

# EAT SMART WITH

# THE LUNCH BUNCH



WEEK BEGINNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 February	Homemade Beef Bolognese -Or- Home-Baked Margherita Pizza & Colelaw	Baked Breaded Whiting & Tartare Mayo -Or- Creamy Mac 'n' Cheese & Garlic Bread	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- Quorn Fillet with Creamy Pepper Sauce	Cook's Gannion with Stuffing & Gravy -Or- Penne Pasta with Tomato & Basil Sauce	Oven Baked Chicken Goujons with choice of Dip -Or- Baked Potato with Cheesy Beans & Salad
14 April	Green Beans & Diced Carrots	Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato	Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges	Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes	Baked Beans & Colelaw Chipped Potatoes or Baked Jacket Potato
12 May	Penne Pasta or Baby Potatoes with Herbs	Forest Fruits Flavoured Jelly with Mandarin Oranges	Chesecake with Strawberry Sauce	Belgian Waffle with Fruit Salad & Chocolate Sauce	Artic Roll with Summer Berry Sauce
9 June	Iced Lemon Sponge Finger				
24 February	Golden Crumbed Fish Fingers & Mayo Dip -Or- Roasted Garlic & Pesto Chicken Pasta	Homemade Beef Lasagne with Garlic Bread Slice -Or- Home-Baked Margherita Pizza with Salad in Season	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- Oven-Baked Pork Sausages with Gravy or Ketchup	Cook's Roast Turkey with Stuffing & Gravy -Or- Salmon Fishcake with Mayo	Cheeseburger with Burger Sauce in Bag -Or- Tex-Mex Chicken Fajita
21 April	Garden Peas & Baked Beans	Baton Carrots & Broccoli Chipped Potato & Baby Potato Salad	Sweetcorn & Spaghetti Hoops Steamed Fluffy Rice or Mashed Potato	Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes	Mini Corn on the Cob & Colelaw Chipped Potatoes or Baked Jacket Potato
19 May	Mashed Potato or Pasta Salad				
16 June	Homebaked Chocolate & Raspberry Brownie	Assorted Yoghurt Pots & Fresh Fruit Salad	Caramel Apple Crumble & Custard	Ice Cream with Two Fruits	Homebaked Oaty Biscuit with Fresh Fruit
3 March	Oven Baked Cod Goujons with Mayo Dip -Or- Veggie Dog with Crispy Onions & Ketchup	Homemade Spaghetti Bolognese -Or- Chicken Tikka Mayo Wrap with Salad & Colelaw	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- Home Baked Margherita or BBQ Chicken Pizza	Cook's Roast Pork with Stuffing & Gravy -Or- Homemade Savoury Mince with Crusty Bread	Oven Baked Chicken Nuggers with Choice of Dip -Or- Ham & Mushroom Carbonara & Garlic Bread Slice
31 March					
28 April					
26 May	Garden Peas & Potato Salad	Baton Carrots & Broccoli Spaghetti & Parsley Baby Potatoes	Mini Corn on the Cob & Butternut Squash Steamed Rice or Oven Roasted Cubed Potatoes	Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes	Sweetcorn & Baked Beans Chipped Potatoes or Baked Jacket Potato
23 June	Ice-Cream Slider & Orange Wedges	Homemade Jam & Coconut Sponge & Custard	Summer Fruit Salad & Yoghurt	Strawberry Jelly & Sliced Peas	Homemade Shortbread & Watermelon Wedges
10 March	Baked Cod Bites with mayo Dip -Or- Sweet Chili Chicken Panini & Salad in Season	Home-Baked Margherita or Tex-Mex Spicy Beef Pizza -Or- Penne Pasta & Roasted Mediterranean Vegetables	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- BBQ Pulled Pork with Cheese in Brioche Bun	Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy -Or- Quorn Dippers with Choice of Dip	Hot Dog with Ketchup -Or- BBQ Chicken Wrap with Salad in Season
7 April					
5 May	Musky Peas & Colelaw	Baton Carrots & Broccoli Oven Baked Paprika Wedges & Baby Potato Salad	Sweetcorn & Roasted Butternut Squash Steamed Fluffy Rice & Pasta Salad	Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes	Mini Corn on the Cob & Baked Beans Skinny "French Fries" or Baked Jacket Potato
2 June	Chipped Potatoes or Baked Jacket Potato				
30 June	Chocolate Krispie Square & Orange Wedges	Cola Jelly & Chopped Fruit	Angel Cake & Custard	Ice-Cream Sliced Peas & Caramel Sauce	Chocolate Cookie & Milkshake

MILK, WATER, BREAD & FRESH FRUIT  
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT  
AVAILABILITY