



## Swimming Policy

**Kingsland National School, Boyle, Co. Roscommon.**

**Date of Ratification: 26/2/2026**

### Aims/Purposes

- To enable pupils to acquire basic swimming skills while they are attending Kingsland N.S.
- To comply with the requirements of the Revised Curriculum in aquatics.

### Rationale

- The school has regard to both the physical and mental development of each of its pupils. Believing that a healthy body promotes a healthy mind, the school arranges for a block of swimming instruction in a local swimming pool for all pupils during the school year.

### Procedures /Guidelines:

- Each pupil will attend 6 weeks of lessons in a swimming pool annually.
- Attendance at this course fulfils the Aquatics Module of the PE Curriculum as laid down by the Department of Education & Youth. Parents/Guardians defray the cost of the course and also that of the transport to and from the pool. If deemed necessary, the Board of Management will offer to defray the cost for the lessons - this may be arranged privately through the school office or Fr. Larry.
- All children are encouraged to participate in aquatics lessons as part of the National Curriculum. Should a child be unable to attend aquatics, the child may remain at school under the supervision of the SET teacher & Nuala.
- Pupils will be accompanied by and supervised by teachers/SNAs. Parents are not expected to attend pool. Pupils will travel by coach to the pool and the class teacher will provide supervision before and after the swimming lesson. Teachers will not enter the group changing rooms.

- All children attending the course should wear their school uniform. (Swimming togs may be worn under uniform coming to school). Each child must have a suitable bag to carry his/her swimming gear (Sports bag or similar).
- All items brought to the pool must be clearly labelled with the child's name. Each child must have their own swimming togs, towel, hair brush and swim cap.
- The excursion may be used to link in with other elements of the school curriculum when the opportunity arises: eg. Visit to the Garda station / Courthouse / Church / Library.

### Health and Safety:

- Best practice in relation to the supervision, instruction and child protection procedures as outlined by the Irish Sports Council, Swim Ireland and the National Safety Council will be adhered to at all times. Staff will follow the guidelines of our own Health & Safety and Child Protection policies at all times.
- Pupils are required to behave at all times in a manner that ensures the safety of all involved in school swimming. Pupils must endeavour to obey the instructor's orders at all times and comply with the School Code of Behaviour.
- Teachers of all classes should remain on the viewing deck during the lesson in order to supervise the overall group and pupils who may need to use the toilets during the lesson.
- Permission slips to attend the swimming lessons will be sent out.
- The pool will be provided with information regarding any child with a Special Educational Need, physical disability or medical diagnosis that may compromise their safety at swimming.

Date: 26/2/26

Signed: B. Beirne

S. Cunniffe

Chairperson: B. Beirne

Principal: S. Cunniffe