

Nurturing Talent & Fulfilling Potential



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H.C.B School of Philosophy House System Winners

MILL 1Q: Louie Muir & Tommy Mooney 1T: Shea McKee & Conor Mahony 2F: Seamus Burns & Jack McNally 2M: Fionn Harrison & Harley Jay Kane 3Mc: Roman McGrath & Leon Mailey 3Mo: Lorchan Lavery & Odhran McGranaghan 4W: Leo Cosgrove & Leon McGivern 4M: Kenzie Morgan & Kai Slavin 5W: Donal Lindsay & Michael Ferry 5C: Jake Rosborough Barnes & Eamonn Burns 6M: Jack Hamilton & Caoimhin Catney 6EJ: Eoghan Cromie & Leon Shannon 7L: Patrick Valliday & Michael John Nugent 7H: Barra Quinn & Oisín Brennan Starlight: Stephen Marley RR: Caleb Roobinson

ARISTOTLE
PLATO

Solitude Winners: Well done to the following boys who were selected to go to Solitude on Friday 29th September 2023 for a coaching session on the pitch with our two current staff members, Hollie Mailey and Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. **Starlight Rm/P4:** Conor Davey, Daire Savage, Cain Reid, Jaxon Wilgaus, Ollie Maguire, Fiachra McComb, Daniel Foster, James Waide, Kai Slavin & James Rodgers. **P5:** Jake Mailey, Ronan Gillespie, Jamie McGonnell, Jayden Rodgers Neill, Cain Duffy, James O'Neill, Tomas Cosgrove & Oscar Altas. **P6: (At Swimming - Week 2).** P7: Josh Lyttle, Christopher Gormley, Mason Bradley, Christopher Maloney, Tiernan Graham, Jake Patterson, Coalan Dunlop & Barra Quinn.

European Languages Day: HCB celebrated European Languages Day last Tuesday and the boys took part in lots of fun activities as well as learning some words in other languages. Thank you to Miss Quirk (Coordinator) for organising a fabulous day for all. The following boys received their tuckshop vouchers for winning their class poster competition: 1Q Brandon Adams, 1T Carter Baker, 2F Cillian Cosgrove, 2M Aaron O'Neill, 3Mc Jack Orji Maguire, 3M Aodhan Catney, 4W Logan Russell, 4M James Rodgers, 5W Oscar Altas, 5C Kai Baker, 6M Caoimhin Catney, 6J Ethan Rowles, 7L Oisín Steenson, 7H Cael Mullan, RR James & Starlight Room Thomas Boyle.

Punctuality Monitoring: Pupils who were coming to school late on a regular basis were on a Punctuality Report Card last week. If this issue persists, then we will organise a meeting with the parent/guardian. We would recommend parents avail of the option to send their child to the Breakfast Club if finding it difficult to ensure their child attends school on time. **Breakfast Club** opens at 8:00am in the school canteen and costs of £1 per morning (includes cereal, toast and a drink). **Wednesdays are always FREE for all pupils** and we give out Tuckshop and Breakfast Club vouchers every Wednesday.

Philosophy: Philosopher of the week goes to Gerard for daring to think differently on Choices.

Numeracy Parent Workshop: Mr Morrin (Numeracy Coordinator) <https://www.holycrossboys.com/latest-news/news/maths-with-morrin/>

Music: Singing Practice for P1-3 on Fridays @11.00 to 11.30am and P4-7 on Thursdays @11.10 to 11.40am. Classes & Peripatetic lessons on flute, violin, brass, cello & bassoon continue weekly.

Mental Health Awareness: The 3rd session for P6 & 7 pupils will be on Thursday 5th October with specialist, Joe Watson.

Physical Education: Swimming for Primary 6 (Week 3) takes place on Friday 6th October 2023 at the Falls Leisure Centre and the focus for the first Physical Education theme for September/October is dance. Thanks to Oisín @gaelfit for our hurling training for P3 & 4. **GaelFit** coaching (6 weeks) continues **Wed 4th October** for P3 & 4 classes (Week 3) and **Multipoint Games** at the Ardoyne Community Centre with **Community Sports Network** on Thursdays for 6J (10.10-10.30), 6M (10.30-11.00), 7H (11.00-11.30) and 7L (11.30-12.00). P5 classes will have **Gaelfast** lessons on Tuesdays 5W R14 @1.10-1.50pm and 5C R14 @1.50-2.30pm. The school football face St. Joseph's, Ballyhackamore in the EDCO U11 Cup on **Friday 6th October at Solitude @12.30pm.**

Sport Changes Life - Honour Roll Programme: The programme will be 8 weeks based around the transition from Primary 7 to first year. The 2nd of the 8-week programme is on tomorrow, **Monday 2nd October** for P7L R18 and P7H R20. The workshops are based around both personal development and good relations and will cover a range of topics from hopes and fears, anti-bullying, online safety, healthy lifestyles, team building, Olympic and Paralympic games and values and goal setting.

Extended Schools is fully up and running (with Week 3 starting tomorrow, **Mon 2nd Oct 2023** and the boys are loving the variety of activities that are available this year, including Mini-Soccer, ICT/Podcasting Club, Guitar, Arts and Craft, French, Table Tennis, Science Investigations, Spanish, Irish, Multi Sports, Mental Health Awareness, Gaelic Football, ASD HW Club, Handball, Soccer, Nature Studies, Drum Kit and our Peer Mentoring Programme in conjunction with Ardoyne Youth Club. Thank you to Mrs Torbitt (ES Coordinator) for organising a comprehensive programme for 2023/24.

<https://www.holycrossboys.com/latest-news/news/extended-school-at-hcb/>

School Holidays for 2023/24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230309120136_15_HCB_School_Holidays_for_Parents_2023-2024.pdf

HCB Healthy Eating Policy: https://storage.googleapis.com/siteassetsswd/684/docletter/20220705104703_11_Healthy_Eating_Policy.pdf

Wellbeing Weekly

Philosophy Question: Does everything change?
Weekly Challenge: How many times can you throw a ball against a wall and catch it in a minute?
Motivational Quote: The best way to cheer yourself up is to try and cheer somebody else up. Mark Twain

Happy Birthday

Cael O'Hanlon, Conal O'Hanlon, Aodhan Perry, Gavin Dewar, Leon Mailey, Zavion Den Heijer, Reilly Shea Fahy Cole, Thomas Braniff, Jake Mailey, Eoghan Cromie, Junior Mervyn-Sharma & Jack Coogan.

Upcoming Events

- ***Trainer Tuesday:** Pupils can wear their trainers on Tuesdays for 50p, starting **Tue 3 Oct.**
- FREE** entry to the **Breakfast club** on **Wed 4 Oct** for P2-7 pupils from 8am.
- ***Friday Tuckshop:** will take place every Friday, continuing on **Friday 6 Oct.**
- ***P1-P7 Intranasal fluenz Tetra vaccine** on **Friday 13th October.**
- ***Solitude Friday Visits** on **Friday 6 Oct.**
- ***World Mental Health Day:** Mon 9th, Tue 10th and Wed 11th Oct. Class massage and relaxation visits with Donna.
- ***Book Fair** starts on the week beginning Monday 16th October (Details to follow).
- ***Rewarding Pupils:** Awards for Reading, Maths and Attendance at Mid-term and end of term to start Monday 23rd October.
- ***P7H Relaxation and Therapy sessions** with Donna Hawkins on Wed 8, Wed 15, & Fri 24 Nov (mornings).
- ***Halloween Break** Halloween Break from Thur 26th Oct to Wed 1st Nov inclusive. Early finish on Wed 25th Oct (P2, 4 and 6 finish 11.45am, P3, 5 and 7 finish 12.00pm. RR, SR and P 1 will finish at 11.30am.
- ***Anti-Bullying Week:** Mon 13th - Fri 17th November.
- ***World Philosophy Day** is on Thur 16th Nov 2023 (Focus on Aristotle).

European Languages Day



Solitude Weekly Winners



Extended Schools at HCB



Reader of the Week 	Sports Star of the Week 	Mathematician of the Week 	Philosopher of the Week 	Musician/s of the Week 	Healthy Eating Ambassador
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	Monday 2 nd Oct	Tuesday 3 rd Oct	Wednesday 4 th Oct	Thursday 5 th Oct	Friday 6 th Oct
	Pizza, Spaghetti Hoops & Chips. Jelly and Fruit.	Savory Mince, Baton Carrots & Mashed Potato. Jelly & Fruit.	Chicken Curry & Naan Bread, Sweetcorn & Steamed Rice. Date Fudge & Custard.	Roast of the Day, Stuffing & Rich Gravy, Peas, Baton Carrots Mashed Potato/ Oven Roast Potato. Ice-Cream.	Oven Baked Chicken Goujons, Baked Beans & Chips. Homemade Biscuit.

YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20
RR	8.45	2.00	12.30
SL	8.45	2.30	12.30

HCB Weekly Bulletin for Monday 2nd to Friday 6th October 2023

Dinner Menu 2023-24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230831013823_74_Dinner_Menu_September_2023.pptx