

Nurturing Talent & Fulfilling Potential



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H.C.B School of Philosophy House System Winners



1Q: Brandon Adams & Cian Carson **1T:** Conor O'Shea & Brandon Fegan **2F:** Cole Beale & Rossa Donnelly **2M:** Jaymie Stitt & Jack O'Hare
3Mc: Keaton Grogan & Patrick Llewelyn **3Mo:** Luca Maguire & Oisín Gallagher **4W:** Shay Gilvary & Conleth McGuinness
4M: Cole Burns & Padraig Mallon **5W:** Caleb Patterson & Colm Og Lavery **5C:** Jack McAuley Reid & Rhys Corrigan
6M: Anthony Conlon & Michael Millen **6E:** Leo Murray & Nathan Haughey **7L:** Corey Smyth & Oisín Steenson
7H: Jack McCabe & Daniel Murtagh **Starlight:** Conor Davey **RR:** Edward Zi Hao



Solitude Winners: Well done to the following boys who were selected to go to Solitude for a coaching session on the pitch on Friday 10th November with our two current staff members, Tony Kane and Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. **Starlight Rm/P4:** Jacob McKenna, John Og Robinson Taylor, Jaxon Wilgaus, Conn Curran McKenny, Ollie McGuire, Lennon Lindsay, Kieron Og Kearns, Fiachra McComb, Martin McClafferty, John Maguire, Noah Kelly, Jacob Campbell & Jack Frame. **P5:** Jack Stitt, Eamonn Burns, Rio Cooke Faulkner, Kaiden Boothman, Rafael Escano, Caleb Patterson, Colm Og Lavery, Donal Lindsay & Lewis Campbell. **P6:** (At Swimming). **P7:** Oisín Steenson, Josh Lyttle, Justin Osborne, Sean Og Copeland, Conor Davey & Muiz Ojo.

Industrial Action: Due to UNISON Industrial Action (which will mean a disruption to cleaning and catering services and have an impact on classroom assistant cover) on Thursday 16th November 2023, the school will have an **early finish at 11.00am** for all pupils.

GL Transfer Assessment: Massive thank you to Anto and Ellen from @Crawford's, who kindly looked after Mr Hawkins' Primary 7 pupils with hot chocolate and doughnuts on Friday, as a treat before their Transfer Test yesterday. Good luck to all the boys and girls in their GL Transfer Assessment.

Anti-Bullying Week: Starting tomorrow is Anti-Bullying Week and we will be doing activities throughout the week to highlight this. **Odd Socks Day** marks the start of Anti-Bullying Week tomorrow, **Monday 13th November**. It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique! All you have to do to take part is wear odd socks to school! **Poster Competition:** The boys will design a poster on the theme of anti-bullying (as a class activity or as a homework during next week). We will visit the classes on **Friday 17th Nov** to give the winner in each class a prize and get a picture of him with his winning poster. The winning posters will be used for our Anti-Bullying display in the school and will also be shared on www.holycrossboys.com

Counselling Service: With the help of ES funding & PHA, we are now offering a specialist counselling service for selected pupils on Mondays (Mental Health Movement at the Marrowbone Hub) and on Wednesdays in the school with Anne.

Physical Education: Swimming for Primary 6 (**Final Week 8**) takes place on **Friday 17th November 2023** at the Falls Leisure Centre. Year 7 will start their 8 week swimming programme after Christmas on **Friday 12th January 2024**. The focus for the 2nd Physical Education theme for November/December is Gymnastics. Multisport Games at the Ardoyne Community Centre with Community Sports Network continues on Thursdays for 6J (10.10-10.30), 6M (10.30-11.00), 7H (11.00-11.30) and 7L (11.30-12.00). Year 5 will have week 2 of their handball programme with Gaelfit's Oisín on Thursdays in the school hall. P5 classes will also have Gaelfast lessons on Tuesdays 5W R14 @ 1.10-1.50pm and 5C R14 @ 1.50-2.30pm. The School Soccer team will hope to continue their unbeaten run in all competitions this year, when they clash with Christ the Redeemer at Solitude on **Friday 17th November** in the semi-final of the Cyril Murray Cup.

Breakfast Club opens at 8:00am in the school canteen and costs of £1 per morning (includes cereal, toast and a drink). Wednesdays are always **FREE** for all pupils, and we give out Tuckshop and Breakfast Club vouchers every Wednesday.

Mindfulness and Aromatherapy: A huge thanks to Donna Hawkins, as P7H had the 1st of their 3 sessions last week, as they prepared for their GL Assessment on Saturday. The boys loved every minute of it. The 2nd session will be on this **Wednesday 15th November 2023**.

Philosophy: Philosopher of the week Liam is so happy to receive his award on daring to think differently on happiness!

Music: Singing Practice for P1-3 on Fridays @ 11.00 to 11.30am and P4-7 on Thursdays @ 11.10 to 11.40am. Classes & Peripatetic lessons on flute, violin, brass, cello & bassoon continue weekly.

Mental Health Awareness: The next session for P6 & 7 pupils will be on **Thursday 16th November @ 9.30 to 10.30am** with specialist, Joe Watson.

Sport Changes Life - Honour Roll Programme with Aaron at AYC. The programme will be 8 weeks based around the transition from Primary 7 to first year. The next session of the 8-week programme is on tomorrow, **Monday 13th November** for P7L R18 and P7H R20.

Extended Schools Block 2/Week 2 will start tomorrow, **Monday 13th to Friday 17th November** and end on Week beginning **Monday 4th to Friday 8th December 2023**. Notes and reply sheets have been sent home with the boys, detailing out extensive list of activities, including Sports (Multi-Sports, Soccer, Handball, Table tennis and Gaelic Football), Languages (Irish, French and Spanish) and Musical instruments (drums and guitar).

School Holidays 23/24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230309120136_15_HCB_School_Holidays_for_Parents_2023-2024.pdf

HCB Healthy Eating Policy: https://storage.googleapis.com/siteassetsswd/684/docletter/20220705104703_11_Healthy_Eating_Policy.pdf

Wellbeing Weekly

Philosophy Question: What are you going to do with the one life you have?
Weekly Challenge: Help a family member with homework.
Motivational Quote: A goal is not always meant to be reached, it always serves simply as something to be aimed at.
 Bruce Lee



Bobby Mackin, Noah Slavin, Joey Sloan, Conlon Harrison, Jude Cooke-Faulkner, Jaxson Bittles, Cillian Maguire-Gearan & Faelan McGuckian.

Upcoming

Trainer Tuesday: Pupils can wear their trainers on **Tuesday 14th Nov** for 50p, starting.
Breakfast Club FREE entry on **Wed 15th Nov** for P2-7 pupils from 8am.
Tuckshop: will take place this **Friday 17th Nov**.
Solitude Friday Visits on **Friday 17th Nov**
Rewarding Pupils: Awards for Reading, Maths and Attendance at end of term 1 on **Monday 18th December 2023**.

CRIS: P3Mc R10 visiting Glenwood on **Tue 14th Nov**.

TRIPS: Year 3 on **Wed 15th Nov** (afternoon). Year 4 to Waterfront Hall (Ulster Orchestra) on **Mon 27 Nov**.

NSPCC Speak Out/Stay Safe programme: **Mon 20th Nov** P6 & P7 (60 min workshops for P6 (9.30am-10.30am) & P7 (11am-12pm)).

P7H Relaxation & Therapy sessions with Donna Hawkins – **wk 2** on **Wed 15** & **Wk 3** **Fri 24 Nov**.

P7 Transfer Mock Day 2 **Tue 21st Nov 2023**.

Industrial Action (UNISON): Early finish at **11.00noon** for all pupils on **Thur 16th Nov 2023**.

Anti-Bullying Week: **Mon 13th to Fri 17th Nov**.
OPEN DAY for prospective P1 pupils in **September 2024** on **Tuesday 28th Nov**.

Christmas Holidays: Pupils will finish earlier on **Thur 21st Dec** and return for Term 2 on **Mon 8th Jan 2024** at the normal times.

Holy Communion on **Fri 17 May 24 @ 11am**.



| | Monday 13 th Nov | Tuesday 14 th Nov | Wednesday 15 th Nov | Thursday 16 th Nov | Friday 17 th Nov |
|------------|---|--|---|--------------------------------------|---|
| Lunch Menu | Sausage Roll, Baked Beans & Chips. Ice Cream and Fruit. | Beef Meatballs, Tomato and Basil Sauce, Sweetcorn & Pasta, Apple Sponge & Custard. | Chicken Curry & Naan Bread, Garden Peas, Sweetcorn & Steamed Rice, Strawberry Mousse. | Early Finish (11.00am) No Dinners | Beef Burger, Sweetcorn & Chips. Flake meal Biscuit. |
| | Dinner Menu 2023-24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230831013823_74_Dinner_Menu_September_2023.pptx | | | | |

| YEAR | START | Finish | Friday Finish |
|------|-------|--------|---------------|
| 1 | 9.00 | 2.00 | 12.45 |
| 2 | 8.45 | 2.15 | 1.00 |
| 3 | 9.00 | 2.30 | 1.00 |
| 4 | 8.45 | 2.45 | 1.20 |
| 5 | 9.00 | 3.00 | 1.20 |
| 6 | 8.45 | 2.45 | 1.20 |
| 7 | 9.00 | 3.00 | 1.20 |
| RR | 8.45 | 2.00 | 12.30 |
| SL | 8.45 | 2.30 | 12.30 |

HCB Weekly Bulletin for Monday 13th to Friday 17th November 2023