

Nurturing Talent & Fulfilling Potential



Phone: 02890-351032 holycrossboys@hotmail.com Twitter: @HolyCrossBoys FB: Holy Cross Boys' PS www.holycrossboys.com

H.C.B School of Philosophy House System Winners



Rainbow Rm: Ardan McGowan **Starlight Rm:** Jacob McKenna **P1F:** Kaison Grogan & Sean Fennell **P1T:** Luthando anderson & Lenni Smith **2C:** Jordan McMullan-McGrattan **P2M:** Charlie McNally & Noah Prenter **P3M:** Reilly Cole & Martin McClafferty **P3L:** Kenzie Morgan & Jude Butler **P4W:** Leyton Smith & Noah Mc Kervey **P5C:** Aodhan McCaul & Lorcan Timmons **P5M:** Danny O'GDonald & Kaelem Madden **P6EJ:** Cormac Magee & Mark McConnell **MJ:** Joe Thompson & Josh Lyttle **7H:** Ciaran Toman & Rhys Reilly **7M:** Ethan Hall & Caden McTasney

Solitude Winners: Well done to the following boys who were selected to go to Solitude on Friday for a coaching session on the pitch with our two current staff members, Tony Kane (Dundela FC) and Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. Starlight: Harlee Cooke-Faulkner & Thomas Boyle. P5: Aodhan McCaul, Caoimhin McGarry, Caleb Hamil, Jay Dilucia, Finnarr Johnston, Ethan Maguire, Caiden McKinney, Rio Lawlor, Mason Engelen, Michael Burns, Eoghan Cromie, Martin Lundy, P7: Ciaran Moyna, Aidan Murphy, Jude Kelly, Conghal McTasney, Jaye McLarnon & Ethan Hall.

Anti-Bullying Week: Next week is Anti-Bullying Week and we will be doing activities throughout the week to highlight this. Odd Socks Day marks the start of Anti-Bullying Week tomorrow, Mon 14th Nov. It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique! All you have to do to take part is wear odd socks to school! Poster Competition: The boys will design a poster on the theme of anti-bullying (as a class activity or as a homework during next week). We will visit the classes on Friday 18th Nov to give the winner in each class a prize and get a picture of him with his winning poster. The winning posters will be used for our Anti-Bullying display in the school and will also be shared on www.holycrossboys.com

Pudsey Bear Day is on Fri 18th Nov 2022. Pudsey will visit HCB in the morning. This will be a non-uniform day. We are encouraging pupils to wear something with spots or pyjamas, or just brightly coloured clothes and bring in £1.00 each for charity. **Philosophy:** Jay from P5C gets Philosopher of the Week from his critical thinking on the brain and the mind! **Physical Education:** P6 classes will have their 4th Gaelic/Hurling sessions with Gaelfit's head coach, Oisín McVicker on Thursday, while the School Handball Team continue to have their handball training in the Ardoyne GAA Handball court. The School Gaelic football team (under the guidance of Mr Magennis) will play their semi final against on Wed 16th Nov. Thank you to the Ardoyne Kickhams for the use of their excellent facilities and for their support in helping to raise the standards of Gaelic Games in the school. The School Soccer team (Under the guidance of Mr Jennings) will contest the semi-final of the Cyril Murray Cup against holy Child PS in the coming weeks. The boys will also play Our Lady Queen of Peace P.S in the 2nd round of the Belfast Schools Year 7 (9 a-side) in November. Swimming: Primary 6 will have the 6th of their 8 weeks on Fri 18th Nov (Swimming was cancelled last week due to issue with swimming pool). Sonal Sports will have their 2nd of 6 sessions with the P4 and P5 Classes on Thursday morning in the community Centre: P4W R12: 9.30to10.00am, P5C R15: 10.00 to 10.30am, P5W R14: 10.30 to 11.00am and P4M R13: 11.00 to 11.30am.

Counselling Service (CALM with Carole)/ Pupil Mental Health: With the help of ES funding, we have started to offer a specialist counselling service for selected pupils, every Tuesday (working individually and/or in small groups). A different class will also receive a one hour session each week to highlight the importance of dealing with emotions and mental health strategies – P6R19 Tue 15th Nov.

Mental Health Awareness: Sessions will continue for P6 & 7 pupils on Thur 17th Nov with specialist, Joe Watson. **Extended Schools:** Extended Schools (Block 2/Week 2) will start tomorrow, Mon 14th Nov. Please see ES Timetable/Dates using the following link: https://storage.googleapis.com/siteassetswd/684/docletter/20221027120540_25_202223ESDATESTIMETABLE.pdf

Mindfulness and Aromatherapy: A huge thanks to Donna Hawkins, as P7H had the 2nd and 3rd sessions last week, as they prepared for their GL Assessment on Saturday. The boys loved every minute of it.

Hygiene Talk: Thank you to our School Nurse, Angela, for visiting the Primary 6 and 7 classes today to provide a very worthwhile and informative awareness session on the importance of personal hygiene. The boys thoroughly enjoyed the discussion and in particular, the interactive demonstrations. Thank you Angela!

TTR Book Launch: We were delighted with the huge at the Houben Centre last Friday when Mr McAreevy launched his highly anticipated book, Think Think Respond (TTR) Philosophy in Holy Cross Boys'. TTR was Mr McAreevy's vision to provide a book which would help and support schools to effortlessly infuse philosophy into their curriculum. Thank you to our compere, Nuala McKeever (Actor/Comedian) and guest speakers, Aidan Donaldson (Author), Dr Séamus Ó Donnghaile (Principal Bunscoil Mhic Reachtain), Brian McKee (Chaplain HCB and Author) and Dr Jeremy Watkins (Philosophy Lecturer at QUB. Copies are available at the school and all proceeds go to school funds.

Wellbeing Weekly

Philosophy Question: If you believe it to be true, is it?
Weekly Challenge: No screen time until after 6.00pm all this week.
Motivational Quote: The best way to predict the future is to create it.
Abraham Lincoln



Jaxson Bittles
Cillian Maguire-Gearon
Faelan McGuckian
Harrison Conlon
Harlee Cooke-Faulkner
Oisín Largey Reid

Upcoming Events

Primary 6 Swimming: Week Number 7 of 8, starting on Friday 11th Nov at Falls Leisure Centre.
Trainer Tuesday: Pupils can wear their trainers on Tuesday 15th Nov for 50p
Friday Tuckshop will take place every Friday, continuing Friday 18th Nov 2022.
Rewarding Pupils: Awards for Reading, Maths and Attendance for term 1 on Wed 14th December 2022.
Anti-Bullying Week: - Odd Socks Day (14th Nov) and Poster competition on 14th - 18th Nov.
World Philosophy Day is on Thursday 17th November (Focus on Plato).
P5 Trip: Waterfront Hall on Mon 21 Nov to attend a Primary Schools Concert with the Ulster Orchestra.
FLU Vaccine P1 - P7 on Wed 7th Dec 22.
First Holy Communion: Sat 20th May, 2023 at 11am.
Christmas Holidays: Pupils will finish earlier on Wed 21st Dec and return for Term 2 on Mon 9th Jan 2023 at the normal times.



	Monday 7th Nov	Tuesday 8th Nov	Wednesday 9th Nov	Thursday 10th Nov	Friday 11th Nov
	Pasta Bolognaise Crusty Bread Sweetcorn	Salmon Fish Cake/Breaded Fish Baked Beans Mashed Potato	Bread of Chicken Curry with Boiled Rice & Nann Bread Garden Peas	Roast Breast of Chicken Traditional Stuffing & Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato	Burger in a Bap Coleslaw Tossed Salad Chips Baked Potato
	Raspberry Ripple Ice Cream & Fresh Fruit Chunks	Frozen Smoothies & Fish Fruit	Fruit Sponge & Custard	Popcorn Cookies and Watermelon Chunks	Fresh Fruit Selection & Yoghurt

YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20

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