnon



Solitude Winners: Well done to the following boys who were selected to go to Solitude on Friday for a coaching session on the pitch with our two current staff members, Tony Kane (Dundela FC) and Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. RR & P4: Junior Lavery, Jacob McKenna, Charlie Armstrong, Rafael Escano, Alfie Hillick, Riley Braniff, Theo Hyland, Conan McNeill, Haiden Toner & Jayden Rodgers Neill. P5: Nathan Silva Boyle, Michael Connors, Kieron Muldoon, Junior Mervyn Sharma, Oisín Moore, Jack Hamilton, Sean Murphy & Kaelan Madden. P7: Finlay Che Gallagher, Jack Murphy, Caodhan Lowry, Eoin Norney, Kieran James Foster, Aodhan Sloan, Kaedan Morgan & Stephen Murtagh.

Bookmark Competition: A huge thank you to all the boys and their parents for the amazing bookmarks they produced this year. The job of the judges was extremely challenging, as the standard was really high. Well done to the following pupils who won the overall prizes and to all the runners-up and everyone for taking part. P1 Room 2 - Brian Wooten, P1 Room 3 - Jaymie Stitt, P2 Room 4 - Roan Whelan, P2 Room 5 - Eoghan Harrison, P3 Room 10 - Kieran Og Kearns P3 Room 11 - Daniel McCluskey, P4 Room 12 - Cain Duffy, P4 Room 13 - Conor Moyna, P5 Room 14 - Reece Lagan, P5 Room 15 - Brooklyn O'Neill, P6 Room 19 - Christopher Gormley, P7 Room 18 - Finlay Che Gallagher, Rainbow Room - Edward Zi Hao and Starlight Room - Stephen Marley.

Poster Competition Winners for Mental Health Awareness: Starlight Room: Stephen Marley, Rainbow: Callum McHugh, Mrs Fegan R2: Kaison Grogan, Mrs Torbitt R3: Thomas Lean, Miss Quirk R4: Aodhan Catney: Mr Mullan R5: Fionn Bateson, Ms Lynch R10: James Waide, Mr Morrín R11: Jaxon Wilgaus, Mr Wallace R12: Jake Smyth, Mrs Mohan R13: Jake Frame-Donaghy, Mr Wallace R14: Martin Lundy, Mr Connolly R15: Piaras Watt, Mr Johnston R21: Tyler O'Halloran, Mr Jennings R19: Sean Og Copeland & Mrs McShane R18: Jamie Burns.

Philosophy: Thomas in P1 is Philosopher of the Week for daring to make the right decisions on helping others or not?

Physical Education: P6 classes will have their 3rd Gaelic/Hurling sessions with Gaelfit's head coach, Oisín McVicker on Thursday, while the School Handball Team continue to have their handball training in the Ardoyne GAA Handball court. Thank you to the Ardoyne Kickhams for the use of their excellent facilities and for their support in helping to raise the standards of Gaelic Games in the school. **Swimming:** Primary 6 will have the 6th of their 8 weeks on Fri 11th Nov. **Gaelic Football:** Under the tutelage of Mr Magennis, HCB won their opening match by two points against Bunscoil an Tseibhe Dhuibh before losing by a single point margin against Gaelscoil na BhFál. The boys will now prepare for the semi-final, having finished 2nd in their group. **Soccer Team:** Under the guidance of Mr Jennings, HCB advanced to the semi-finals of The Cyril Murray Cup with a 6 - 0 victory over St Teresa's P.S.

Counselling Service (CALM with Carole)/ Pupil Mental Health: With the help of ES funding, we have started to offer a specialist counselling service for selected pupils, every Tuesday (working individually and/or in small groups). A different class will also receive a one hour session each week to highlight the importance of dealing with emotions and mental health strategies - P6MJ on Tue 8th Nov.

Mental Health Awareness: Sessions will continue for P6 & 7 pupils on Thur 10th Nov with specialist, Joe Watson.

Rewarding Pupils: Awards were given out before the break to pupils who have had an excellent start to the new school year with attendance, AR/ Reading & Mental Maths. <https://www.holycrossboys.com/latest-news/news/hcb-mid-term-award-winners-for-attendance-reading-and-numeracy/>

Extended Schools: Extended Schools (Block 2) will start tomorrow, Mon 7th Nov. Please see ES Timetable/Dates using the following link:

https://storage.googleapis.com/siteassetswd/684/docletter/20221027120540_25_202223ESDATESTIMETABLE.pdf

Corridor Displays: We are very proud of the standard of the Corridor Displays in HCB and we want to thank all the teachers, classroom assistants and the pupils for the superb work that has went into them. <https://www.holycrossboys.com/latest-news/news/corridor-displays-in-hcb/?p=1&tags=1081>

Mindfulness and Aromatherapy: A huge thanks to Donna Hawkins, as P7H had the 1st of their 3 sessions on Friday. The boys loved every minute of it.

Japanese Award for Young Plato: Finally, HCB are honoured to announce that Young Plato has won the Japanese Prize in the category Lifelong Learning awarded by The Governor of Tokyo. This important award, presented by NHK the national Japanese broadcaster, is given to films and tv programmes that expand the possibilities of education. <https://www.holycrossboys.com/latest-news/news/young-plato-has-won-the-japan-prize-in-the-category-lifelong-learning-awarded-by-the-governor-of-tokyo/>

Wellbeing Weekly

Philosophy Question: Are we free to do whatever we want?

Weekly Challenge: Have a nice bubble bath.

Motivational Quote: Positive anything is better than negative thinking. A Elbert Hubbard.

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Upcoming Events

Primary 6 Swimming: Week Number 6 of 8, starting on Friday 11th Nov at Falls Leisure Centre.

Trainer Tuesday: Pupils can wear their trainers on Tuesday 8th Nov for 50p

Hygiene talks for P6 & P7 children with Angela (School Nurse) on Tue 8th Nov.

Friday Tuckshop will take place every Friday, continuing Friday 11th Nov 2022.

P4 Trip Friday 11th November

CRIS 3L R10 in hall (Wed 9 Nov 22)

Rewarding Pupils: Awards for Reading, Maths and Attendance for term 1 on Wed 14th December 2022.

Anti-Bullying Week: - Odd Socks Day (14thNov) and Poster competition on 14th - 18th Nov.

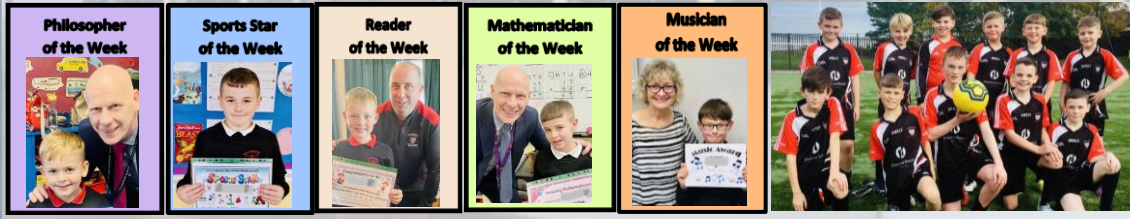
World Philosophy Day is on Thursday 17th November (Focus on Plato).

P5 Trip: Waterfront Hall on Mon 21 Nov to attend a Primary Schools Concert with the Ulster Orchestra.

FLU Vaccine P1 - P7 on Wed 7th Dec 22.

First Holy Communion: Sat 20th May, 2023 at 11am.

Christmas Holidays: Pupils will finish earlier on Wed 21st Dec and return for Term 2 on Mon 9th Jan 2023 at the normal times.



	Monday 7 th Nov	Tuesday 8 th Nov	Wednesday 9 th Nov	Thursday 10 th Nov	Friday 11 th Nov
Lunch Menu	Spaghetti Bolognaise Crusty Bread Tossed Salad Melon, Cheese & Crackers	Breaded Fish Goujons Sweetcorn Mashed Potatoes Flakemeal Biscuit & Fresh Fruit	Breast of Chicken Curry with Boiled Rice Nann Bread Garden Peas Chocolate Sponge & Custard	Roast Beef Traditional Stuffing, Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato Fresh Fruit Selection & Yoghurt	Breaded Chicken Bites Beans Chips Baked Potato Coleslaw Jelly, Ice Cream & Fresh Fruit

YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20

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