



**Saints and Scholars Integrated Primary and Nursery School**  
Killuney Park Road  
Armagh  
BT61 9HG

**Tel: 02837510113**

Principal: Mr Andrew Scott-Mulholland  
[ascottmulholland193@c2kni.net](mailto:ascottmulholland193@c2kni.net)

Dear Parent/Carer,

**NSPCC's *Speak out. Stay safe.* programme**

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** on Friday 9th February. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom based activities which we have reviewed, alongside NSPCC volunteer led face to face workshops for children aged 6-7 and 9-11. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout).

This will be followed up by workshops in school for certain age groups. These will take place for P3, P5, P5/6 on Friday 23<sup>rd</sup> February and P6,7 AND P7 on Monday 26<sup>th</sup> February.

**If you do not wish your child to take part please contact your child's class teacher via ClassDojo or email before Wednesday 7th February.**

**Additional NSPCC resources for families to help keep children safe**

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p><b>Parent/Carer support</b></p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p><a href="http://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a></p>	<p><b>Activities to extend learning at home</b></p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p><a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p>
<p><b>Online Safety Hub</b></p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p><a href="http://www.nspcc.org.uk/onlinesafety">www.nspcc.org.uk/onlinesafety</a></p>	<p><b>Childline – under 12's</b></p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p><a href="http://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7) <a href="http://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)</p>

*It takes a world of differences to make a different world*

**Talk PANTS with your children**

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,  
*Aideen O Braonain*