



# Sun Protection Policy

## **UN CRC Article 24**

Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food and a clean environment so that children can stay healthy.

Adopted April 2016

Due for Review: April 2023

### **RATIONALE:**

Skin cancer is one of the most common cancers in the U.K. and the number of cases is rising at an alarming rate. The good news is that the majority of cases could be prevented. If we protect ourselves from the sun we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged.

In Knockloughrim Primary School we want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

### **EDUCATION:**

The key cancer prevention messages are:

**Slip** into something cool especially with long sleeves.

**Slop** on factor 30+

**Slap** on a hat and sunglasses

**Seek** the shade during the warmest times of the day 11am-3pm

**Slide** on your sunglasses.



These measures are employed by our school:

- All pupils will have at least one Sun Protection lesson per year.
- We will talk about how to be Sunsmart in assembly during the summer term.
- Parents and guardians will be informed through the school newsletter as to what the school is doing about sun protection and how they can help at the start of the summer term.

**PROTECTION:** this is an on going process and will be revised yearly

### **Timetabling:**

- Classes will as far as possible, in extreme weather, have play and P.E. sessions in the morning, when the sun is not so strong.
- This will also apply to Sports Day.

### **Clothing:**

Parents and guardians will be advised by staff to send with their children a hat to wear in sunny weather.

### **Sunscreen:**

- SUNSCREEN WILL NOT BE PROVIDED BY SCHOOL.
- Sunscreen will be encouraged on school trips, P.E. sessions etc
- During good weather parents/guardians will be advised to send their children to school wearing a High Factor Sunscreen of 30 or more.
- Year 4-7 pupils will be advised to carry a named bottle of sunscreen in their bag so that they can apply it before P.E. /play sessions.
- Pupils with no sunscreen may not be allowed out in sun on occasions where staff deem the sun to be extremely hot and dangerous.
- We will send information home during Term 3 asking for children to apply sunscreen during the summer months, which will require a response from parents.