

ST.MALACHYS PS NOVEMBER 2020

school food

try something new today

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 2-11-20	Pepperoni pizza Chips,pasta, Peas+ sweetcorn, Gravy. Ice-cream tub+fruit	Spaghetti bolgnaise Rice pudding+fruit	Roast turkey, Stuffing, gravy, Carrots, Brussel sprouts, Roast+ mashed potatoes Frozen mousse+fruit.	Chicken curry +rice Cookie+ custard.	Steak burger, Mixed vegetables, Baked beans, gravy, Mashed potatoes. Artic roll + Fresh fruit.
Week Two 9-11-20	Spaghetti bolgnaise Apple crumble custard or fresh fruit.	Fish fingers, Broccoli+ sweetcorn, Gravy, Mashed potatoes. Semolina +fruit.	Roast pork Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes Chocolate muffin +fruit	Home made chicken Gougons, Chips, rice gravy, peas+ Sweetcorn. Artic-roll or fresh fruit.	Home made chicken soup, Hot-dog Jelly tub+fruit
Week Three 16-11-20	Fish bites, Chips, pasta peas, baked beans Shortbread+custard.	Chicken wrap, Potato wedges, Sweetcorn, gravy. Frozen mousse+fruit,	Roast beef Cabbage, mixed veg, Roast or mashed Potatoes, gravy. Rice krispy square+ fruit.	Beef casserole, Mashed potatoes, Cabbage, turnip. Jam cake+custard.	Chicken curry+rice Ice-cream tub or Fresh fruit.
Week Four 23-11-20	Cheese +tomato pizza, Peas+sweetcorn, Chips, pasta, gravy. Semolina+fruit. Or fresh fruit	Chicken curry+rice Chocolate cracknel+ Pink custard.	Baked gammon, Gravy, apple sauce, Roast+mashed Potatoes, carrots+parsnip Shortbread+fruit	Spaghetti bolgnaise Artic-roll or Fresh fruit.	Home made chicken Soup. Hot-dog. Jelly tub or fresh fruit.

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

