

EAT SMART WITH THE LUNCH BUNCH

Week beginning
Monday 1st Sept



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mains</p> <p>Homemade Beef Bolognese - Or - Homebaked Margherita Pizza & Coleslaw</p> <p>Side Dishes</p> <p>Green Beans & Diced Carrots Penne Pasta or Baby Potatoes with Herbs</p> <p>Dessert</p> <p>Iced Lemon Sponge Finger</p>	<p>Mains</p> <p>Baked Breaded Whiting & Tartare Mayo - Or - Creamy Mac 'n' Cheese & Garlic Bread</p> <p>Side Dishes</p> <p>Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Forest Fruits Flavoured Jelly with Mandarin Oranges</p>	<p>Mains</p> <p>Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Quorn Fillet with Creamy Pepper Sauce</p> <p>Side Dishes</p> <p>Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges</p> <p>Dessert</p> <p>Cheesecake with Strawberry Sauce</p>	<p>Mains</p> <p>Cook's Roast Gammon with Stuffing & Gravy - Or - Penne Pasta with Tomato & Basil Sauce</p> <p>Side Dishes</p> <p>Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes</p> <p>Dessert</p> <p>Belgian Waffle with Fruit Salad & Chocolate Sauce</p>	<p>Mains</p> <p>Oven Baked Chicken Goujons with choice of Dip - Or - Baked Potato with Cheesy Beans & Salad</p> <p>Side Dishes</p> <p>Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Artic Roll with Summer Berry Sauce</p>

MILK, WATER, BREAD & FRESH FRUIT
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,
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MENU SUBJECT TO PRODUCT
AVAILABILITY

Week beginning
Monday 8th Sept



EAT SMART WITH THE LUNCH BUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mains</p> <p>Golden Crumbed Fish Fingers & Mayo Dip - Or - Roasted Garlic & Pesto Chicken Pasta</p> <p>Side Dishes</p> <p>Garden Peas & Baked Beans Mashed Potato or Pasta Salad</p> <p>Dessert</p> <p>Homebaked Chocolate & Raspberry Brownie</p>	<p>Mains</p> <p>Homemade Beef Lasagne with Garlic Bread Slice - Or - Homebaked Margherita Pizza with Salad in Season</p> <p>Side Dishes</p> <p>Baton Carrots & Broccoli Chipped Potato & Baby Potato Salad</p> <p>Dessert</p> <p>Assorted Yoghurt Pots & Fresh Fruit Salad</p>	<p>Mains</p> <p>Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Oven Baked Pork Sausages with Gravy or Ketchup</p> <p>Side Dishes</p> <p>Sweetcorn & Spaghetti Hoops Steamed Fluffy Rice or Mashed Potato</p> <p>Dessert</p> <p>Caramel Apple Crumble & Custard</p>	<p>Mains</p> <p>Cook's Roast Turkey with Stuffing & Gravy - Or - Salmon Fishcake with Mayo</p> <p>Side Dishes</p> <p>Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes</p> <p>Dessert</p> <p>Ice Cream with Two Fruits</p>	<p>Mains</p> <p>Cheeseburger with Burger Sauce in Bap - Or - Tex-Mex Chicken Fajita</p> <p>Side Dishes</p> <p>Mini Corn on the Cob & Coleslaw Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Homebaked Oaty Biscuit with Fresh Fruit</p>

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Monday 15th Sept



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mains</p> <p>Oven Baked Cod Goujons with Mayo Dip</p> <p>- Or -</p> <p>Veggie Dog with Crispy Onions & Ketchup</p> <p>Side Dishes</p> <p>Garden Peas & Potato Salad</p> <p>Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Ice-Cream Slider & Orange Wedges</p>	<p>Mains</p> <p>Homemade Spaghetti Bolognese</p> <p>- Or -</p> <p>Chicken Tikka Mayo Wrap with Salad & Coleslaw</p> <p>Side Dishes</p> <p>Baton Carrots & Broccoli</p> <p>Spaghetti & Parsley Baby Potatoes</p> <p>Dessert</p> <p>Homemade Jam & Coconut Sponge & Custard</p>	<p>Mains</p> <p>Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread</p> <p>- Or -</p> <p>Homebaked Margherita or BBQ Chicken Pizza</p> <p>Side Dishes</p> <p>Mini Corn on the Cob & Butternut Squash</p> <p>Steamed Rice or Oven Roasted Cubed Potatoes</p> <p>Dessert</p> <p>Summer Fruit Salad & Yoghurt</p>	<p>Mains</p> <p>Cook's Roast Pork with Stuffing & Gravy</p> <p>- Or -</p> <p>Homemade Savoury Mince with Crusty Bread</p> <p>Side Dishes</p> <p>Fresh Selection of Vegetables in Season</p> <p>Oven Baked Roast Potatoes & Mashed Potatoes</p> <p>Dessert</p> <p>Strawberry Jelly & Sliced Pears</p>	<p>Mains</p> <p>Oven Baked Chicken Nuggets with Choice of Dip</p> <p>- Or -</p> <p>Ham & Mushroom Carbonara & Garlic Bread Slice</p> <p>Side Dishes</p> <p>Sweetcorn & Baked Beans-Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Homemade Shortbread & Watermelon Wedge</p>

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Week beginning
Monday 22nd Sept



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mains</p> <p>Baked Cod Bites with Mayo Dip - Or - Sweet Chilli Chicken Panini & Salad in Season</p> <p>Side Dishes</p> <p>Mushy Peas & Coleslaw Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Chocolate Krispie Square & Orange Wedges</p>	<p>Mains</p> <p>Homebaked Margherita or Tex-Mex Spicy Beef Pizza - Or - Penne Pasta with Roasted Mediterranean Vegetables</p> <p>Side Dishes</p> <p>Baton Carrots & Broccoli Oven Baked Paprika Wedges & Baby Potato Salad</p> <p>Dessert</p> <p>Cola Jelly & Chopped Fruit</p>	<p>Mains</p> <p>Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - BBQ Pulled Pork with Cheese in Brioche Bun</p> <p>Side Dishes</p> <p>Sweetcorn & Roasted Butternut Squash Steamed Fluffy Rice & Pasta Salad</p> <p>Dessert</p> <p>Angel Cake & Custard</p>	<p>Mains</p> <p>Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Quorn Dippers with Choice of Dip</p> <p>Side Dishes</p> <p>Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes</p> <p>Dessert</p> <p>Ice-Cream, with Sliced Pears & Caramel Sauce</p>	<p>Mains</p> <p>Hot Dog with Ketchup - Or - BBQ Chicken Wrap with Salad in Season</p> <p>Side Dishes</p> <p>Mini Corn on the Cob & Baked Beans Skinny "French Fries" or Baked Jacket Potato</p> <p>Dessert</p> <p>Chocolate Cookie & Milkshake</p>

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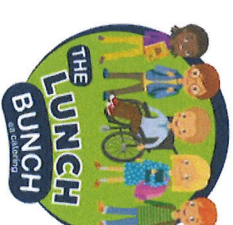
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Week beginning
Monday 29th Sept.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mains</p> <p>Homemade Beef Bolognese - Or - Homebaked Margherita Pizza & Coleslaw</p> <p>Side Dishes</p> <p>Green Beans & Diced Carrots Penne Pasta or Baby Potatoes with Herbs</p> <p>Dessert</p> <p>Iced Lemon Sponge Finger</p>	<p>Mains</p> <p>Baked Breaded Whiting & Tartare Mayo - Or - Creamy Mac 'n' Cheese & Garlic Bread</p> <p>Side Dishes</p> <p>Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Forest Fruits Flavoured Jelly with Mandarin Oranges</p>	<p>Mains</p> <p>Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Quorn Fillet with Creamy Pepper Sauce</p> <p>Side Dishes</p> <p>Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges</p> <p>Dessert</p> <p>Cheesecake with Strawberry Sauce</p>	<p>Mains</p> <p>Cook's Roast Gammon with Stuffing & Gravy - Or - Penne Pasta with Tomato & Basil Sauce</p> <p>Side Dishes</p> <p>Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes</p> <p>Dessert</p> <p>Belgian Waffle with Fruit Salad & Chocolate Sauce</p>	<p>Mains</p> <p>Oven Baked Chicken Goujons with choice of Dip - Or - Baked Potato with Cheesy Beans & Salad</p> <p>Side Dishes</p> <p>Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato</p> <p>Dessert</p> <p>Artic Roll with Summer Berry Sauce</p>

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