

# Lunch Menu Term 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 18 <sup>th</sup> Sept 16 <sup>th</sup> Oct 13 <sup>th</sup> Nov 11 <sup>th</sup> Dec	Spaghetti Bolognese Or Crispy Cod Fishcake  Carrots Baked Beans Mashed Potato Salad  Homemade Ginger Biscuit & Custard	Margherita Pizza Or Italian Chicken & Tomato Pasta Bake & Garlic Bread  Garden Peas Coleslaw Chipped Potato Pasta  Strawberry Jelly & Ice-Cream Slice & Fruit	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken Panini & Coleslaw  Sweetcorn, Broccoli Florets Roast Potato Wedges, Rice  Banana Yoghurt Pot	Roast Chicken Or Beef Olive  Traditional Stuffing Fresh Diced Carrots, Cabbage Oven Roast Potato Mashed Potato, Gravy  Chocolate Sponge & Custard	Hot Dog Or Chicken Wrap & Sweet Chilli Sauce  Garden Peas Spaghetti Hoops Chips Pasta  Fresh Fruit & Yoghurt
<b>WEEK 2</b> 28 <sup>th</sup> Aug 25 <sup>th</sup> Sept 23 <sup>rd</sup> Oct 20 <sup>th</sup> Nov 18 <sup>th</sup> Dec	Chicken Nuggets Or Lasagne  Broccoli & Garden peas Chips, Mashed Potato  Ice Cream, Chocolate Sauce & Sliced Pears	Spaghetti Bolognese Or BBQ Chicken Pizza  Sweetcorn & Baked Beans, Diced Potato, Pasta, Salad  Fruit & frozen strawberry mousse	Chicken Curry Or Golden Crumbed Fish Fingers  Garden Peas Rice, Salad, Mashed Potato  Rice Krispie Square & Fruit	Roast Turkey Or Salmon Fishcake  Traditional Stuffing Fresh Diced Carrots Cauliflower Oven Roast Potato Mashed Potato, Gravy  Fruit Muffin Slab	Steak Burger Or Chicken Crumble  Sweetcorn Salad Selection Chips Pasta  Flakemeal Biscuit & Fruit
<b>WEEK 3</b> 4 <sup>th</sup> Sept 2 <sup>nd</sup> Oct 30 <sup>th</sup> Oct 27 <sup>th</sup> Nov	Golden Crumbed Fish Fingers Or Mac 'n' Cheese  Baked Beans Broccoli & Coleslaw Mashed Potato  Artich Roll with Peaches	Beef Meatball with Italian Tomato & Basil Sauce Or Margherita Pizza  Garden Peas & Salad Oven Baked Potato Wedges, Pasta  Shortbread, Milk Shake & Fruit	Chicken Curry Or Bacon Slice  Mini Corn on the Cob Steamed Rice Chips  Strawberry Jelly & Fruit	Roast Chicken Or Mexican Chilli with Nachos  Traditional Stuffing Fresh Baton Carrots Mashed Potato, Oven Roast Potato Gravy Tossed Salad Jam & Coconut Sponge & Custard	Oven Baked Sausages Or Chicken Panini & Coleslaw  Sweetcorn Spaghetti Hoops Mash Potatoes Chips  Melon Wedge
<b>WEEK 4</b> 11 <sup>th</sup> Sept 9 <sup>th</sup> Oct 6 <sup>th</sup> Nov 4 <sup>th</sup> Dec	Beef Bolognese Or Stuffed Bacon Roll/Bacon Slice  Garden Peas Cabbage Baked Potato Wedges, Pasta  Chocolate Cake & Custard	Golden Crumbed Fish Fingers Or Tex-Max Enchiladda  Mini Corn on the cob, Spaghetti hoops or coleslaw Chips, Pasta  Jelly & Mandarin Oranges	Breast of Chicken Curry Or Steak burger & Gravy  Garden Peas Sweetcorn Mashed Potato, Rice  Cornflake Biscuit & Custard	Roast of the day Or Stuffed Chicken  Traditional Stuffing Cauliflower Cheese Batton Carrots Mashed Potato, Gravy  Ice Cream with Wafer & fruit	Oven baked chicken nuggets Or Admiral's Ocean Pie  Garden Peas Baked Beans Chips Baked Potato  Homemade Ginger Biscuit & Fruit

Breads  
Milk, Water  
A choice of Fresh  
Fruit  
Available Daily

Menu may  
change due to  
delivery changes

If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form



Fresh Fish & Chicken Nuggets May Contain Bones