

EAT SMART WITH

THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7 October	Oven-Baked Fish Fingers -Or- Beef Bolognese & Garlic Bread	Homemade BBQ Chicken Pizza -Or- Traditional Irish Stew & Wheaten Bread	"Lunch Bunch" Chicken Curry & Naan Bread -Or- Baked Quorn Dippers & BBQ Sauce Sweetcorn / Roast Courgette Boiled Rice / Mashed Potato Chocolate & Raspberry Spongecake with Custard	Roast Pork, Stuffing & Gravy -Or- Chicken Goujons & Sweet Chilli Dip Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Home-baked Popcorn Cookie & Orange Wedges	Beef Burger & Bap -Or- Rainbow Salad Wrap Iceberg Lettuce, Tomato, Cucumber, Pepper, Cheese Mini Corn-on-the-Cob / Garden Peas Chipped Potato / Baked Potato Frozen Strawberry Mousse
14 October	Fish Finger "Seadog" served in a finger roll -Or- Beef Lasagne & Coleslaw	Savoury Beef Mince & Crusty Bread -Or- Homemade Margherita Pizza	Peppered Chicken -Or- Oven-Baked Pork Sausages	Roast Gammon, Stuffing & Gravy -Or- Creamy Mac 'n' Cheese with Garlic Bread	Crispy Baked Chicken Burger & Bap -Or- Tuna Mayo Deli Roll
11 November	Beef Lasagne & Coleslaw	Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato	Mini Corn-on-the-Cob / Garden Peas Mashed Potato / Boiled Rice Home-baked Jam & Coconut Sponge & Custard	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Rice Krispie Square	Spaghetti Hoops / Asian Slaw Chipped Potato / Baked Potato Raspberry Jelly & Peach Slices
9 December	Marrowfat Peas / Baked Beans Chipped Potato / Baby Potato	Arctic Roll & Winter Berry Sauce			
6 January	Apple & Pear Crumble with Custard				
3 February	Apple & Pear Crumble with Custard				
21 October	Homemade Ham & Cheese Pizza -Or- Home-Baked Chicken Crumble	Beef Bolognese -Or- Roast Chicken and Gravy	"Lunch Bunch" Chicken Curry & Naan Bread -Or- Oven-Baked Breaded Whiting	Roast Beef, Yorkshire Pudding & Gravy -Or- Salmon Fish Fingers Lemon Mayonnaise Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Cracknel & Custard	Hotdog & Tomato Ketchup -Or- Beef Burrito Coleslaw / Baked Beans Chipped Potato / Pasta Salad Homemade Oatmeal Biscuit & Fresh Fruit Pot
18 November	Spaghetti Hoops / Mini Corn-on-the-Cob Roast Potato Wedges / Mashed Potatoes Vanilla Ice-Cream with Pear Slices & Hot Chocolate Sauce	Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta Apple Sponge with Custard	Garden Peas / Roast Butternut Squash Chipped Potato / Boiled Rice Frozen Smoothie		
16 December	Oven-Baked Fish Goujons -Or- Homemade Margherita Pizza	Cottage Pie -Or- Oven-Baked Chicken Goujons & Choice of Dip	"Lunch Bunch" Chicken Curry & Naan Bread -Or- Oven-Baked Cod Fishcake	Turkey & Ham, Stuffing, Gravy -Or- Sweet Potato Fritter with Flatbread & Sweet Chilli Mayo	Oven-Baked Chicken Nuggets -Or- Homemade Beef Lasagne with Crunchy Coleslaw
13 January	Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Baked Potato	Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta Spirals	Sweetcorn / Roasted Butternut Squash Boiled Rice / Mashed Potato Chocolate & Pear Sponge with Custard	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Homemade Flapjack & Orange Wedges	Baked Beans / Garden Peas Chipped Potato / Baked Potato Choice of Fruit Yoghurt Pot
10 February	Chocolate & Raspberry Brownie	Ice-cream, Jelly & Two Fruit			
28 October					
25 November					
23 December					
20 January					

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY