



St. Malachy's Primary School

Bunscoil Naomh Maeleachlainn

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13 November 2018

Dear Parent / Guardian

As part of the Sustrans Active Schools Travel programme we are holding a

DITCH THE DARK DAY on Monday 19th November 2018.

This is a day where we are encouraging our pupils to walk, scoot or cycle to school, to accessorize their uniforms in a bright and creative way (hi vis vests, hats, scarfs, leg warmers, gloves, wigs etc) and to decorate any bikes and scooters in a safe manner.

We will hold an assembly to discuss the importance of being bright and seen on darker days and prizes will be awarded to some pupils who make a special effort.

Some pupils will have the opportunity to be involved in hi-vis science experiments during the day.

Parents are encouraged to actively travel with their children on the morning of Ditch The Dark Day.

**** If you are unable to walk, scoot or cycle the whole journey from home, please consider a 'Park n Stride' option where you are encouraged to drive part of the journey to school, find a safe and suitable place to park up, meet friends and walk the final part of the journey (7-10 mins) – you may find this more relaxing than sitting in traffic ****

This will be a fun day while highlighting the importance of being seen while travelling to school.

Thank you.

Yours sincerely

PAUL DUGGAN
Principal