

# Nurturing Talent & Fulfilling Potential



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## WELCOME BACK TO HCB FOR THE NEW SCHOOL YEAR 2024-2025

**NEW School Term:** Welcome back to all our pupils and a special welcome to our new Primary 1 pupils for the new school term. We would like to thank all of our pupils, parents and staff for working so well together last week to help make the transition back to school after the summer holidays as easy as possible for everyone involved.

**Solitude Winners:** We are delighted that we will have the use of the facilities at Solitude (for the 5<sup>th</sup> successive year) every Friday as a reward for our P4-7 pupils who display an outstanding effort with their behaviour and their attitude at school. This will start on Friday 6<sup>th</sup> Sept and the lucky 26 boys will go along with our two staff members and local football stars Tony Kane and Joe Gormley (Cliftonville FC). Thanks so much to Cliftonville FC and especially Imelda Pettigrew for helping to organise this treat for the boys.

**School of Philosophy House Winners:** As in previous years, in each of our classes will win certificates for displaying positive behaviour and trying hard with all areas of school life on a weekly basis. This will start tomorrow and the 32 boys will receive their certificates and Tuckshop Voucher (50p) every Friday, starting next Friday 6<sup>th</sup> September.

**Parent Reminder:** Parents (P2-7) are not permitted beyond the school gates in the morning time due to the pupils lining up to go into their respective class lines.

**Philosophy:** Another year beckons for the HCB School of Philosophy and we are excited as we dare to think differently using our many philosophical themes. Stay posted to be inspired as the creative, critical and caring thinking will flow throughout the HCB building!

**Music:** Class & Peripatetic lessons on flute, violin, brass, cello & bassoon will be starting again in the coming weeks.

**Mental Health Awareness:** The first session for P6 & 7 pupils will be on Thursday 5<sup>th</sup> September with specialist, Joe Watson.

**Physical Education:** PE Coordinator, Mr Johnston has completed the PE timetable and classes will commence this week. All pupils should wear their full P.E Uniform on their P.E days: **Black Jogger Bottoms, White Polo Shirt, Normal Black School Jumper with HCB Crest & Black Trainers. Swimming** for Primary 6 will start on Friday 20<sup>th</sup> September 2024 at the Falls Leisure Centre and the focus for the first Physical Education theme for September/October is **dance**. School teams for Gaelic Football (Mr McEvoy), Soccer (Mr Mullan), Handball (Mr Ferrin) and Table tennis (Mr Ferrin) will also commence soon.

**Extended Schools:** We will restart our Extended Schools Programme on Monday 23<sup>rd</sup> Sept – Friday 22<sup>nd</sup> Nov (Block 1) ES Coordinator, Mrs Dawson will send home notes/reply slips in the coming weeks with the boys, detailing our extensive list of activities, including Sports (Multi-Sports, Soccer, Handball, Table tennis and Gaelic Football), Languages (Irish, French and Spanish) and Musical instruments (drums and guitar). We will also have iPad classes, Nature Studies, Science Investigations & Arts and Crafts. ES funding is also inclusive of our Counselling Service for this academic year. It is planned to resume in September and will run for the majority of school year with Anne O'Kelly.

**School Lunches:** Reminder: If a child is eligible for a Free School Meal (FSM), you need to reapply on the [eani.org.uk](http://eani.org.uk) website.

<https://www.eani.org.uk/financial-help/free-school-meals-uniform-grants/apply-for-free-school-meals-uniform-grants> Click on the following link for

**Healthy Eating Policy:** [https://storage.googleapis.com/siteassetswd/684/docletter/20220705104703\\_11\\_Healthy\\_Eating\\_Policy.pdf](https://storage.googleapis.com/siteassetswd/684/docletter/20220705104703_11_Healthy_Eating_Policy.pdf)

**Pupil Information and Consent Form:** Please ensure that you complete and sign this form (sent home last Wednesday) to ensure that we have all relevant and up to date details for you and your son (if you have not already done so). NB: Please contact the school asap if you have any medical issues/concerns regarding your son that the school should know about.

**Breakfast club** started last Wednesday 28<sup>th</sup> August for P2-7 and will start on Monday 23<sup>rd</sup> September for Primary 1. The Breakfast Club opens at 8:00am in the school canteen and is **FREE for Term 1** (includes cereal, toast and a drink).

**Feast of the Holy Cross:** P4-7 pupils will attend the mass in Holy Cross Church on Friday 13<sup>th</sup> September and return to the school afterwards. Pupils will finish early on Monday 16<sup>th</sup> September 2024 to celebrate the Feast of the Holy Cross. All classes will finish at 11.00am. There will be no dinners and no homework.

**Parent Curriculum Evening:** Teachers will prepare a video and send via relevant class apps to parents on Wed 4<sup>th</sup> Sept. This will also be uploaded to the School Website. P6H R20 will have parents on Tues 3<sup>rd</sup> Sept at 3pm in the hall & P7J R21 (Mr Johnston) will have parents on Wed 4<sup>th</sup> Sept at 3pm in the hall.

**New Homework Diaries:** The boys will receive their new Homework Diaries tomorrow. Please spend some time going over them with the boys and enjoy your 40 weeks of the Well-being log!

**School Holidays 24/25** [https://storage.googleapis.com/siteassetswd/684/docletter/20240305021858\\_73\\_HCB\\_Holidays\\_](https://storage.googleapis.com/siteassetswd/684/docletter/20240305021858_73_HCB_Holidays_)



## Wellbeing Weekly

**Philosophy Question:** Would you swap lives with your dog/cat for a day?

**Weekly Challenge:** Make a new friend!

**Motivational Quote:** Make this your best day ever!

## Upcoming EVENTS

\***Homework** will start on Monday 2<sup>nd</sup> September 2024 for P2-7.

\***Monitoring Weekly Class Visits** (pupils who have issues with punctuality, attendance, uniform/shoes, homework, Spellings & Reading and behaviour) from VP (Tuesdays) & Principal (Thursdays) starts on Tues 3<sup>rd</sup> Sept 2024.

\***Parent Curriculum Information:** Teachers will prepare a video and send via relevant class apps to parents on Wednesday 4<sup>th</sup> September.

\***Football Top Friday** (06/09/24) (FREE) as an incentive to improve Friday attendance.

\***Friday Tuckshop Day:** This will take place every Friday, starting Friday 6<sup>th</sup> Sept 2024.

\***Solitude Friday Visits** – starts on September Friday 6<sup>th</sup> September 2024.

\***School of Philosophy House System:** First Weekly winners for Friday 6<sup>th</sup> September 2024.

\***Written Homework Pass** (For Thursday nights only) to start on Thursday 12<sup>th</sup> September.

\***Feast of the Holy Cross:** Pupils will finish on Monday 16<sup>th</sup> September for the Feast of Holy Cross 11.00am.

\***Extended Schools** - there will be two 8-week blocks this year and will commence on Week 1 - Monday 23<sup>rd</sup> to Friday 27<sup>th</sup> September 2024.

\***European Languages Day** on Thursday 26<sup>th</sup> September 2024.

\***World Mental Health Day** is Thursday 10<sup>th</sup> Oct 2024. Poster competition - Mental Health Awareness on Friday 11<sup>th</sup> October 2024

\***Book Fair** starts on the week beginning Monday 14<sup>th</sup> October 2024

\***Pupil Awards for Reading,** Maths and Attendance at Mid-term Monday 21<sup>st</sup> Oct 2024.

\***Halloween Break** for pupils will be from Monday 28<sup>th</sup> October to Friday 1<sup>st</sup> November 2024 inclusive. Early finish on Friday 25<sup>th</sup> October 2024 (All pupils finish at 11.00am).

\***Flu Vaccination:** P1-P7 (Fluenz Tetra is a vaccine to prevent influenza/flu): Wed 6<sup>th</sup> November 2024

\***Anti-Bullying Week:** Mon 11<sup>th</sup> - Fri 15<sup>th</sup> Nov 2024 - Odd Socks Day (Tuesday 12<sup>th</sup> Nov) and Poster competition (Friday 15<sup>th</sup> Nov).

\***World Philosophy Day** presentation on Socrates on Thursday 14<sup>th</sup> November in the hall.

\***Ulster Orchestra Schools' Concert** in Waterfront Hall on 20<sup>th</sup> Nov 24 (P4).

Week Beginning	Monday 2 <sup>nd</sup> September	Monday 9 <sup>th</sup> September	Monday 16 <sup>th</sup> September	Monday 23 <sup>rd</sup> September
	Fish Fingers, Chips Sweetcorn & Peas Ice-Cream & Fruit	Sausages, Chips & Gravy Beans or Peas Jam and Coconut Sponge Cakes / milkshake	<b>NO DINNERS</b> Early Finish @11.00am (For the Feast of the Holy Cross)	Fish Fingers, Chips, Baked Beans & Peas Chocolate Brownie
	Knox, Mash Potatoes, Green Beans & Carrots Shortbread Biscuit	Cheese Pizzas & Potatoes Sludges Sweetcorn & Carrots Fresh Fruit and Yoghurt	Fish Fingers, Mash'd Potatoes, Green Peas & Baked Beans Raspberry Jelly & Two Fruits	Spaghetti Bolognese, Sweetcorn / Wedges & Garlic Bread Sponge Cake / Milkshake
	Chicken Curry, Nann Bread & Boiled Rice Peas & Carrots Sticky Date Pudding	Chicken Curry, Rice Nann Bread / Peas Baby potatoes Raspberry Jelly, Fresh Fruit	Chicken Curry, Rice Nann Bread & Carrots Date Fudge Squares	Chicken Curry, Rice, Nann Bread & Peas Artic Roll & Peas
	Roast of the Day, Stuffing, Gravy & Vegetables, Mash & Roast Potatoes Sponge Cake / Milkshake	Roast of the Day, Stuffing, Gravy, Fresh Vegetables / Mash Oven Roast Potatoes Rice Ketchup Squares	Roast of the Day, Stuffing, Gravy & Fresh Vegetables / Mash / Oven Roast Potatoes Fruit Muffin	Roast of the Day, Stuffing, Gravy & Fresh Vegetables / Mash Oven Roast Potatoes Shortbread Biscuit
	Chicken or Fish Goujons, Chips Beans or peas Frozen Fruit Yoghurt	Beef Burger in Bun, Chips and Tomato Sauce Fruit & Yoghurt	Hot Dog with Tomato Ketchup / Chips & Beans Ice Cream	Chicken Goujons & Sweet Chili Dip, Chips & Beans Fruit Muffin & Apple Juice



NB: NO FIZZY drinks or sweets, NO oversized bars of chocolate.



YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20
RR	8.45	2.00	12.30
SL	8.45	2.30	12.30
ML	8.45	2.30	12.30

## HCB Dinner Menu for September 2024

# HCB Weekly Bulletin No 1 for Monday 2<sup>nd</sup> to Friday 6<sup>th</sup> September 2024