



TRENCH ROAD NURSERY SCHOOL FEBRUARY 2026 NEWSLETTER

HOLIDAYS

The school is closed from Monday 9th-13th February for the mid-term break. It reopens on Monday 16th February. Have a lovely break!

EVENTS

ASPIRE Peaceplus (shared education)

This term our focus will be on 'healthy living' this links very well with our GRTL initiative 'Happy Healthy Kids'. We will continue our daily mile on Tuesday, Wednesday and Fridays.

On **Wednesday 4th February** our Shared education trip will take place in Eglinton Primary school where the children will take part in a Healthy heart workshop facilitated by Dr. Karayiannis, followed by a physical skills session. If any parent would like to accompany us on the trip please chat to your class teacher.

GRTL has a Parent Area of that is full of fun activities, resources and documents to help parents engage in home learning with their child. Please see flier below for details;



GETTING READY TO LEARN



GRTL Website Parent Area & Login

Our New Parent Login Section of the website is packed full of fun activities, resources and documents to help parents engage in home learning with their child.

On the **Dashboard**, you will notice that we have included each of the Getting Ready to Learn themes, and have created topic sub folders so that it is easy to find the ideas and resources you need.



There is also an **SEN Parent Area**, which is organised across the four Getting Ready to Learn themes. The EA Early Years Inclusion Service provided us with many lovely resources, which would be of interest and benefit to all parents.

How do I access the Parent Area?

1. Visit the GRTL Website Homepage at www.gettingreadytolearn.co.uk
2. On the top left, select 'Sign In/Create Account'
3. Enter your details, and select 'Parent' when registering for the first time. You will be asked for the name of your child's preschool, and the postcode (*this helps us differentiate between settings with similar names!*)
4. Enter the invite code provided
5. You will then receive an automated email, with a link to **activate your account**.
6. That's it, you're all set!

The invite code
for Parent Access:

P401HkeQ890

Mini Professors



As part of our early STEM (Science and technology) sessions we are delighted to welcome back Professor Adam and the mini professors. The children will be taking part in 2 workshops this month, 6th and 27th. The focus will be on Polar lands.

Relax Kids/Wellbeing and emotional Health

Our focus this month will be Wellbeing and emotional Health. To help support this we will be giving every child a 'Happy Healthy Kids' pack, it will have lots of fun activities for you to share with your child to improve emotional wellbeing.

We are also delighted to be beginning our 'Relax kids' programme this month. Miss Aisling our facilitator will begin our 8 week Relax Kids sessions on Wednesday 18th

Children's Mental Health week 9th -15th February

This is children's mental health week. Please find attached link with some resources for you to use with your child.

<https://www.childrensmentalhealthweek.org.uk/>

Eco schools

Our main topic for eco schools is **Outdoor learning** and our secondary topics are **Biodiversity** and **Healthy Living**.

Our biodiversity focus is 'looking after the birds in Winter. Our eco school newsletter will follow soon.



Forest school

Our forest school sessions continue this month 19th 26th our focus will be looking after the birds, bird watching and

identifying common garden birds, den building, bug hunting, forest art, picture grids.

Happy Birthday!



Aoife Quinn 9th
Millie Lynch 9th
Érinn - 14th

Curriculum News



Role Play Area in the hall- Our role play is 'Homes and Buildings' focusing on 'The 3 little Pigs'.

Shape

This months' shape is the heart. Try to look for hearts in the environment and in the house.

Colour

Our colours this month are **pink** and **purple**.

Hall Story



Our story this month is 'The 3 Little Pigs'. Read the story with your child and discuss what happens.

A Family Fingerplay

This is a family *hold up one hand, fingers spread*
Let's count them and see,
How many there are,
And who they can be *count 1, 2, 3, 4, 5*

This is the mother *touch pointer finger*
Who loves everyone
And this is the father *touch big finger*
Who is lots of fun.

This is my sister *touch ring finger*
She helps and she plays,
And this is the baby *touch little finger*
He's growing each day.

But who is this one? *touch thumb*
He's out there alone,
Why it's Jackie, the dog,
And he's chewing a bone. *wiggle thumb.*

This Little Piggy

This little piggy went to market,
This little piggy stayed at home,
This little piggy had roast beef,
This little piggy had none.
And this little piggy cried wee, wee, wee all the way home!





The Pancake

Mix the pancake,
Toss the pancake,
Pop it in the pan.
Mix the pancake,
Toss the pancake.
Catch it if you can.