



Speech and language skills: An Idea a Day for School -Age Children

Remember: Your child's speech and language is best developed through everyday interactions with you!

Monday

Memory

Play 'I went to the shop and I bought..... milk'. Each person must remember what was bought and add another item e.g., 'I went to the shop and I bought milk and bread'. How many items can you remember before someone makes a mistake! Try to beat your score each time and include the whole family.



Tuesday

Vocabulary and Naming

Name a group and challenge your child to name as many things in that group as they can in 30 seconds. Easy groups include clothes, animals, food and vehicles. Trickier groups could be types of weather, emotions, tools or occupations



Wednesday

Describing game

Play 'Guess what I am?'
Pick a category (e.g. food).
Take turns to write an item from that category on a piece of paper (or to draw it) and the other person has to ask questions to work out what it is e.g. is it a fruit?, what colour is it?, do I like these?, where do you find them? etc.

Choose a different category each time

Thursday

Rhyming and syllable

Say a word and take turns to come up with a silly or real rhyming word. If you can't think of a word you are out!

Challenge your child to find 5 things in the house that have 1, 2, 3 or 4 syllables. Help them check by clapping out the best e.g. dog- 1 syllable and ba-na-na- 3 syllables

Friday

Literacy

- Play I spy in lots of different ways e.g. I spy a word that starts with a b sound or ends with a mmm sound or has a 'oo' sound in the middle
- Go on a 'sound' hunt- can your child find 10 things that start with a sound
- On car journeys challenge your child to find 10 words they can read as you drive along



Everyday



Read books with your child that they enjoy. Talk about new words and ask each other questions e.g. can you guess what might happen next?, what are the characters feeling and how could they solve their problems? Try retelling the stories together later on. Reading books together is one of the best ways to develop your child's speech and language skills.

