tumn Winter 24/25 All Localities 1pEC

EAT SMART WITH 7th OCTOBER 2024 - 7th FEBRUARY 2025

THE LUNCH BUNCH



WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 October	Oven-Baked Fish Fingers	Homemade BBQ Chicken Pizza	"Lunch Bunch" Chicken Curry & Naan Bread	Roast Pork, Stuffing & Gravy	Beef Burger & Bap - OR -
4 November	Beef Bolognaise & Garlic Bread	Traditional Irish Stew & Wheaten Bread	- OR - Baked Quorn Dippers & BBQ Sauce	Chicken Goujons & Sweet Chilli Dip	Rainbow Salad Wrap Iceberg Lettuce, Tomato, Cucumber
2 December 30 December	Baked Beans / Marrowfat Peas Pasta Spirals / Oven-baked Wedges	Coleslaw / Baton Carrots Chipped Potato / Baked Potato	Sweetcorn / Roast Courgette Boiled Rice / Mashed Potato	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Pepper, Cheese Mini Corn-on-the-Cob / Garden Pea
27 January	Vanilla Ice-Cream, with Pears & Butterscotch Sauce	Homemade Banana Cake	Chocolate & Raspberry Spongecake with Custard	Home-baked Popcorn Cookie & Orange Wedges	Chipped Potato / Baked Potato Frozen Strawberry Mousse
14 October 11 November	Fish Finger "Seadog" served in a finger roll - OR - Beef Lasagne & Coleslaw	Savoury Beef Mince & Crusty Bread - OR - Homemade Margherita Pizza	Peppered Chicken - OR - Oven-Baked Pork Sausages	Roast Gammon, Stuffing & Gravy OR- Creamy Mac 'n' Cheese with Garlic Bread	Crispy Baked Chicken Burger & Bap - OR - Tuna Mayo Deli Roll
9 December 6 January 3 February	Marrowfat Peas / Baked Beans Chipped Potato / Baby Potato Apple & Pear Crumble with Custard	Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato Arctic Roll & Winter Berry Sauce	Mini Corn-on-the-Cob/Garden Peas Mashed Potato / Boiled Rice Home-baked Jam & Coconut Sponge & Custard	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Rice Krispie Square	Spaghetti Hoops / Asian Slaw Chipped Potato / Baked Potato Raspberry Jelly & Peach Slices
21 October 18 November 16 December 13 January 10 February	Homemade Ham & Cheese Pizza OR - Home-Baked Chicken Crumble Spaghetti Hoops/Mini Corn-on-the-Cob Roast Potato Wedges/Mashed Potatoes Vanilla Ice-Cream with Pear Slices & Hot Chocolate Sauce	Beef Bolognaise - OR - Roast Chicken and Gravy Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta Apple Sponge with Custard	"Lunch Bunch" Chicken Curry & Naan Bread - OR - Oven-Baked Breaded Whiting Garden Peas/ Roast Butternut Squash Chipped Potato / Boiled Rice Frozen Smoothie	Roast Beef, Yorkshire Pudding & Gravy OR- Salmon Fish Fingers & Lemon Mayonnaise Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Cracknel & Custard	Hotdog & Tomato Ketchup - OR - Beef Burrito Coleslaw / Baked Beans Chipped Potato / Pasta Salad Homemade Oatmeal Biscuit & Fresh Fruit Pot
28 October 25 November 23 December 20 January	Oven-Baked Fish Goujons - OR - Homemade Margherita Pizza Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Baked Potato Chocolate & Raspberry Brownie	Cottage Pie Oven-Baked Chicken Goujons & Choice of Dip Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta Spirals Ice-cream, Jelly & Two Fruit	"Lunch Bunch" Chicken Curry & Naan Bread - OR - Oven-Baked Cod Fishcake Sweetcorn Roasted Butternut Squash Boiled Rice / Mashed Potato Chocolate & Pear Sponge with Custard	Turkey & Ham, Stuffing, Gravy - OR - Sweet Potato Fritter with Flatbread & Sweet Chilli Mayo Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Homemade Flapjack & Orange Wedges	Oven-Baked Chicken Nuggets - OR - Homemade Beef Lasagne with Crunchy Coleslaw Baked Beans / Garden Peas Chipped Potato / Baked Potato Choice of Fruit Yoghurt Pot