

ST.MALACHYS PS DECEMBER 2019

school food

try something new today

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 2-12-19	Chicken Curry+ rice Fish Fingers Peas, Gravy Mashed Potatoes Apple crumble +custard	Pepperoni Pizza or Chicken wrap Sweetcorn Selection of Salads Chips or baby boiled Iced cake +custard	Spaghetti bolognaise Or beef burger, Broccoli, gravy, Mashed potatoes. Jelly+fruit.	Vegetable soup or Chicken soup, Hot-dog or Chicken roll or Cheese roll Frozen mousse+fruit.	CHRISTMAS DINNER	
Week Two 9-12-19	Grilled Bacon, or Lasagna, Broccoli, Carrots Mashed Potatoes semolina +fruit	Fish fingers or Chicken broccoli bake Gravy, peas, sweetcorn, potatoes Apple cake+custard	Roast Chicken Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes . Chocolate cake+ Pink custard.	Grilled sausages or Salmon bites, sweetcorn, baked beans gravy, Mashed Potatoes Ice-cream tub+fruit.	Chicken Fricassee & Rice or home made chicken Goujons, mixed vegetables, salad, chips , gravy. Jelly tub +fruit.	
Week Three 16-12-19	Pasta bolognaise or Fish fingers, mixed vegetables, gravy Mashed potatoes. Chocolate cake +custard	Irish stew or chicken wrap, salad, gravy, Sweetcorn, Mashed potatoes. Rice krispy bun+custard	Roast beef, gravy, Carrots, broccoli, Roast+mashed Potatoes, Artic roll+fruit	Vegetable soup or Chicken soup, Hot-dog, or Chicken roll or Cheese roll Ice-lolly	NO DINNERS	
Week Four						

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or special diets please contact the school in the first instance

