



Safer Internet Day 2026 | Tuesday  
10 February

Coordinated by the UK Safer Internet Centre  
saferinternetday.org.uk



## Safer Internet Day | Children's Mental Health Week

Dear Parents & Guardians,

I am writing to remind you of two very important events which will take place shortly in school, **Safer Internet Day & Children's Mental Health Week**.

These events in recent years have always clashed with mid-term, resulting in many schools adapting the date in which we celebrate them, and this year we are in a similar situation.

### Safer Internet Day:

Safer Internet Day 2026 will take place in Mount St. Michael's PS on **Tuesday 3<sup>rd</sup> February**, with celebrations and learning based around the theme **'Smart tech, safe choices | Exploring the safe and responsible use of A.I.'**



I would also again draw attention to our school's status as a **'Safer NI School'** and by visiting our newsletter, **you will be able to sign up for the app** and receive important updates and information to help keep your children safe online.

### Children's Mental Health Week:

Mount St. Michael's PS & NU will celebrate Children's Mental Health Week, on the **week beginning 16th February**. The theme of the week is **'This is Our Place'**, all about belonging. Our Pupil Champions will visit classes to discuss this theme, share strategies which will help regulate feelings, and to give every child a **'Little Book of Feelings'** – a resource obtained through our work in the Being Well, Doing Well programme.

I hope this information will help you all prepare for the various discussions you may be having with your children around these topics, at the time.

Kind Regards,

*P. Shivers*

Padraig Shivers

Principal



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## Mount St. Michael's Primary School & Nursery Unit



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