

CyberSchool.ie

Presents

Cyber Safety for Parents



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Understanding Where We Are!

The Dilemma!

Most children aged 8-12 have a smartphone and social media profiles

The survey of more than 2,000 children, published to coincide with Safe Internet Day, reveals that 92 per cent own their own smart device, including 89 per cent of nine-year-olds. A further 82 per cent told researchers they had profiles on social media and messaging apps.



WHAT DOES COCO's LAW MEAN?

People found guilty of breaching any of the defined offences

- Can be fined up to €100,000
- Can get up to 7 years in prison
- Under 17-year-olds can be prosecuted

Key features of Coco's Law

1. Communications.
2. Harassment.
3. Stalking.
4. Intimate images.
5. Prohibited messages.



Does your child have a CyberBuddy?

What is a cyberbuddy?

All Children should have a cyberbuddy!



A cyberbuddy is a trusted person your child can talk to if they ever come across anything on the Internet that makes them feel uncomfortable!

Internet Usage

Suggestions



Discover the internet together. Keep a watchful eye.



Talk – Know what apps and games your child is using. Ensure they stay **engaged**/Be selective.



Establish **Tech Free Zones & Times**. Show good example. Find **BALANCE**



Allow them to only use age-appropriate **apps**. Use PC/Browser **Parental Controls**

Internet Usage

Suggestions



Recommended **Sleep time**

6-13 years – 9-11hrs

14-17 years – 8-10hrs

sleepfoundation.org



Don't use devices 1hr before bedtime. Have clear, **consistent rules**.



Be proactive. Tell them what to do if they see explicit images/video. Use filters



Encourage physical activities.



Cyberbullying

2017 YouGov Survey carried out on 5000 teens in 11 countries



1 in 4 Irish teens experience cyberbullying (2017)



9/10 Irish teens find coping is easier if supported online from friends



Can be fake/anonymous or someone you know



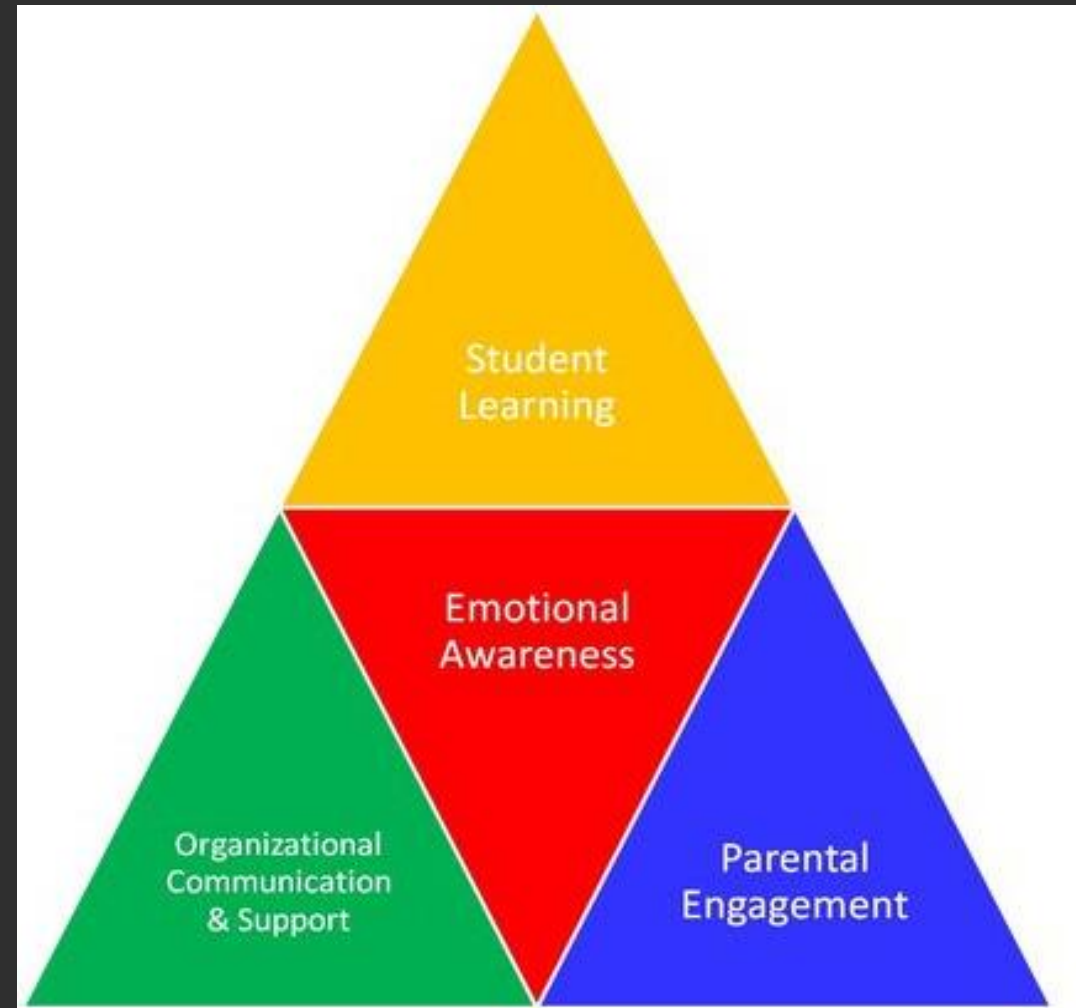
2/3 felt Irish teens it was worse than face to face bullying.



Together

Education to:

- Increase awareness
- Grow Empathy
- Grow Resilience
- Report concerns
- Not be a bystander to bullying



If your child reports that they have been cyberbullied...

Parent's Response

- Praise them for telling you.
- Stay calm and empathetic
- Do not interrogate or bar from internet use
- Know School's anti-bullying policy
- Explain that you may have to talk to another parent/teacher to resolve the issue
- Report to teacher if you deem it necessary or Gardai if serious.
- Build his/her confidence and self-esteem in other areas



If your child reports that they have been cyberbullied...

Advice to Child

- Do not retaliate.
- Leave the conversation
- Perhaps tell the person how it makes them feel and ask them to remove pictures/comments
- Block the bully if it continues
- Report them to the social network or gaming platform.
- Keep the evidence - take screenshots as proof.



RECAP

Understanding

Discussing Internet Safety with Your Child

Teaching your children about the online risks they may face and how to avoid or report threats is one of the most important steps you can take to ensure their safety online.

But first, you have to understand those risks for yourself. This means keeping up-to-date on the latest technologies, apps and social media trends. It can be challenging, but it better prepares you to talk to your kids about what to expect online.

Understanding

Online Dangers to Discuss with Your Kids

- Dangerous or inappropriate websites
- Malware and how it can be downloaded onto computers and phones
- Cyberbullying
- Online frauds and scams – Understand Privacy Setting
- Sexual predators – Stranger Danger

You'll also need to keep an open dialogue with your kids. Let them know you are looking out for their safety and be sure to listen to their questions and concerns.

Understanding

How to Set Rules

- Setting clearly defined rules and explaining the reason for each rule and the hazard it protects against can help your child understand potential risks.
- Be consistent

Understanding

Common Rules

- Never give out personal information
- Do not post photos on public site
- Do not chat with strangers online
- Do not respond to insulting, hurtful or bullying messages
- Never agree to meet someone you befriended online
- Understanding what is appropriate and not.
- Being able to talk – Has your Child a Cyber Buddy?

Understanding

How to Teach Your children to Use Their Smartphones Responsibly

- Set rules.
- Set up password protection.
- Update the operating system.
- Tell your child not to download new apps without your approval.
- Talk about location services.

Know the platforms

FIFTEEN APPS PARENTS SHOULD KNOW ABOUT

MEETME



MEETME IS A DATING SOCIAL MEDIA APP THAT ALLOWS USERS TO CONNECT WITH PEOPLE BASED ON GEOGRAPHIC PROXIMITY. AS THE APP'S NAME SUGGESTS, USERS ARE ENCOURAGED TO MEET EACH OTHER IN PERSON.

GRINDR



GRINDR IS A DATING APP CEARED TOWARDS GAY, BI AND TRANSGENDER PEOPLE. THE APP GIVES USERS OPTIONS TO CHAT, SHARE PHOTOS AND MEET UP BASED ON A SMART PHONE'S GPS LOCATION.

SKOUT



SKOUT IS A LOCATION-BASED DATING APP AND WEBSITE. WHILE USERS UNDER 17-YEARS-OLD ARE UNABLE TO SHARE PRIVATE PHOTOS, KIDS CAN EASILY CREATE AN ACCOUNT USING A DIFFERENT AGE.

WHATSAPP



WHATSAPP IS A POPULAR MESSAGING APP THAT ALLOWS USERS TO SEND TEXTS, PHOTOS, MAKE CALLS AND VIDEO CHATS WORLDWIDE. WHATSAPP USES AN INTERNET CONNECTION ON SMART PHONES AND COMPUTERS.

TIKTOK



TIKTOK IS A NEW MOBILE DEVICE APP POPULAR WITH KIDS USED FOR CREATING AND SHARING SHORT VIDEOS. WITH VERY LIMITED PRIVACY CONTROLS, USERS ARE VULNERABLE TO BULLYING AND EXPLICIT CONTENT.

BADOO



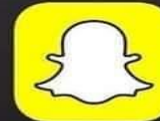
BADOO IS A DATING AND SOCIAL NETWORKING APP WHERE USERS CAN CHAT, SHARE PHOTOS AND VIDEOS AND CONNECT BASED ON LOCATION. WHILE THE APP IS INTENDED FOR ADULTS ONLY, TEENS ARE KNOWN TO CREATE PROFILES.

BUMBLE



BUMBLE IS SIMILAR TO THE POPULAR DATING APP 'TINDER' HOWEVER, IT REQUIRES WOMEN TO MAKE THE FIRST CONTACT. KIDS HAVE BEEN KNOWN TO USE BUMBLE TO CREATE FAKE ACCOUNTS AND FALSIFY THEIR AGE.

SNAPCHAT



SNAPCHAT IS ONE OF THE MOST POPULAR APPS IN RECENT YEARS. WHILE THE APP PROMISES USERS CAN TAKE A PHOTO/VIDEO AND IT WILL DISAPPEAR, NEW FEATURES INCLUDING 'STORIES' ALLOW USERS TO VIEW CONTENT FOR UP TO 24

KIK



KIK ALLOWS ANYONE TO CONTACT AND DIRECT MESSAGE YOUR CHILD. KIDS CAN BYPASS TRADITIONAL TEXT MESSAGING FEATURES. KIK GIVES USERS UNLIMITED ACCESS TO ANYONE, ANYWHERE, ANYTIME.

LIVE.ME



LIVE.ME IS A LIVE-STREAMING VIDEO APP THAT USES GEOLOCATION TO SHARE VIDEOS SO USERS CAN FIND OUT A BROADCASTER'S EXACT LOCATION. USERS CAN EARN 'COINS' AS A WAY TO 'PAY' MINORS FOR PHOTOS.

HOLLA



HOLLA IS A SELF-PROCLAIMED 'ADDICTING' VIDEO CHAT APP THAT ALLOWS USERS TO MEET PEOPLE ALL OVER THE WORLD IN JUST SECONDS. REVIEWERS SAY THEY HAVE BEEN CONFRONTED WITH RACIAL SLURS, EXPLICIT CONTENT AND MORE.

WHISPER



WHISPER IS AN ANONYMOUS SOCIAL NETWORK THAT PROMOTES SHARING SECRETS WITH STRANGERS. IT ALSO REVEALS A USER'S LOCATION SO PEOPLE CAN MEET UP.

ASK.FM



ASK.FM IS KNOWN FOR CYBER BULLYING. THE APP ENCOURAGES USERS TO ALLOW ANONYMOUS PEOPLE TO ASK THEM QUESTIONS.

CALCULATOR%



CALCULATOR% IS ONLY ONE OF SEVERAL SECRET APPS USED TO HIDE PHOTOS, VIDEOS, FILES AND BROWSER HISTORY.

HOT OR NOT



HOT OR NOT ENCOURAGES USERS TO RATE YOUR PROFILE. CHECK OUT PEOPLE IN THEIR AREA, AND CHAT WITH STRANGERS. THE GOAL OF THIS APP IS TO HOOK UP.

Know the
platforms!

Discuss
what
platforms
your
children are
using

Now use a
search engine
to look up the
dangers of
each
platform/app
with your child

Recap!

All Children should have a cyberbuddy!

Education is key! Take some time to explore your child's digital world!

Together We get Better!

Communicate in the correct manner with your child about all you have seen in this programme.





Thank You

From
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