

Emotions



Angry



Show tension in hands
Use one or two hands
as appropriate



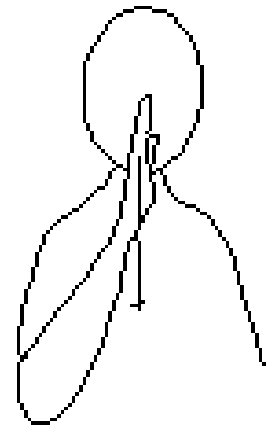
Tired



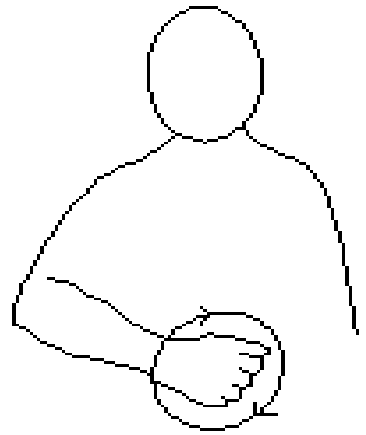
Shoulders sag
to show degree
of tiredness



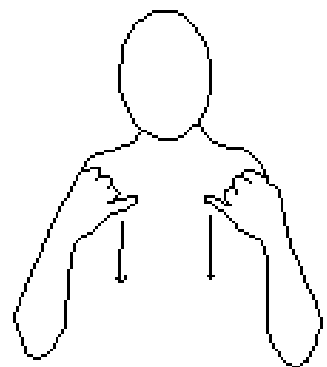
Happy



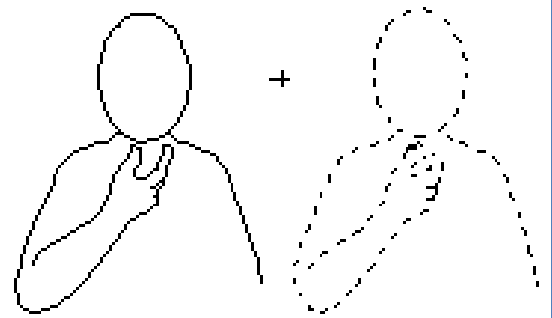
Sad



Hungry



III (Sick)



Index finger and thumb
pluck upper neck twice

Thirsty

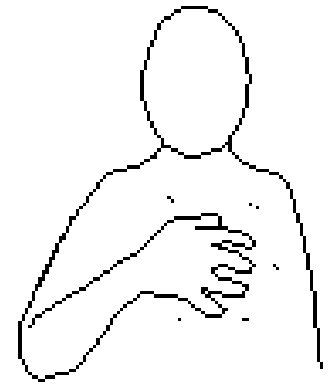


Position hand at
appropriate part of
body and shake hand

Repeat

Sore

(in pain)



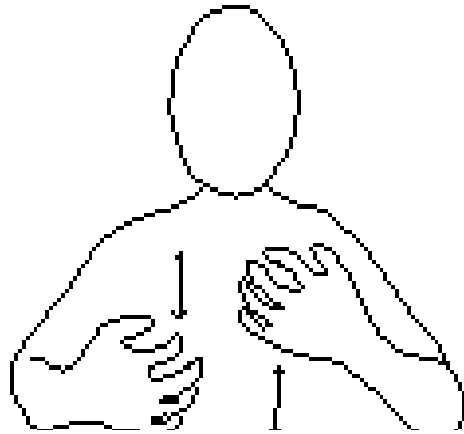
Scared



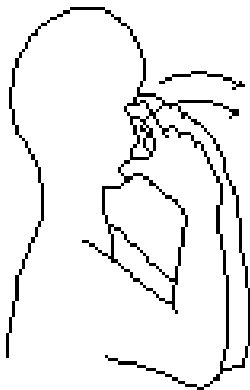
Tense hand
Use both
hands if very
worried



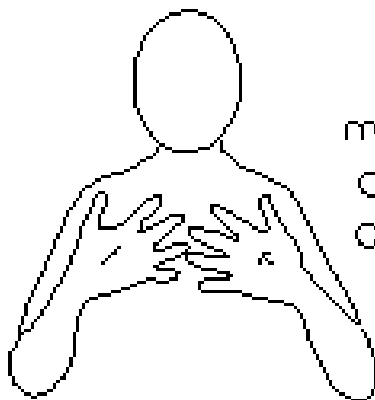
Worried



Excited



Careful



Sharp
emphasised
movement to
almost cover
chest. Facial
expression
important

Shocked



Elbow
moves
down as
hand taps
twice



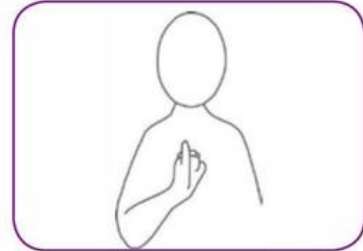
Lazy

Makaton - Feelings

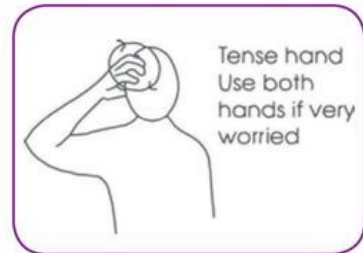
Good



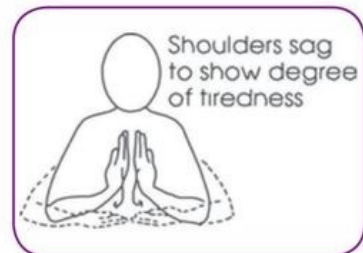
Bad



Worried



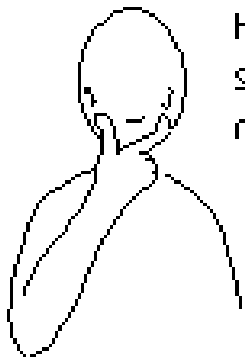
Tired



Frightened



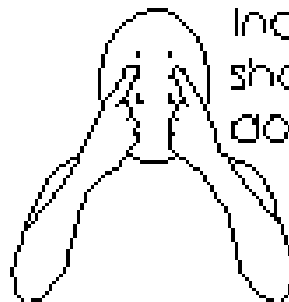
Human sounds



Hand making
small shaking
movements



Laugh



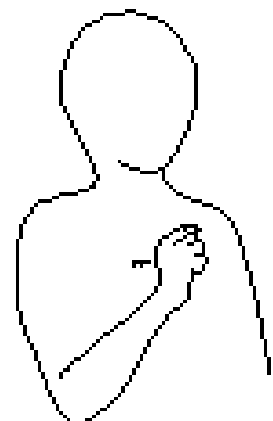
Index fingers
shows tears trickling
down cheeks

Cry



(Mime action)

Yawn



Cough



Sneeze

CLAP CLAP



(Mime action)

Clap