

# Nurturing Talent & Fulfilling Potential



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## H.C.B School of Philosophy House System Winners

- 1Q:** Jay Burns & Jay James Corrigan **1T:** Noah Slavin & Kylian Murray **2F:** Caolan Watt & Ethan Trainor  
**2M:** Saul Gormley & Lucas Teggart **3Mc:** Conanmilligan & Fionn Bateson **3Mo:** Eamonn Magee & Jude Lagan  
**4W:** Daniel McCluskey & Harley Boyle **4M:** Jacob Campbell & Daniel Beattie Bowen **5 W:** Lewis Campbell & Giovanni Tchuda **5C:** Conlon Foster & Patrick O'Neill **6M:** Oisín Moore & Odhran Carter **6EJ:** Alex Cameron & Logan Kennedy  
**7L:** Christopher Gormley & Josh Lyttle **Starlight:** Stephen Marley **RR:** James Engelen



**Solitude Winners:** Well done to the following boys who were selected to go to Solitude for a coaching session on the pitch on **Friday 17<sup>th</sup> November** with our two current staff members, Tony Kane and Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. **Starlight Rm/P4:** Daire Savage, Dylan Og Kelly, Liam Robinson, Kush Tierney, Leo Morgan, Martin Shortt, Daniel Beattie-Bowen & Charlie McDonald. **P5:** Lorchain Varndell Keenan, Nathan Ewing, Conor Moyna, Lu Daire Clarke, Jayden Davey, Christy Engelen & Jake Smyth. **P6:** Eoghan Cromie, Alex Cameron, Danny Og Mullan, Nathan Silva, Junior Sharma & Anthony Conlon. **P7:** Justin Osborne, Sean Og Copeland & Michael John Nugent.

**Teachers' Industrial Strike Action** on **Wednesday 29 November 2023:** Many of you will be aware that teachers will take Strike Action on **Wednesday 29th November 2023**. We advise that all pupils should remain at home on this morning and arrive to school at **12noon** for their dinner. Due to the change of times, the usual dinner has been changed to Fish Fingers, Chips and a Biscuit.

**The NSPCC Speak Out/Stay Safe Programme** was delivered by the NSPCC volunteers this week to the P6 & P7 classes. This was very informative and helped the boys understand child protection and who to contact if they don't feel safe, including the Childline service <https://www.childline.org.uk/kids>. The boys were fully engaged in this workshop and discussed abuse in all its forms and how to recognise the signs of abuse, that abuse is never a child's fault, and they have the right to be safe, where to get help and the sources of help available to them.

**Mindfulness and Aromatherapy:** A huge thanks to Donna Hawkins, as P7H had the last of their 3 sessions on Friday, as they prepared for their 2nd SEAG GL Assessment yesterday, Saturday 25th Nov. The boys loved every minute of it.

**Anti-Bullying Week:** During Anti-Bullying Week, we highlighted the Anti-Bullying message, and the teachers did many other activities throughout the week to remind the boys that we have a zero-tolerance approach to bullying and any reported incidents are taken very seriously.

We concluded the week with our annual Anti-Bullying Poster Competition. Congratulations to these boys who received a tuckshop voucher for the best Anti-Bullying Poster in each class from Mr McAreevy. Well done boys! **1Q:** Louie Muir, **1T:** Shane Og Johnston, **2F:** Caolan Watt, **2M:** Brody Oliver, **3Mo:** Oisín Colohan, **3Mc:** Odhran McGranaghan, **4W:** Kush Tierney, **4M:** Jacob Campbell, **5W:** James McCorry, **5C:** Kaiden Boothman, **6MJ:** Odhran Carter, **6EJ:** Noah McKeown, **7L:** Junior Brady Evans, **7A:** Alfie O'Hare, Rainbow Eoghan Finnegan & Starlight Stephen Marley & Junior Lavery.

**HCB Anti-Bullying Ambassador Team:** We also formed our new HCB Anti-Bullying Ambassador Team, which will start tomorrow, Monday 27<sup>th</sup> November in the Primary 1 to 3 Play Zones to assist the staff member on duty.

**CRIS (Community Relations in Schools) P3Mc** are then away to Glenwood @9.15am on **Tuesday 28<sup>th</sup> November 2023**.

**HCB Open Day** for prospective P1 pupils in September 2024 will be on this **Tuesday 28<sup>th</sup> November 2023** in the school hall for **9.30am**. Thank you to Mr Morrin (Community Links Coordinator) for putting this fantastic video together alongside Bayview Media. <https://vimeo.com/bayviewmedia/download/773437133/bc6217cfe5>

**P1-3 Christmas Show:** Our annual P1-3 Christmas Show will take place on **Wednesday 14<sup>th</sup> and Thursday 15<sup>th</sup> December** at 10.00am. Details to follow.

**Counselling Service:** With the help of ES funding & the PHA, we are now offering a specialist counselling service for selected pupils on Mondays (Mental Health Movement at the Marrowbone Hub) thanks to Caoimhin McNulty and on Wednesdays in the school with Anne.

**Physical Education:** Year 7 will start their 8 week swimming programme after Christmas on **Friday 12<sup>th</sup> January 2024**. The focus for the 2<sup>nd</sup> Physical Education theme for November/December is Gymnastics. Multi-sport Games at the Ardoyne Community Centre with Community Sports Network continues on Thursdays for 6J (10.10-10.30), 6M (10.30-11.00), 7H (11.00-11.30) and 7L (11.30-12.00). Year 5 will have week 2 of their handball programme with Gaelfit's Oisín on Thursdays in the school hall. P5 classes will also have Gaelfast lessons on Tuesdays 5W R14 @1.10-1.50pm and 5C R14 @1.50-2.30pm.

**Breakfast Club** opens at 8:00am in the school canteen and costs of £1 per morning (includes cereal, toast and a drink). Wednesdays are always **FREE** for all pupils, and we give out Tuckshop and Breakfast Club vouchers every Wednesday. **BREAKFAST CLUB WILL BE FREE TO ALL PUPILS IN TERM 2.**

**Music:** Singing Practice for P1-3 on Fridays @11.00 to 11.30am and P4-7 on Thursdays @11.10 to 11.40am. Classes & Peripatetic lessons on flute, violin, brass, cello & bassoon continue weekly. The HCB choir, under the guidance of Mrs Martin, will perform at the Christmas Carol fest in St. Anne's Cathedral on Friday 1<sup>st</sup> Dec 2023.

**Mental Health Awareness:** The next session for P6 & 7 pupils will be on **Thursday 30<sup>th</sup> November @9.30 to 10.30am** with specialist, Joe Watson.

**Extended Schools** Block 2/Week 4 will start tomorrow, **Monday 27<sup>th</sup> to Friday 1<sup>st</sup> December** and end on Week beginning **Monday 4<sup>th</sup> to Friday 8<sup>th</sup> December 2023**.

**School Holidays 23/24** [https://storage.googleapis.com/siteassetsswd/684/docletter/20230309120136\\_15\\_HCB\\_School\\_Holidays\\_for\\_Parents\\_2023-2024.pdf](https://storage.googleapis.com/siteassetsswd/684/docletter/20230309120136_15_HCB_School_Holidays_for_Parents_2023-2024.pdf)

**HCB Healthy Eating Policy:** [https://storage.googleapis.com/siteassetsswd/684/docletter/20220705104703\\_11\\_Healthy\\_Eating\\_Policy.pdf](https://storage.googleapis.com/siteassetsswd/684/docletter/20220705104703_11_Healthy_Eating_Policy.pdf)

### Wellbeing Weekly

**Philosophy Question:** Are the mind and the brain the same thing?

**Weekly Challenge:** Find a space and listen to your favourite song.

**Motivational Quote:** Where so ever you go, go with all your heart.  
Confucius

### Happy Birthday

**Leighton Brady, Darragh Bunting, Leo Morgan, Leyton Smith, Rhys Ewing, Riley Harper & Sebastian Burns.**

### Upcoming EVENTS

**Trainer Tuesday:** Pupils can wear their trainers on **Tuesday 28 Nov** for 50p.

**Breakfast Club FREE** entry on **Wed 29 Nov** for P2-7 pupils from 8am.

**Tuckshop:** will take place this **Fri 1<sup>st</sup> Dec**.

**Solitude Friday Visits** on **Friday 1<sup>st</sup> Dec**.

**Hygiene Talks** with School Nurse Angela for Year 6 & 7 on **Tue 28 Nov** at 9.00am

**CRIS:** P3Mc R10 away to Glenwood @9.15am on **Tuesday 28<sup>th</sup> Nov** 2023.

**TRIPS:** Year 4 to Waterfront Hall (Ulster Orchestra) on tomorrow, **Mon 27 Nov**.

**OPEN DAY** for prospective P1 pupils in September 2024 on **Tue 28<sup>th</sup> Nov @9.30am**

**Soccer Team** to play St. Michael's P5 on **Mon 11<sup>th</sup> Dec** at 2.00pm (TBC)

**Rewarding Pupils:** Awards for Reading, Maths and Attendance at end of term 1 on **Monday 18<sup>th</sup> Dec 2023**.

**\*P1-3 Christmas Show:** Parents Day 1 on **Wed 13<sup>th</sup> & Day 2 on Thur 14<sup>th</sup> Dec 23**

**\*Santa visit (P1-4) & Christmas Jumpers** (All pupils) & Christmas carol service (1.30pm) in church on **Tue 19<sup>th</sup> Dec 2023**

**Christmas Dinner/Christmas Jumpers** (all pupils) on **Wed 20<sup>th</sup> Dec 2023**.

**Christmas Holidays:** Pupils will finish earlier on **Thur 21<sup>st</sup> Dec** and return for Term 2 on **Mon 8<sup>th</sup> Jan 24**.

**Holy Communion** on **Fri 17 May 24 @ 11am**.



**Reader of the Week**

**Sports Star of the Week**

**Mathematician of the Week**

**Philosopher of the Week**

**OPEN DAY**

HOLY CROSS BOYS' TUESDAY 28th NOVEMBER 9.30am

FOR PARENTS & GUARDIANS OF P1 PUPILS FOR 2024

**Musician/s of the Week**

	Monday 27 <sup>th</sup> Nov	Tuesday 28 <sup>th</sup> Nov	Wednesday 29 <sup>th</sup> Nov	Thursday 30 <sup>th</sup> Nov	Friday 1 <sup>st</sup> Dec
<b>Lunch Menu</b>	Pizza, Spaghetti Hoops & Chips. Jelly and Fruit.	Savory Mince, Baton Carrots & Mashed Potato. Jelly & Fruit.	<b>Pupils start at 12noon</b> Fish Fingers, Chips and Biscuit.	Roast of the Day, Stuffing & Rich Gravy, Peas, Baton Carrots Mashed Potato/ Oven Roast Potato. Ice-Cream.	Oven Baked Chicken Goujons, Baked Beans & Chips. Homemade Biscuit.

Dinner Menu 2023-24 [https://storage.googleapis.com/siteassetsswd/684/docletter/20230831013823\\_74\\_Dinner\\_Menu\\_September\\_2023.pptx](https://storage.googleapis.com/siteassetsswd/684/docletter/20230831013823_74_Dinner_Menu_September_2023.pptx)

YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20
RR	8.45	2.00	12.30
SL	8.45	2.30	12.30

# HCB Weekly Bulletin for Monday 27<sup>th</sup> to Friday 1<sup>st</sup> December 2023