

Primary 1

Sample Timetable

Area of Learning	Time Spent	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	30- 40 mins daily	<p>-Reading & Words (My First Word Book)</p> <p>-Phonics- Revise saying all letters and sounds (a-z)</p> <p>-Talking and Listening- Talk about what you did at the weekend? What did you do? Who did you do it with? Where did you go?</p> <p>-Independent writing- Have a go at writing 1 or 2 sentences about what you did at the weekend. Did you:</p> <ul style="list-style-type: none"> -play in the garden? -watch a family movie? -play a board game? -go for a walk or a cycle? 	<p>-Reading & Words (My First Word Book)</p> <p>-Phonics- Use alphabet pack of letters to make 2/3/4 letter words.</p> <p>-Talking and Listening- Make predictions about what will happen next in a story.</p> <p>-Handwriting- Write all the letters of the alphabet (a-z). Lower case letters only using correct formation.</p>	<p>-Reading & Words (My First Word Book)</p> <p>-Phonics- Think of as many words as you can beginning with a given letter.</p> <p>-Talking and Listening- Talk about the beginning, middle and ending of a story and put the events in the correct order.</p> <p>-Independent Writing- Write 1 or 2 sentences about a story you have read.</p>	<p>-Reading & Words (My First Word Book)</p> <p>-Phonics- Write a 3 letter word (cat). Make lots of new words by changing the first sound only. Can you read all the words you make?</p> <p>-Talking and Listening- Introduce new vocabulary related to monthly topic, e.g. ferry, hovercraft, jumbo jet (holiday topic).</p> <p>-Handwriting- Link this into your phonics work from today. Did you write your letters correctly?</p>	<p>-Reading & Words (My First Word Book)</p> <p>-Phonics- Ask your mum/dad to write 10 three letter words. Can you use your sounds to read them?</p> <p>-Talking and Listening- Have a chat with your family about all the activities you did this week? What was your favourite activity? What was your mum's favourite activity?</p> <p>-Independent writing- Write about the favourite activity you did this week.</p>

Numeracy	30-40 mins daily	<p>Mental Maths- Rhythm count to 10</p> <p>Number- Revise correct formation of numbers 0-10.</p> <p>Shape- Look for circles, squares, triangles and rectangles inside and outside of the house. Can you name them? How many sides do they have? Can you draw them? Make a shape picture.</p>	<p>Mental Maths- Sing number rhymes to 10</p> <p>Number- Play a number game.</p> <p>Measure- Talk about tall/short/taller than/shorter than. Arrange your family in order from the smallest to the largest, for example.</p>	<p>Mental Maths- Mum/Dad think of a number between 0-10. Mum/Dad will give you some clues. Can you guess what number they are thinking of?</p> <p>Number- Complete 1 or 2 pages of your Heinemann Workbook.</p> <p>Weight- Talk about heavy/light/heavier than/lighter than. Use the kitchen scales and try some baking.</p>	<p>Mental Maths- Write out numbers 0-10 on individual pieces of paper. Mix them up. Can you put them in the right order?</p> <p>Number- Use household equipment or toys to introduce addition within 5, then 10.</p> <p>Money- Sort 1p and 2p coins/Play shop</p>	<p>Mental Maths- Tell me about number 7. Where does it come on the number line? Before/After/In between which numbers?</p> <p>Number- Complete number jigsaws. Notice numbers on your daily walk.</p>

N.B.

-This is only a suggested timetable. Feel free to adapt these activities and times to suit your own daily/weekly routine. Refer to the Home Learning planner for specific page numbers/tasks.

-Remember to keep things as practical and fun as possible. You do not need to be spending prolonged periods of time at a table completing written work.

-Please give children time to play every day. A lot of the learning in P.1 happens through play.

-Encourage daily exercise. We had been working on ball skills in P.1- rolling, throwing and catching, bouncing, kicking.

-As the weather improves, children could be helping in the garden with weeding and planting. Remember the sun cream and take the opportunity to talk about taking care in the sun.

-Activities such as cooking, baking, artwork and play will also be of great value. They will cover many curricular areas whilst also affording you and your child/ren quality time together.

-Finally please remember.....You are doing a great job!